



Lifeline

Weekly news & worship from St Anne's

Dear friends,

This weekend Dunbar hosts the launch of the Art+Ecology Pilgrimage to COP26, for which there are all sorts of fantastic events on across the town including at St Anne's (see the poster on page 17 of this issue for details). Over the next ten days, possibly around 100 pilgrims, from at least three different pilgrimages to COP, will be passing through the town, making their way north and west to Glasgow on foot.

The Young Christian Climate Network began walking at the G7 summit in Cornwall in June, and will be staying in Dunbar on Sunday night before walking to Haddington on Monday; on Monday, Art+Ecology Pilgrimage pilgrims set off from Dunbar to North Berwick on the first day of their walk to the COP; and on 20th/21st October, St Anne's is offering hospitality to a group of around 30 pilgrims associated with SCIAF, who have walked from Sweden and Poland, also heading to the climate conference in Glasgow. Please note this means there is **NO THURSDAY COMMUNION** on 21st October, though volunteers will be welcome to come and help clean the church that morning!

Pilgrimage is a spiritual discipline. Since ancient times, Christian people have walked long journeys to places of spiritual significance to deepen



BUMPER ISSUE!

INSIDE:

Worship details



pg3

Learning from lockdown



pg11

Incredible craftivism



pg14

their connection with God and other Christians; to learn more about their faith; to seek healing; and to receive blessing. In modern times walking has also become a form of protest.

Each of the COP pilgrim groups is walking with a slightly different aim. The YCCN pilgrims are focusing on how climate change solutions can be financed in a way that doesn't forget the global majority who are victims of rather than the primary agents of climate change; Art+Ecology pilgrims are seeking to learn how to live more holistically and to build a community of witness and resistance committed to climate action; and SCIAF is asking world leaders to "listen to the chorus that cries for the earth." What all of these pilgrimages have in common is a call for climate justice.

The subject of climate change and how we cope with it can be overwhelming. So, on Sunday 17th, inside St Anne's will be set aside as a place of quiet reflection, full of prompts and resources to help you reflect and pray in quiet about the climate challenge we face. There will be opportunities for repentance and lament, but also to pray for justice and to renew our hope.

Please do come and take part.
Here is the programme:

In Church

**10.30am - Holy Communion
(Young Church in the Garden)**

**12.30pm - Quaker meeting
for worship**

**2pm, 3pm, 4pm - Guides from
the World Community of
Christian Meditation lead
guided silent meditations**

**2-5pm - drop in any time to
explore creative prayer
resources**

**2-5pm - view East Lothian
Stitches for Survival
craftivism panels**

In the Peace Garden

**2-4.30pm - A reading from
the IPCC report, sharing the
consensus view of the
scientific community**

With love,



CREATIVE CONTEMPLATION & PRAYER FOR COP 26



@ ST ANNE'S
CHURCH
SUNDAY 17TH
OCTOBER

Drop in from 2-5pm
reflect & pray
with creative resources^o

and/or attend a timed event:

10.30am Eucharist
12.30pm Quaker Meeting*
2,3,4pm Guided Meditation[^]

Everyone is welcome

^oHosted by St Anne's Church and Discovery Church.

^{*}Hosted by the Society of Friends. Lasts c30 mins.

[^] Facilitated by the World Community for Christian Meditation (wccm.org). Sessions last c. 30 mins.

Joining in with Worship

The high vaccination rates now achieved in Scotland mean we can now offer more in-person worship.

We now have have a single main Sunday service, in Church, at 10.30am.

Social distancing is no longer required in church, but it will be possible, for those who prefer, to sit at a distance from others. You will have to wear a mask during worship (including singing).

For those who cannot come to church, we shall trial offering this service **on Zoom** too. However, this will be much more of a 'back-up' provision, with a static camera and mic giving a view of what is happening in church. Only leaders and not the congregation will be visible on camera.

