



# Lifeline

Weekly news & worship from St Anne's Church

## Dear friends

This is the last Lifeline of the Church year... the next edition to drop into your inbox or onto your doormat will see us beginning Advent! But first, please note:

**\*\* TIME CHANGE\*\* Sunday 15th November ONLY,  
the Eucharist in Church will begin at the later time of 1pm.**

This is to allow time for travel to church for those who want to attend the AGM on Zoom. The AGM offers the opportunity to ask questions about our finances, elect Vestry members, and more generally to reflect on and give thanks for the life of our Church. In a year where what it means for us to "be" church has been thrown up in the air it's especially important that we do this. It's also a time to look to the future with hope!

Hope is a key characteristic of the Christian faith. In our service of Morning Prayer this Thursday, we heard verses from Revelation 21. It reminds us that in Jesus, God came to dwell with us, and that he will come again, bringing a new heaven and a new earth where sorrow and suffering will be no more. Next week, we see out the Church year with the feast of Christ the King, which also reminds us that our hope is based not on our own actions but on love and grace of God, demonstrated in the saving work of Jesus in his triumph over death.

This week we also have cause for hope that the end of the pandemic may be in sight before too long. News that a COVID vaccine may soon be available offers a welcome glimmer of light at the end of the pandemic "tunnel". We can begin tentatively to look forwards towards a day when we'll be able to return to gathering in ways we long for. The news has reminded me to pay attention to what I am learning in this season and will want to build on, to help me grow as a follower of Jesus. Such lessons will also help inform how we seek to grow as a Christian community offering welcome, love and service. What learning do you want to take forward, both for yourself and for the church, I wonder?

In the meantime, with Advent just around the corner, now is the time to sign up for seasonal activities. For adults, we're offering a weekly reflection and craft activity delivered to your home. It's free, and even if you're not "crafty" each pack will include material to help you reflect and pray as we approach Christmas. For families, the DCT Holiday Club team is running a 4 week Advent Club called "Follow the Star Dunbar!", aimed at primary school aged children, also free, and offering home delivery of all sorts of goodies for the whole family, including an advent calendar, stories & crafts as well as online resources, thanks to generous support from Dunbar Community Council. Sign up details are on page 3.

Why not join in with one or both of these? The more the merrier!

With love,

*Diana*

## ANNUAL GENERAL MEETING 2020

The Annual General Meeting of St Anne's Church will be held on Zoom at 11.30 am on Sunday 15th November 2020, after the 10am service. Attendance by internet or phone is welcome, using the Zoom details for Sunday worship, which you can find on page 2 of this newsletter.

## Inside...



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## Joining in with Worship

*We can now gather in Church again, with limited numbers. However St Anne's is continuing to hold many of its services on Zoom. You can join a Zoom service by telephone, or on a computer, tablet or smartphone with an internet connection. If you need assistance to set this up please get in touch - we can help.*

### HOW TO JOIN WORSHIP ONLINE WITH ZOOM

Zoom is a free video conferencing tool. Search for and download the Zoom app from the internet onto your computer, tablet or smartphone. You can click on a meeting link or enter a meeting ID number in the App to join a meeting. Zoom will guide you through the process. You can turn your camera (if you have one) and microphone on and off in the App. Often during a service the Host will mute everyone's microphone to ensure the service leader can be heard.

### HOW TO JOIN ZOOM WORSHIP BY PHONE

You can also join in with worship by telephone. You will be charged for the call based on your phone package. To join, call **0131 460 1196**. You will be prompted to enter a Meeting ID number. Enter the number provided below for the specific service you would like to attend. You will be prompted for another number, which you don't need. Just press #. You will now be able to hear the service. You can mute and unmute your microphone to speak by pressing #6. The meeting host can also mute and unmute your microphone.

## What's On at St Anne's

### SUNDAY 10 AM SERVICE OF THE WORD

To join the service using your computer use the following link:

<https://us02web.zoom.us/j/81070800107>. Meeting ID: **810 7080 0107**

The Order of Service is available by [clicking here](#).



