



Lifeline

Weekly news & worship from St Anne's

Dear friends

This week we begin the season known as "Ordinary Time". It's a strange name for a season, and it turns out that the history of the word "ordinary" is anything but. It comes from an Indo-European root that became Latin orior, meaning to rise or be stirred up, and to grow. Ordinary Time is a time for growing in faith.

The liturgical colour for Ordinary Time is green, which is significant. In public worship, colours are specially chosen to teach, inspire, and help us to find meaning. Green evokes life and growth, and in this corner of the world the season coincides with a season of growth, fruitfulness and harvest in nature.

As a long season, Ordinary Time also reminds us that God often works slowly and seemingly invisibly. Day by day, it can seem as though nothing much is happening in this time. Yet if we are faithful in living out our faith one day at a time, I am confident that when next winter comes and we look back, we will be able to see that God has been at work among us, nurturing and growing us individually and as a community.

One of the most important things we know will happen in the Ordinary Time this year is the COP26 Summit in Glasgow in November. As we begin to prepare for that, on 6th June St Anne's will hold a Climate Sunday service. This is an opportunity for us to:

- Worship: exploring the theological and scientific basis of creation care
- Commit: make a commitment as a local church to taking long term action to reduce its own greenhouse gas emissions.
- Speak up: join others by adding our name to a call for the UK government to take much bolder action on climate change in advance of COP26.

I hope to see you that day as we explore each of these things and how our faith encourages us to respond to the needs of the planet.

With love,

Diana

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Joining in with Worship

WORSHIP IN PERSON

The church has now reopened for in-person worship on **Sundays at 12.30pm in church** with limited numbers. There is no need to book a place in advance, although numbers are limited (around 20-25 max depending on the size of family groups). This is a quieter, more reflective service. Singing is not permitted for now, but we can still listen to music. It is possible to receive the Host at Communion. You will need to wear a mask while in the building. Unfortunately we can't serve refreshments after the service at present.

WORSHIP ONLINE

We also continue to offer a service online on **Sundays at 10am on Zoom**. This is a Service of the Word, and includes opportunities to sing, and to hear a longer sermon.

The readings and collect prayer for each week are provided in this newsletter. The Order of Service can be accessed in the Chat in Zoom, or email rector.stannedunbar@gmail.com for a copy.

All midweek activities continue to be held on Zoom for now.

How to join worship online

Our online worship takes place on Zoom, a free video conferencing app. You can download the Zoom app from the internet to your computer, tablet or smartphone. In the app, you can enter a meeting ID number to join a meeting. The meeting ID number for our Sunday and Thursday services is **857 7044 2212**. You can turn your own camera and microphone on and off. During a service the meeting host will mute everyone except the leader.

How to join worship by phone

You can join in with online worship by telephone. You will be charged for the call (to an Edinburgh number) based on your phone package. To join, dial **0131 460 1196**. You will be prompted to enter the Meeting ID number (**857 7044 2212**). You will be prompted for another number, which you don't need - just press #. You will now be able to hear the service. You can mute and unmute your microphone by pressing #6.

What's On at St Anne's?

There is now a single Zoom ID for all online services except Friday early morning prayer. To join [click here](#) or enter Meeting ID 857 7044 2212.

| | | | |
|-------------------|----------------|---|------------------|
| SUNDAYS | 10AM | SERVICE OF THE WORD | ON ZOOM |
| | | The Order of Service is available to download here . | |
| | 12.30PM | QUIET EUCHARIST | IN CHURCH |
| THURSDAYS* | 10.30AM | MORNING PRAYER, COFFEE & CHAT | ON ZOOM |
| | | The Order of Service is available to download here . | |
| FRIDAYS | 7.30 AM | EARLY MORNING PRAYER | ON ZOOM |
| | | To join this service click here . Meeting password: 8nKWJ9 . | |
| | | Meeting ID: 798 6368 2143 . The Order of Service is available by clicking here . | |

Terrible JOKE!