How to join worship online

Our online worship takes place on Zoom, a free video conferencing app. You can download the Zoom app from the internet to your computer, tablet or smartphone. In the app, you can enter a meeting ID number to join a meeting. The meeting ID number for our Sunday and Thursday services is **857 7044 2212**. You can turn your own camera and microphone on and off. During a service the meeting host will mute everyone except the leader.

How to join worship by phone

You can join in with online worship by telephone. You will be charged for the call (to an Edinburgh number) based on your phone package. To join, dial **0131 460 1196**. You will be prompted to enter the Meeting ID number (**857 7044 2212**). You will be prompted for another number, which you don't need - just press #. You will now be able to hear the service. You can mute and unmute your microphone by pressing #6.

Worship at St Anne's

SUNDAYS

1030AM COMMUNION SERVICE

IN CHURCH AND ON ZOOM

To join this service [click here](#) or enter Meeting ID **857 7044 2212**.

The Order of Service is available to download [here](#).

With fortnightly Children's Church in the garden - next date: **17th October**

THURSDAYS

10.30AM MIDWEEK COMMUNION, COFFEE & CHAT **IN CHURCH**

NB - No Thursday service on 21st October

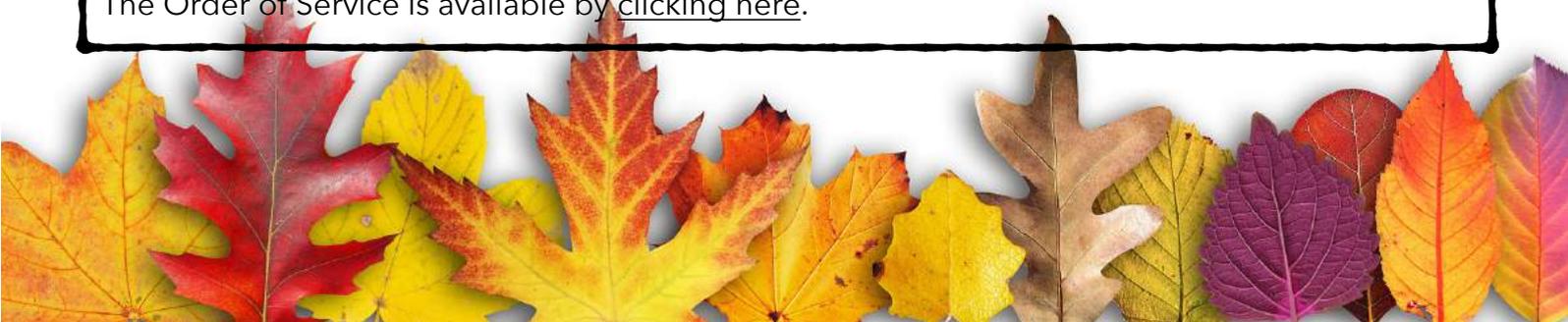
FRIDAYS

7.30 AM EARLY MORNING PRAYER

ON ZOOM

To join this service [click here](#). Meeting password: **8nKWJ9**. Meeting ID: **798 6368 2143**.

The Order of Service is available by [clicking here](#).



Pastoral Care

If you are in need of any kind, please call one of the pastoral care team. Whether you just fancy a friendly chat, want to share a problem, have something you'd like practical help with, a prayer request, or would like to receive Communion at home, we can help or help you find someone who can.

PASTORAL CARE TEAM

Liz Gordon	07802 809 725
Rev'd Diana Hall	07970 105 725
Sharon Morgan	01368 864 582



Missed a Sermon?

No problem! You can listen again on the church website, [here](#)

DEBT ADVICE - FREE, CONFIDENTIAL, IMPARTIAL

If money's a worry and you're looking for support, Dunbar Debt Advice Service is here to help, with free confidential and impartial advice.

Phone: 01368 238028

Text: 07741905799

Facebook @StAnnesDunbar

Email: dunbardash@salvationarmy.org.uk

Working in association with Community Money Advice, authorised and regulated by the Financial Conduct Authority.