### SUNDAY 12.30 PM \* 1PM ON 15TH NOV ONLY \* SPOKEN EUCHARIST

A quiet, reflective service of Holy Communion in Church



### THURSDAY 10.30 AM MORNING PRAYER, COFFEE & CHAT

To join the service using your computer use the following link:

<https://us02web.zoom.us/j/85468058940>. Meeting ID: **854 6805 8940**

The Order of Service is available by [clicking here](#).



### THURSDAY 9PM COMPLINE

To join the service using your computer use the following link:

<https://us02web.zoom.us/j/84711823726>. Meeting ID: **847 1182 3726**

The Order of Service is available by [clicking here](#).



### FRIDAY 7.30 AM EARLY MORNING PRAYER

To join the service using your computer use the following link:

<https://us04web.zoom.us/j/79863682143?pwd=cDhucEhOdUViUHZmVEI3UFYyeWN2QT09>.

The meeting password is: **8nKWJ9**. Meeting ID: **798 6368 2143**

The Order of Service is available by [clicking here](#).



### MON, WEDS, FRI 10 AM-12 NOON PRIVATE PRAYER

The Church building is open for private prayer.



### ATTENTION... Bad Joke Alert!!

I think that people who shorten their name to Pat are missing a trick.

## Pastoral Care

If you are in need of any kind, please call one of the pastoral care team. Whether you just fancy a friendly chat, have problem you need to share, something you'd like practical help, a prayer request, or would like to receive Communion at home, we can help or find the people who can.

### PASTORAL CARE TEAM

Liz Gordon	07802 809 725
Rev'd Diana Hall	07970 105 725
Sharon Morgan	01368 864 582
Rev'd David Mumford	01368 840 361

## Pastoral Visiting

Under the current increased restrictions, pastoral visiting is still possible for those who are isolated, vulnerable or nearing the end of life. If you would value a visit please get in touch.

### ARE YOU IN HARDSHIP? DON'T SUFFER ALONE - PLEASE GET IN TOUCH.

If you or someone else you know is in trouble with money, doesn't have enough food to put on the table, or simply can't make ends meet...

St Anne's can help with Foodbank referrals, giving small emergency grants, and signposting local assistance to get you help with benefits applications, debt advice and other issues. These services are free, confidential and open to everyone regardless of church connection, gender, age or anything else.

All contacts are treated with the utmost discretion, maintaining dignity and privacy.

Please get in touch with any of the pastoral care team.

### THE WONDROUS GIFT IS GIV'N

*Advent Craft and Reflection*

A craft activity, reflection and bible reading for each week of advent.

Free | All materials included

To sign up please contact Diana by November 13th  
[rector.stannedunbar@gmail.com](mailto:rector.stannedunbar@gmail.com)

### December / January Magazine Contributions

The editor is now compiling the Dec/Jan issue of the St Anne's Magazine. Could you contribute something for others to enjoy over the festive season? It might be a poem, story, picture or joke? Or maybe a recipe? Or even a couple of sentences about what Christmas means to you.

***Your submissions are welcome!***

Please send material to Alex Davey or Diana.

**Follow the Star**

The Dunbar Churches Together Holiday Club Team presents

**Online**

advent activities, crafts, stories and goodies for all the family

**Running for 4 weeks from 29 November**

**FREE**

Crafts | Storytelling | Goody bags | Online Christingle Service

To find out more and register for free craft packs, email:  
[dunbarholidayclub@gmail.com](mailto:dunbarholidayclub@gmail.com)

# Resources for Zoom Worship, Sunday 15th November

## COLLECT

Almighty God, you sent your Son Jesus Christ to be the light of the world. Free us from all that darkens and ensnares us, and bring us to eternal light and joy; through the power of the him who is alive and reigns with you and the Holy Spirit, one God, now and forever.

Psalm 123

Have mer - cy on us. Have mer - cy on us.  
Kha - ne - nu, A - do - nai. Kha - ne - nu, A - do - nai.

## PSALM 123

To you, I lift up my eyes  
to you, enthroned in the heavens.