Why did the scarecrow win an award?
He was outstanding in his field.

Another terrible JOKE!

What do you call a group of killer whales playing instruments? *An Orca-stra!*

Pastoral Care

If you are in need of any kind, please call one of the pastoral care team. Whether you just fancy a friendly chat, want to share a problem, have something you'd like practical help with, a prayer request, or would like to receive Communion at home, we can help or help you find someone who can.

PASTORAL CARE TEAM

| | |
|---------------------|---------------|
| Liz Gordon | 07802 809 725 |
| Rev'd Diana Hall | 07970 105 725 |
| Sharon Morgan | 01368 864 582 |
| Rev'd David Mumford | 01368 840 361 |

ARE YOU IN HARDSHIP? DON'T SUFFER ALONE - PLEASE GET IN TOUCH.

If you or someone else you know is in trouble with money, doesn't have enough food to put on the table, or simply can't make ends meet...

St Anne's can help with Food Bank referrals, giving small emergency grants, and signposting local assistance to get you help with benefits applications, debt advice and other issues. These services are free, confidential and open to *everyone* regardless of church connection, gender, age or anything else.

All contacts are treated with the utmost discretion, maintaining dignity and privacy.

Please get in touch with any of the pastoral care team.

CHRISTIAN AID WEEK UPDATE

This year in Dunbar we raised a **massive £3501!**

Thanks to all those who both contributed and volunteered to help make this happen.



Pastoral Visiting

Under the current increased restrictions, Diana is still permitted to undertake limited pastoral visiting to those who are vulnerable or nearing the end of life. If you would value a visit please get in touch.



Missed a Sermon?

No problem! You can listen again on the church website, [here](#).

DEBT ADVICE - FREE, CONFIDENTIAL, IMPARTIAL

If money's a worry and you're looking for support, Dunbar Debt Advice Service is here to help, with free confidential and impartial advice.

Phone: 01368 238028; Text: 07741905799;
Facebook @StAnnesDunbar; Email: dunbardash@salvationarmy.org.uk

“MONEY TIGHT?”

#1
 It's possibly the hardest thing to do - sitting down to work out what the situation really is. Start by gathering together wage slips, bank statements, letters etc, and make a start.....

DUNBAR DEBT ADVICE SERVICE

Working in association with Community Money Advice, authorised and regulated by the Financial Conduct Authority

Resources for Zoom Worship Sunday 30th May: Trinity Sunday

COLLECT

Generous God, you gave your Son for the life of the whole world. Give us the joy of knowing the risen Christ, and let your Holy Spirit guide us, that we may love and serve you on earth and live with you for ever in heaven; through Jesus Christ our Lord. **Amen.**

JOHN 3:1-17

Now there was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, 'Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God.' Jesus answered him, 'Very truly, I tell you, no one can see the kingdom of God without being born from above.' Nicodemus said to him, 'How can anyone be born after having grown old? Can one enter a second time into the mother's womb and be born?' Jesus answered, 'Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, "You must be born from above." The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit.' Nicodemus said to him, 'How can these things be?' Jesus answered him, 'Are you a teacher of Israel, and yet you do not understand these things?

'Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life.

'For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

'Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.

CALL TO WORSHIP

At the beginning of the cosmos you breathed order out of empty chaos.

Come Creator, Wisdom, Word.

At the beginning of the Church you breathed courage into fearful hearts.

Come Creator, Wisdom, Word.

At the beginning of this day may you breathe into all that is said and done.

Come Creator, Wisdom, Word.

Come Father, Spirit, Son

PSALM 29

(Singing the Faith 807)

Ascribe to the Lord, you powers of heaven,
Ascribe to the Lord glory and strength.

Ascribe to the Lord the honour due to his name.
Worship the Lord in beauty of holiness.