Pastoral Visiting

If you, or someone you know from St Anne's, needs a pastoral visit from one of the team to meet at home or in the garden, please get in touch.

ARE YOU IN HARDSHIP? DON'T SUFFER ALONE - PLEASE GET IN TOUCH.

If you or someone else you know is in trouble with money, doesn't have enough food to put on the table, or simply can't make ends meet...

St Anne's can help with Food Bank referrals, giving small emergency grants, and signposting local assistance to get you help with benefits applications, debt advice and other issues. These services are free, confidential and open to *everyone* regardless of church connection, gender, age or anything else.

All contacts are treated with the utmost discretion, maintaining dignity and privacy.

Please get in touch with any of the pastoral care team.

Date for your diaries: The Church AGM will be held on Sunday 21st November - straight after the 10.30 service. Papers will be circulated in advance.



Resources for Worship

Sunday 17th October: 20th Sunday after Trinity

COLLECT

God, creator of the universe: Fill us with your love for the creation, for the natural world around us, for the earth from which we come, and to which we shall return. Awake in us energy to work for your world, let us never fall into complacency, ignorance or becoming overwhelmed by the task before us. Help us as we seek to restore, remake, renew.

Amen.

MATTHEW 25: 31-40

"When the Son of Man comes in his glory, and all the angels with him, then he will sit on the throne of his glory. All the nations will be gathered before him, and he will separate people one from another as a shepherd separates the sheep from the goats, and he will put the sheep at his right hand and the goats at the left. Then the king will say to those at his right hand, 'Come, you that are blessed by my Father, inherit the kingdom prepared for you from the foundation of the world; for I was hungry and you gave me food, I was thirsty and you gave me something to drink, I was a stranger and you welcomed me, I was naked and you gave me clothing, I was sick and you took care of me, I was in prison and you visited me.' Then the righteous will answer him, 'Lord, when was it that we saw you hungry and gave you food, or thirsty and gave you something to drink? And when was it that we saw you a stranger and welcomed you, or naked and gave you clothing? And when was it that we saw you sick or in prison and visited you?' And the king will answer them, 'Truly I tell you, just as you did it to one of the least of these who are members of my family, you did it to me.'



Hymns for Sunday 17th October

JESUS CALLS US HERE TO MEET HIM (STF 28)

Jesus calls us here to meet him
as, through word and song and prayer,
we affirm God's promised presence
where his people live and care.
Praise the God who keeps his promise;
praise the Son who calls us friends;
praise the Spirit who, among us,
to our hopes and fears attends.

Jesus calls us to confess him
Word of Life and Lord of all,
sharer of our flesh and frailness,
saving all who fail or fall.
Tell his holy human story;
tell his tales that all may hear;
tell the world that Christ in glory
came to earth to meet us here.

Jesus calls us to each other,
vastly different though we are;
creed and colour, class and gender
neither limit nor debar.
Join the hand of friend and stranger;
join the hands of age and youth;
join the faithful and the doubter
in their common search for truth.

Jesus calls us to his table
rooted firm in time and space,
where the Church in earth and heaven
finds a common meeting place.
Share the bread and wine, his body;
share the love of which we sing;
share the feast for saints and sinners
hosted by our Lord and King.

John Bell & Graham Maule

TOUCH THE EARTH LIGHTLY (STF 729)

Touch the earth lightly
use the earth gently
nourish the life of the world in our care:
gift of great wonder,
ours to surrender,
trust for the children tomorrow will bear.

We who endanger,
who create hunger
agents of death for all creatures that live,
we who would foster
clouds of disaster
God of our planet, forestall and forgive!

Let there be greening
both from the burning
water that blesses and air that is sweet,
health in God's garden,
hope in God's children,
regeneration that peace will complete.
God of all living
God of all loving
God of the seedling, the now and the sun,
teach us, deflect us,
Christ reconnect us,
using us gently, and making us one.