As the eyes of servants look to the hand of their masters,  
and the eyes of a maid to the hand of her mistress,  
so our eyes look to you, our God  
awaiting favour.

Have mercy upon us, O God,  
have mercy!  
We have had more than enough of contempt.

Too long have we endured  
the scorn of the indolent rich,  
the derision of the proud.

## MATTHEW 25:4-30

<sup>14</sup>For it is as if a man, going on a journey, summoned his slaves and entrusted his property to them; <sup>15</sup>to one he gave five talents, to another two, to another one, to each according to his ability. Then he went away. <sup>16</sup>The one who had received the five talents went off at once and traded with them, and made five more talents. <sup>17</sup>In the same way, the one who had the two talents made two more talents. <sup>18</sup>But the one who had received the one talent went off and dug a hole in the ground and hid his master's money. <sup>19</sup>After a long time the master of those slaves came and settled accounts with them. <sup>20</sup>Then the one who had received the five talents came forward, bringing five more talents, saying, 'Master, you handed over to me five talents; see, I have made five more talents.' <sup>21</sup>His master said to him, 'Well done, good and trustworthy slave; you have been trustworthy in a few things, I will put you in charge of many things; enter into the joy of your master.' <sup>22</sup>And the one with the two talents also

came forward, saying, 'Master, you handed over to me two talents; see, I have made two more talents.' <sup>23</sup>His master said to him, 'Well done, good and trustworthy slave; you have been trustworthy in a few things, I will put you in charge of many things; enter into the joy of your master.' <sup>24</sup>Then the one who had received the one talent also came forward, saying, 'Master, I knew that you were a harsh man, reaping where you did not sow, and gathering where you did not scatter seed; <sup>25</sup>so I was afraid, and I went and hid your talent in the ground. Here you have what is yours.' <sup>26</sup>But his master replied, 'You wicked and lazy slave! You knew, did you, that I reap where I did not sow, and gather where I did not scatter? <sup>27</sup>Then you ought to have invested my money with the bankers, and on my return I would have received what was my own with interest. <sup>28</sup>So take the talent from him, and give it to the one with the ten talents. <sup>29</sup>For to all those who have, more will be given, and they will have an abundance; but from those who have nothing, even what they have will be taken away. <sup>30</sup>As for this worthless slave, throw him into the outer darkness, where there will be weeping and gnashing of teeth.'



## Resources for Zoom Worship, Sunday 22nd November Methodist Worship (& Christ the King)

### PSALM 100

Make a joyful noise to the Lord, all the earth.  
Worship the Lord with gladness;  
**come into his presence with singing.**

Know that the Lord is God.  
It is he that made us, and we are his;  
**we are his people, and the sheep of his pasture.**

Enter his gates with thanksgiving  
and his courts with praise.  
**Give thanks to him, bless his name.**

For the Lord is good;  
his steadfast love endures forever and ever,  
**and his faithfulness to all generations.**

### EPHESIANS 1:15-23

<sup>15</sup> I have heard of your faith in the Lord Jesus and your love towards all the saints, and for this reason  
<sup>16</sup> I do not cease to give thanks for you as I remember you in my prayers. <sup>17</sup> I pray that the God of our Lord Jesus Christ, the Father of glory, may give you a spirit of wisdom and revelation as you come to know him, <sup>18</sup> so that, with the eyes of your heart enlightened, you may know what is the hope to which he has called you, what are the riches of his glorious inheritance among the saints, <sup>19</sup> and what is the immeasurable greatness of his power for us who believe, according to the working of his great power. <sup>20</sup> God\* put this power to work in Christ when he raised him from the dead and seated him at his right hand in the heavenly places, <sup>21</sup> far above all rule and authority and power and dominion, and above every name that is named, not only in this age but also in the age to come. <sup>22</sup> And he has put all things under his feet and has made him the head over all things for the church, <sup>23</sup> which is his body, the fullness of him who fills all in all.