The voice of the Lord is upon the waters; the God of glory thunders;
The lord is upon the mighty waters.

The voice of the Lord is powerful;
The voice of the Lord is a glorious voice.

The voice of the Lord breaks the cedar trees;
The Lord breaks the cedars of Lebanon.

He makes Lebanon skip like a calf;
And Sirion like a young wild ox.

The voice of the Lord splits the flash of lightning;
The voice of the Lord shakes the wilderness;
The Lord shakes the wilderness of Kadesh

The voice of the Lord makes the oak trees writhe and strips the forest bare;
In his temple all cry, "Glory"!

The Lord shall give strength to his people;
The Lord shall give his people the blessing of peace.



Resources for Zoom Worship Sunday 6th June: Climate Sunday

COLLECT

Glorious God, The whole of creation proclaims your marvellous work: Increase in us a capacity to wonder and delight in it, That heaven's praise may echo in our hearts, And our lives be spent as good stewards of the earth, Through Jesus Christ our Lord. **Amen.**

MARK 3:20-35

And the crowd came together again, so that they could not even eat. When his family heard it, they went out to restrain him, for people were saying, "He has gone out of his mind." And the scribes who came down from Jerusalem said, "He has Beelzebul, and by the ruler of the demons he casts out demons." And he called them to him, and spoke to them in parables, "How can Satan cast out Satan? If a kingdom is divided against itself, that kingdom cannot stand. And if a house is divided against itself, that house will not be able to stand. And if Satan has risen up against himself and is divided, he cannot stand, but his end has come. But no one can enter a strong man's house and plunder his property without first tying up the strong man; then indeed the house can be plundered.

"Truly I tell you, people will be forgiven for their sins and whatever blasphemies they utter; but whoever blasphemes against the Holy Spirit can never have forgiveness, but is guilty of an eternal sin" – for they had said, "He has an unclean spirit."

Then his mother and his brothers came; and standing outside, they sent to him and called him. A crowd was sitting around him; and they said to him, "Your mother and your brothers and sisters are outside, asking for you." And he replied, "Who are my mother and my brothers?" And looking at those who sat around him, he said, "Here are my mother and my brothers! Whoever does the will of God is my brother and sister and mother."

ECCLESIASTICUS 43. 11–26

Look at the rainbow and praise its Maker; it shines with a supreme beauty, rounding the sky with its gleaming arc, a bow bent by the hands of the Most High. His command speeds the snow storm and sends the swift lightning to execute his sentence. To that end the storehouses are opened, and the clouds fly out like birds. By his mighty power the clouds are piled up and the hailstones broken small. The crash of his thunder makes the earth writhe, and, when he appears, an earthquake shakes the hills. At his will the south wind blows, the squall from the north and the hurricane. He scatters the snow-flakes like birds alighting; they settle like a swarm of locusts. The eye is dazzled by their beautiful whiteness, and as they fall the mind is entranced. He spreads frost on the earth like salt, and icicles form like pointed stakes. A cold blast from the north, and ice grows hard on the water, settling on every pool, as though the water were putting on a breastplate. He consumes the hills, scorches the wilderness, and withers the grass like fire. Cloudy weather quickly puts all to rights, and dew brings welcome relief after heat. By the power of his thought he tamed the deep and planted it with islands. Those who sail the sea tell stories of its dangers, which astonish all who hear them; in it are strange and wonderful creatures, all kinds of living things and huge sea-monsters. By his own action he achieves his end, and by his word all things are held together.

The response in today's intercessions will be:



Lord wake us from our slumber
To become a resurrection people.

Article: To cultivate and take care of it

Genesis 2:15 is one of the core texts about human responsibility under God for the environment. It reads 'God took Adam and settled him in the garden of Eden to cultivate and take care of it'.