Shirley Erena Murray (b.1931)



IF THE FIELDS ARE PARCHED

If the fields are parched and the trees are felled
will the rocks cry aloud on their own?
If the birds are starved and the beasts are killed
will the bones in the dust lift a song?

Refrain:

Have mercy Lord, have mercy Lord,
forgive our broken ways.
Have mercy Lord, have mercy Lord,
renew the world you made

As the oceans rise and the wells run dry
do we care if disaster is near?
If our children starve, will they cry to God?
Will they curse us for closing our ears?

Refrain

Still a day will come when the Lord returns
and the earth will be perfect again.
No more greed or war, no more tooth and
claw,
for the wolf and the lamb will be friends.

Refrain

Chris Juby

ALL THINGS BRIGHT AND BEAUTIFUL (STF 100II)

Refrain:

All things bright and beautiful,
all creatures great and small,
all things wise and wonderful,
the Lord God made them all.

Each little flower that opens
each little bird that sings,
he made their glowing colours
he made their tiny wings:

The purple heather mountain,
the river running by
the sunset, and the morning
that brightens up the sky:

The cold wind and the winter
the pleasant summer sun,
the ripe fruits in the garden
he made them every one:

He gave us eyes to see them,
and lips that we might tell
how greats God Almighty
who has made all things well:

Cecil Frances Alexander (1818-1895)



Hymns for Sunday 24th October



PRAISE MY SOUL (STF 83)

Praise my soul the King of heaven;
to his feet thy tribute bring.
Ransomed, healed, restored, forgiven,
who like thee his praise should sing?
Praise him! Praise him! Praise him! Praise him!
Praise the everlasting King!

Praise him for his grace and favour
to his people in distress;
praise him, still the same for ever,
slow to chide and swift to bless.
Praise him! Praise him! Praise him! Praise him!
Glorious in his faithfulness.

Father-like he tends and spares us;
well our feeble frame he knows;
in his hands he gently bears us,
rescues us from all our foes.
Praise him! Praise him! Praise him! Praise him!
Widely as his mercy flows.

Angels in the height adore him;
ye behold him face to face;
sun and moon bow down before him,
dwellers all in time and space.
Praise him! Praise him! Praise him! Praise him!
Praise with us the God of grace!

Henry Francis Lyte (1793-1847)

LOVE DIVINE (STF 503)

Love divine, all loves excelling,
joy of heaven to earth come down fix in us
thy humble dwelling,
all thy faithful mercies crown.
Jesu, thou art all compassion,
pre, unbounded love thou art;
visit us with thy salvation,
enter every trembling heart.

Come, almighty, to deliver,
let us all thy life receive;
suddenly return, and never,
never more thy temples leave.
Thee we would be always blessing,
serve thee as thy hosts above,
pray, and praise thee, without ceasing,
glory in thy perfect love.

Finish then thy new creation,
pure and spotless let us be;
let us see thy great salvation,
perfectly restored in thee:
changed from glory into glory,
till in heaven we take our place,
till we cast our crowns before thee,
lost in wonder, love and praise!

Charles Wesley (1707-1788)



AMAZING GRACE (STF 440)

Amazing grace - how sweet the sound -
that said a wretch like me!

I once was lost, but now am found,
was blind, but now I see.

God's grace has taught my heart to fear,
his grace my fears relieved;
how precious did that grace appear
the hour I first believed!

Through many dangers, toils and snares
I have already come;
God's grace has brought me safe thus far,
and grace will lead me home.

The Lord has promised good to me,
his word my hope secures;
he will my shield and portion be
as long as life endures.

And, when this heart and flesh shall fail
and mortal life shall cease,
I shall possess within the veil
a life of joy and peace.

When we've been there ten thousand years
bright shining as the sun,
we've no less days to sing God's praise
than when we first begun.