### MATTHEW 25:31-46

<sup>31</sup> 'It was also said, "Whoever divorces his wife, let him give her a certificate of divorce." <sup>32</sup> But I say to you that anyone who divorces his wife, except on the ground of unchastity, causes her to commit adultery; and whoever marries a divorced woman commits adultery.

<sup>33</sup> 'Again, you have heard that it was said to those of ancient times, "You shall not swear falsely, but carry out the vows you have made to the Lord." <sup>34</sup> But I say to you, Do not swear at all, either by heaven, for it is the throne of God, <sup>35</sup> or by the earth, for it is his footstool, or by Jerusalem, for it is the city of the great King. <sup>36</sup> And do not swear by your head, for you cannot make one hair white or black. <sup>37</sup> Let your word be "Yes, Yes" or "No, No"; anything more than this comes from the evil one.\*

<sup>38</sup> 'You have heard that it was said, "An eye for an eye and a tooth for a tooth." <sup>39</sup> But I say to you, Do not resist an evildoer. But if anyone strikes you on the right cheek, turn the other also; <sup>40</sup> and if anyone wants to sue you and take your coat, give your cloak as well; <sup>41</sup> and if anyone forces you to go one mile, go also the second mile. <sup>42</sup> Give to everyone who begs from you, and do not refuse anyone who wants to borrow from you.

<sup>43</sup> 'You have heard that it was said, "You shall love your neighbour and hate your enemy." <sup>44</sup> But I say to you, Love your enemies and pray for those who persecute you, <sup>45</sup> so that you may be children of your Father in heaven; for he makes his sun rise on the evil and on the good, and sends rain on the righteous and on the unrighteous. <sup>46</sup> For if you love those who love you, what reward do you have? Do not even the tax-collectors do the same?

# useful information about COVID-19



## A 5 Level system of COVID restrictions is in place in Scotland

The Scottish Government has introduced a 5 level system of restrictions. Every local authority has been placed within a particular level, and these are being reviewed on a weekly basis. Please keep an eye on the news for updated information about restrictions and continue to be vigilant about the FACTS guidance.



If you develop:

- a new persistent cough
- a fever
- a change in your sense of taste or smell

...you should self-isolate immediately and **request a COVID-19 test** via the **NHS Inform website**. If you do not have internet access, call **0800 028 2816**. Do this as soon as you have symptoms - don't wait.

### Protect Scotland App

NHS Scotland has produced a free, mobile phone app designed to help us protect each other, reduce the spread of coronavirus and avoid further lockdowns. You can download the app onto your smartphone. It will alert you if you have been in close contact with another app user who tests positive for coronavirus. If you test positive, it can help in determining contacts that you may have otherwise missed while keeping your information private and anonymous. Download the app at <https://protect.scot>

### Test and Protect - Contact Tracing by Phone

Test & Protect is Scotland's approach to implementing the Government's "test, trace, isolate, support" strategy and breaking the chain of transmission of COVID-19 in the community. If you test positive or have been in close contact with someone else who has tested positive for COVID-19, you may be contacted by phone by a Government Contact Tracer who will enquire whether you have had significant contact with others and may instruct you to self-isolate at home for 14 days. Please be vigilant about possible fraudsters: a government contact tracer will never ask for payment or for bank details.

**As at 13 November:**  
**East Lothian remains in Level 3.**  
**Scottish Borders remains in Level 2.**

#### In Level 3

- No indoor meetings with other households.
- Up to 6 people from 2 households may meet outside and in hospitality settings.
- Cafes, restaurants and pubs can serve food and non-alcoholic drinks until 6pm.
- Entertainment and leisure venues are closed.
- No non-essential travel outside the Level 3 area.
- Indoor exercise (including gyms) is restricted to individual, not group, exercise.

#### In Level 2

- No indoor meetings with other households.
- Up to 6 people from 2 households may meet outside and in hospitality settings.
- Cafes, restaurants and pubs can sell alcohol outdoors, or indoors with a main meal, until 8pm.

Remember

# FACTS



**Face coverings**



**Avoid crowds**



**Clean hands**



**Two metres**



**Self isolate**

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