Creation is a gift of God. The human task under God is to hold the created order in trust and act as good stewards. The earth is not there to be exploited but to be passed on, sustainably, to future generations. God's gifts to us in creation are to be used for human flourishing and for protecting our planet. We know that if excessive global warming and climate chaos are to be averted then as our contribution in Scotland we need to move rapidly towards net zero carbon emissions.



We may be judged and found wanting both in terms of outcomes and in terms of personal dispositions.

We need a disposition - a willingness - towards repairing, reusing and recycling, as well as reducing our carbon footprint. People are installing air source heat pumps and solar panels, moving to electric cars - and cycling and walking more, taking fewer foreign holidays and flying less, ensuring that houses are properly insulated and moving away from fossil fuels for space heating. Changes are needed by individuals, households and churches. The Scottish Episcopal Church has set itself a target of becoming net zero by 2030.

Reducing carbon emissions also requires collective action, to ensure we achieve the necessary outcomes. An unregulated market cannot achieve this as enterprises which continue to use the environment as a free resource can always undercut those enterprises behaving responsibly. Public authorities throughout the world need to ensure that the common good is promoted and that regulations and taxation are in place so that net zero carbon emissions can be achieved. Our task as citizens in this area, and as a church, is to continue to monitor whether the steps being taken are adequate to the task and to encourage public and other authorities to do what is necessary.

In all this we recognise that we hold this earth under God and that our prayers are both for right outcomes and right dispositions.

David Mumford



useful information about COVID-19



COVID rates and hospitalisations are falling

Rates of COVID are falling in Scotland, and the vaccination roll-out is making good progress. The stay at home requirement has now been lifted and travel is permitted between different parts of Scotland and the UK.

Scottish Rules from 17th May

- East Lothian is in **Level 2**.
- We may meet **6** people from **3** households in a private home, including staying overnight & without social distancing, or indoors in public.
- We may meet **8** people in **8** households outdoors
- **Under 12s** do not count towards the total number of people or households outside, but do count towards household numbers indoors
- We may **travel** anywhere in the UK in Levels 0-2, but must not enter Level 3 or 4 unless for a permitted reason such as work or caring
- **Free lateral flow tests** are available for those without symptoms from <https://test-for-coronavirus.service.gov.uk/order-lateral-flow-kits/condition> or by calling 119.



If you develop:

- a new persistent cough
- a fever
- a change in your sense of taste or smell

...you should self-isolate immediately and **request a COVID-19 test** via the [NHS Inform website](https://www.nhs.uk). If you do not have internet access, call **0800 028 2816**. Do this as soon

NHS Lothian Vaccinations

Those aged over 70, and anyone classified as clinically extremely vulnerable (the shielding group), should now have been offered a first dose of vaccine. If you think you have been missed, you can submit a "missing invite" form at www.nhsinform.scot/covid-19-vaccine/invitations-and-appointments/missing-appointment-details. You should hear back within a couple of days.

Those currently being vaccinated are people in Group 6 & 9: People over 40; those aged 16-64 with underlying health conditions; younger adults in long-stay nursing and residential care settings; and unpaid carers.

If you have any enquiries about the COVID-19 vaccine, you can contact the Coronavirus Vaccination Helpline on 0800 030 8013 (8am - 8pm all week).

Test and Protect - Contact Tracing by Phone

Test & Protect is Scotland's approach to implementing the Government's "test, trace, isolate, support" strategy and breaking the chain of transmission of COVID-19 in the community. If you test positive or have been in close contact with someone else who has tested positive for COVID-19, you may be contacted by phone by a Government Contact Tracer who will enquire whether you have had significant contact with others and may instruct you to self-isolate at home for 10 days. Please be vigilant about possible fraudsters: a government contact tracer will never ask for payment or bank details.

FACTS Guidance

- F** Face coverings should be worn in enclosed spaces
- A** Avoid crowded places
- C** Clean your hands and surfaces regularly
- T** Two-metre social distancing
- S** Self-isolate and book a test if you develop coronavirus symptoms

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