John Newton (1725-1807)



A NOTE ABOUT HYMNS

I was reminded as I was typing up the hymns for this sheet that many of our best hymns make wonderful prayers. Why not spend a few minutes reading through the words of a hymn each day and making them your own prayer?

A double baptism celebration!

On Sunday 26th September we had a great celebration with Natasha Barton as she was baptised. Natasha was introduced to faith as a child when her grandmother used to take her to church. Although she had never been baptised her faith has stayed with her, and when she was invited to become a Godmother she wanted to mark her own commitment and take seriously the responsibility of sharing her faith with the next generation.

Here she is celebrating the baptism of her Godson Noah, fellow Godmother Chloe, and Noah's mum Katylyne in York last weekend. Congratulations!



Could you be a Young Church leader?

Some additional Young Church leaders or helpers are needed to help us sustain our fortnightly provision of ministry for young people. Our young people are predominantly primary school age, and meet to share a game, a prayer, a story, another game(!) and sometimes a song during our Sunday morning service. Leaders don't need any previous. It's a lot of fun!

If you feel this could be for you, but it feels a bit scary, don't worry! We can pair you with another leader so you're not all by yourself, and resources are provided to help you prepare activities for the session. If you'd like to chat about what this might involve and perhaps have a look at the materials or give it a trial run, please speak to Diana or to Val Hale.



East Lothian Horizons - Update

Support for East Lothian Horizons from the East Lothian community has been superb. An article in the *East Lothian Courier* sparked much positive interest. Money has been raised from our JustGiving site, churches such as St Anne's, and fundraising such as sponsored runs, including by pupils of East Linton Primary School.



The funds will be used to:

- Provide refugees with a house deposit and rent for the first month or two;
- Make adaptations for any disabled family members;
- Buy furniture, shoes and clothing, including for school;
- Organise English language lessons for adults;
- Cover travel costs, for example to get to courses or medical treatment;
- Translation and interpretation will be major costs.

People have volunteered to help prepare for our family's arrival and to support them once here, for example by taking them to shops and appointments in the first week or so, or helping with conversational language development. The core team has been undertaking training by Citizens UK in refugee support, project management and safeguarding. Some of this training will also be rolled out to volunteers. We will shortly be holding a meeting for volunteers to let them know what needs to be done and to explore what they are able to offer in terms of time, experience, expertise and interest.

We have applied to the Home Office, informing them of arrangements so far, and continue to discuss next steps with the Council. The most important challenge is finding an appropriate house. We don't yet know anything about the family, but the size of the house will match its size. The landlord must be prepared to rent the property for two years so that the family can settle down and feel stable and safe. Housing benefit will help but rent must fall within it. ***If you know of a private rental property of any size but preferably within a town or village, please let us know.***

Elisabeth Ritchie

(elisabethritchie@gmail.com)

Intercessions - MORE PRAY-ERS wanted

Have you ever sat in St Anne's church services on Sunday thinking "why don't they ever pray about xyz?" The St Anne's prayer rota team are seeking new faces to join the rota - men especially wanted!

If this is something you've wondered about, any of the people currently doing prayers on Sundays would be very happy to talk to you about how they approach putting the prayers together and what resources they find helpful. Diana can also offer some books of resources to borrow.

If you feel this is something you'd like to be involved with, but standing at the front of church solo feels a bit scary, maybe you and a friend might join the rota together. Please have a word with Diana if God is giving you a nudge to say "yes" to becoming a part of this important aspect of St Anne's church life.



Lockdown Lessons

Thank you to everyone who took the time to reflect on our "Welcome back!" questions on the blackboards in Church over the last few weeks. In amongst one or two lovely signatures from the young folks of Harbour Lights (Hi Arran, Alfie and Jack! - Great to see you re-finding your place among us!), here's what you said:

What have you missed?

- Being here with our friends
- Praising God together
- Sharing food and drink together
- Coffee after Church (x2)
- Cuthbert (the Rectory / Church cat) (x2)
- People's smiles

What new things should we do?

- Get rid of pews to see folk & for inclusivity
- Singing modern hymns / songs
- Choir
- Later service time
- Children's Tent
- Open Doors - thank you!
- A mask?!

Some the things you've identified that we're already working on:

- Warm welcomes and smiles in Church on Sundays, which is lovely!
- A singing group and new worship songs;
- A new drop-in for coffee and conversation on Tuesday mornings;
- Trialling a later Sunday service time;
- Continuing to make Sunday worship available on Zoom.

In the coming months we need to continue to pray and reflect on how we would like to shape our life together in light of the pandemic experience. Some of us will be itching to get back to things, while others are doubtless still feeling a bit unsure about the future. We want to ensure everyone is valued and cared for.



What should we bring with us from lockdown?

- Newsletter / Mag hybrid
- Toast during sermons
- Appreciation of quiet and of noise
- A bit of Zoom!
- Continued care and help for one another
- Generosity
- Knowing what loneliness feels like
- Lovely to see each other's faces on Zoom
- Harvest Lunch in people's homes
- A real appreciation of people in person as opposed to virtually

Time and Talents

We have had an encouraging response to the financial aspect of our stewardship campaign this year. We're making good progress towards our target of being able to support a full time rector for the long term. **Heartfelt thanks to everyone!**

However, giving is not limited to money: we also have both time and talents we can offer to God in service. Church is a whole community endeavour, and it needs everyone to play a part.

Many of you already volunteer for something - thank you for all that you do and all that you give! However it may be that you feel it's time for a change in how you serve, or perhaps you're new to St Anne's and thinking about serving for the first time.

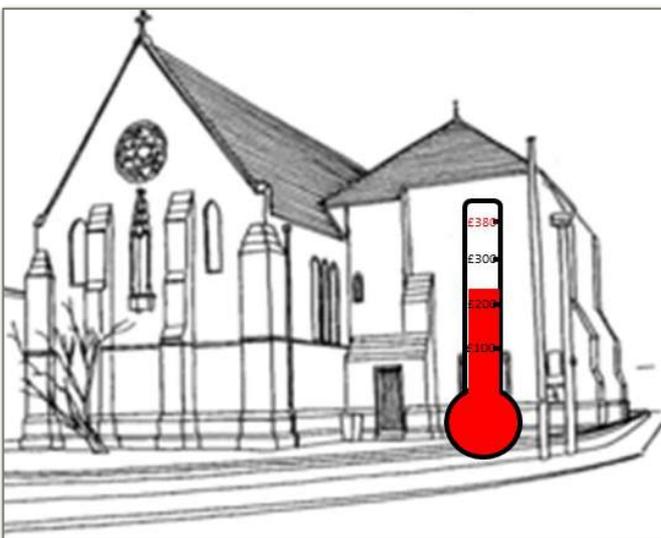
If you're wondering how you could get more involved, some areas are always open to extra helpers: for example, if you'd like to join the singing group, Catriona (who conducts on Sunday mornings) would be delighted to chat to you. If you enjoy gardening, Gill Harley would be delighted to have you join in.

At the moment, though, there are some roles where we could **particularly** use some additional help in order to make things sustainable for everyone:

- Young Church leader
- Young Church group helper
- Young Church tent helper
- Leading Sunday morning prayers
- Reading on a Sunday morning
- Vestry member
- Sacristan
- Tuesday Coffee and Conversation helper.

If you have a wee niggle that you could help occasionally with one or more of these things, please have a word with Diana to find out more. Full training can be provided so no previous experience is necessary... Church is a great place to give something new a try and find out if you like it!

Stewardship Update



Good news! By the end of September 2021, committed Congregational giving to St Anne's by Standing Order, had increased by £220 per month. This increase is due both to new donors, and existing donors increasing their contributions. This increase is over half the giving target of £380 per month that we need to meet for the coming year.

Please continue to pray for our stewardship appeal, and to consider (if you have not already done so) whether you could afford to increase your financial contribution or to serve the church in other ways.

Harvest assembly

On Friday 10th October Dunbar Primary School had their Harvest Assembly for 2021. Assemblies given by school chaplains are still being done by video rather than in person, so Diana took the opportunity to share some of the materials we've been using in church over the last few months. We said "thank you" to God for the harvest and used the St Anne's Climate Sunday video from earlier in the year to share views and tips from our young people about tackling climate change.

She invited the the children to think about what they could do to look after the earth, and asked them what they were hoping for the future. After the assembly, two families got in touch to share their young people's reflections. One young person had gone home and spent Friday afternoon sweeping leaves(!) while another took their gran out to do a litter pick at the beach at the Gentlemen's Pool, and sent in a picture of all the litter they'd collected. An excellent effort!





Stitches for survival

A display of textile panels is to be shown in St Anne's as part of the 'craftivism' project 'Stitches for Survival,' linking to the International Climate Conference COP26.

Craftivism uses crafts to send a message – to make people stop and reflect on a topic. A lovely thing about craftivism is that it brings people together; it can be done by anyone, for any issue.

In this case, the Stitches for Survival project has involved people from all over the UK and beyond. They have been making fabric panels in patchwork, appliqué, felting, knitting, crochet, embroidery and more. Two thousand, four hundred and forty-one of these panels will be joined together to create a 1.5-mile long "scarf," to be displayed on Glasgow Green on 6th-7th November during COP26.

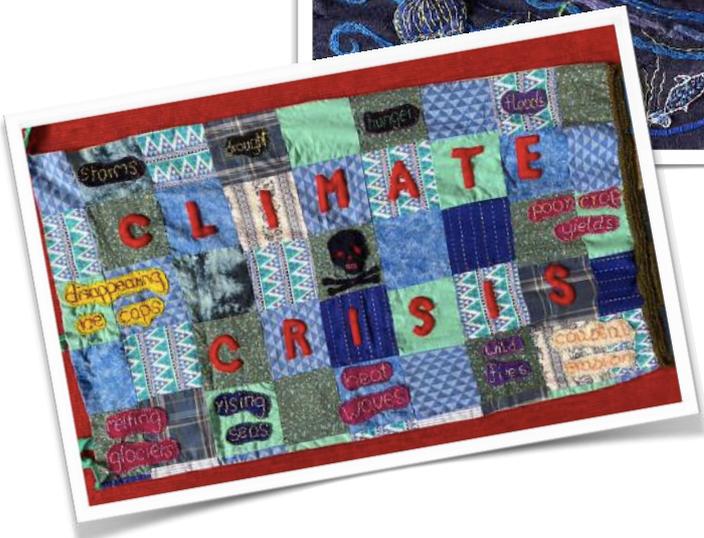
The significance of 1.5 miles is that, at the last International Climate Conference, it was agreed that a 1.5 C temperature rise above pre-industrial levels was the maximum possible to avoid a catastrophic and irreversible global warming crisis caused by human activity.

The 'Stitches for Survival' scarf hopes to convey key environmental messages to persuade our leaders and elected representatives - local, national and global - to act in a serious and committed way to reduce carbon emissions and to make firm commitments and laws to combat this increasing threat of climate change and the survival of the earth and life as we know it.

As the project focuses on the environment, the panels have used recycled materials and, post COP 26, there are plans to re-purpose the panels for the benefit of refugees and other people in need.

The East Lothian craftivists who have made these panels feel passionately that our current way of life involving models of excessive consumption and continual economic growth, together with gross global and local inequalities, causes significant damage to the planet. They have been out and about in the streets of Dunbar, Haddington and North Berwick showing some of the panels and engaging the public in discussions about the climate crisis.

Della Rea





Images Copyright: Rowanbank | Natalie Taylor | North Light Arts

Pilgrimage to Cop26

North Light Arts Celebration in Dunbar

17th Oct. from 2pm onwards FREE activities and workshops

Lauderdale Park: with Rowanbank performers | family craft workshops | Muddy Buddies pizza | pedal powered flour grinding | **St Annes Church:** a reading of the IPCC Report | Karen Gabbitas 'Sensory Slow Walk' from **John Muir's Birthplace**

Harbour procession with Rowanbank performers | **Battery:** music and poetry by Rita Bradd | readings by the Battery Theatre | 'Keeper of the soils' ceremony by artist Natalie Taylor, exploring and celebrating our relationship with East Lothian soils involving the community.

The lighting of the Warning Beacon on top of **Dunbar Castle** Walking with your LED lights | **Belhaven Church Hall:** Bookable pilgrims supper and talk by Alastair McIntosh live streamed 'Pilgrims on the storm - the soil and soul of walking to COP26'

more info | <http://northlightarts.org> | pm.northlightarts@gmail.com

Find us on Facebook and Instagram : North Light Arts



ALBA | CHRUTHACHAIL

useful information about COVID-19



Scotland has now moved below COVID Level Zero

This change is significant and hard-earned. Everyone has made great sacrifices over the past eighteen months. While this move will restore a substantial degree of normality, it is important to be clear that it does not signal the end of the pandemic or a return to life exactly as we knew it before COVID.

Scottish Rules from 9th August

- Scotland is now **below COVID Level Zero**
- **Social distancing** is no longer required in most settings
- There are **no limits** on the numbers of people meeting up (capacity limits apply in some venues)
- Fully-vaccinated adults, and children, who are identified as a **close contact of a positive case** no longer need to isolate once they return a negative PCR test (under 5s exempt from the test)
- Mandatory **mask-wearing** (with exemptions) on public transport and in shops, will remain
- **Travel** is permitted anywhere in the UK
- **Free lateral flow tests** are available for those without symptoms from <https://test-for-coronavirus.service.gov.uk/order-lateral-flow-kits/condition> or by calling 119.



If you develop:

- a new persistent cough
- a fever
- a change in your sense of taste or smell

...you should self-isolate immediately and **request a COVID-19 test** via the [NHS Inform website](https://www.nhs.uk). If you do not have internet access, call **0800 028 2816**. Do this as soon as you have symptoms - don't wait.

NHS Lothian Vaccinations

- All those aged over 18 on 31 October 2021 are now eligible to receive the COVID-19 vaccine.
- You can get a **drop-in vaccination**, if you have not yet had your first dose, or a second dose if you received your first at least eight weeks ago, at **East Lothian Community Hospital**. The drop-in clinic is open **8.30am - 4pm** every day. You do not need to be registered with a GP to get vaccinated.
- A **mobile drop-in vaccination unit** is also available and comes regularly to Dunbar. Updates can be found by checking @ELCouncil on Twitter.
- If you have any enquiries about the COVID-19 vaccine, you can contact the **Coronavirus Vaccination Helpline** on 0800 030 8013 (8am - 8pm all week).

Test and Protect - Contact Tracing

Test & Protect is Scotland's approach to implementing the Government's "test, trace, isolate, support" strategy and breaking the chain of transmission of COVID-19 in the community. If you test positive or have been in close contact with someone else who has tested positive for COVID-19, you may be contacted by a Government Contact Tracer who will enquire whether you have had significant contact with others and may instruct you to self-isolate UNTIL YOU. Please be vigilant about possible fraudsters: a government contact tracer will never ask for payment or bank details.

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Rector: The Rev'd Diana Hall Tel: 07970 105 725 Email: rector.stannesdunbar@gmail.com www.stannesdunbar.org.uk

FACTS Guidance

- F** Face coverings should be worn in enclosed spaces
- A** Avoid crowded places
- C** Clean your hands and surfaces regularly
- T** Two-metre social distancing
- S** Self-isolate and book a test if you develop coronavirus symptoms