



Lifeline

Weekly news & worship from St Anne's

Dear friends,

I have kept an interested eye on the blackboards at the back of church in recent weeks as people have added their reflections on things they have missed about gathering in Church during the pandemic; things they have enjoyed; and new things that have been begun during that time that we might take with us as gifts from the season.

Alongside the gifts of Zoom and a selection of new music and a singing group to support it, some unexpected fruit of the last 18 months seems to be: the new Children's Tent in the garden (on which please see the plea in this edition for set-up help); sharing of lunch in one another's homes at Harvest; the combination of magazine and newsletter into Lifeline; and... dare I say it... several people wondering whether it might be time for us to consider seeking to replace pews with more rearrangeable seating.

For now we are still settling back into a Sunday routine, remembering what it is like to gather to worship God in person together. Over the coming weeks we'll gradually increase the amount of sung worship in the service; continue to tweak the Zoom offering (with the help of our Duke of Edinburgh Award volunteer, Odin); and weigh up whether and when we feel it might be time to reintroduce post-service refreshments. All of this is being done gently and with careful attention to caring for one another's wellbeing while covid remains a concern.

This is likely to be a quieter autumn than some. However, we still have things to look forward to in the next few weeks: two baptisms; the launch of the COP26 Pilgrimage on 17th October; an ecumenical bible study on climate change; and a service with Belhaven Hill School. In addition, the Debt Advice Service continues to offer impartial advice to anyone in need. Please bear this in mind if you know anyone who is struggling financially, especially as the furlough scheme comes to an end in a few weeks time.

For now though, you're warmly invited to pop into church on Tuesdays from 10-12 where a warm welcome, hot drinks and biscuits, as well as a good blether are available. It would be good to see you there!

With love,

Diana



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Joining in with Worship

The high vaccination rates now achieved in Scotland mean we can now offer more in-person worship.

We now have have a single main Sunday service, in Church, at 10.30am.

Social distancing is no longer required in church, but it will be possible, for those who prefer, to sit at a distance from others. You will have to wear a mask during worship (including singing).

For those who cannot come to church, we shall trial offering this service **on Zoom** too. However, this will be much more of a 'back-up' provision, with a static camera and mic giving a view of what is happening in church. Only leaders and not the congregation will be visible on camera.

Worship at St Anne's

SUNDAYS
1030AM COMMUNION SERVICE
IN CHURCH AND ON ZOOM

To join this service [click here](#) or enter Meeting ID **857 7044 2212**.

The Order of Service is available to download [here](#).

With fortnightly Children's Church in the garden
- next date: **19th September**

THURSDAYS
10.30AM MIDWEEK COMMUNION,
COFFEE & CHAT
IN CHURCH

FRIDAYS
7.30 AM EARLY MORNING PRAYER
ON ZOOM

To join this service [click here](#). Meeting password: **8nKWJ9**. Meeting ID: **798 6368 2143**.

The Order of Service is available by [clicking here](#).

How to join worship online

Our online worship takes place on Zoom, a free video conferencing app. You can download the Zoom app from the internet to your computer, tablet or smartphone. In the app, you can enter a meeting ID number to join a meeting. The meeting ID number for our Sunday and Thursday services is **857 7044 2212**. You can turn your own camera and microphone on and off. During a service the meeting host will mute everyone except the leader.

How to join worship by phone

You can join in with online worship by telephone. You will be charged for the call (to an Edinburgh number) based on your phone package. To join, dial **0131 460 1196**. You will be prompted to enter the Meeting ID number (**857 7044 2212**). You will be prompted for another number, which you don't need - just press #. You will now be able to hear the service. You can mute and unmute your microphone by pressing #6.

Don't forget! New service times

WORSHIP @ ST ANNE'S

****NEW SERVICE TIMES****

FROM 5TH SEPTEMBER

SUNDAY 10.30 AM
EUCARIST IN CHURCH
ALSO AVAILABLE VIA ZOOM

THURSDAY 10.30 AM
EUCARIST, COFFEE & CHAT
IN CHURCH



Pastoral Care

If you are in need of any kind, please call one of the pastoral care team. Whether you just fancy a friendly chat, want to share a problem, have something you'd like practical help with, a prayer request, or would like to receive Communion at home, we can help or help you find someone who can.

PASTORAL CARE TEAM

Liz Gordon	07802 809 725
Rev'd Diana Hall	07970 105 725
Sharon Morgan	01368 864 582



Missed a Sermon?

No problem! You can listen again on the church website, [here](#)

CUPPA, CAKE & CHAT



TUESDAYS 10AM-12NOON
St Anne's Church

COME ON IN, THE KETTLE'S ON.

TAKE WHAT YOU NEED,
GIVE WHAT YOU CAN.
EVERYONE IS WELCOME!

www.stannesdunbar.org.uk

TERRIBLE JOKES ARE BACK!

I went to buy a watch, and the man in the shop said "Analogue?"
I said "No, just a watch."

Pastoral Visiting

If you, or someone you know from St Anne's, needs a pastoral visit from one of the team to meet at home or in the garden, please get in touch.

ARE YOU IN HARDSHIP? DON'T SUFFER ALONE - PLEASE GET IN TOUCH.

If you or someone else you know is in trouble with money, doesn't have enough food to put on the table, or simply can't make ends meet...

St Anne's can help with Food Bank referrals, giving small emergency grants, and signposting local assistance to get you help with benefits applications, debt advice and other issues. These services are free, confidential and open to everyone regardless of church connection, gender, age or anything else.

All contacts are treated with the utmost discretion, maintaining dignity and privacy.

Please get in touch with any of the pastoral care team.

DEBT ADVICE - FREE, CONFIDENTIAL, IMPARTIAL

If money's a worry and you're looking for support, Dunbar Debt Advice Service is here to help, with free confidential and impartial advice.

Phone: 01368 238028

Text: 07741905799

Facebook @StAnnesDunbar

Email: dunbardas@salvationarmy.org.uk

Working in association with Community Money Advice, authorised and regulated by the Financial Conduct Authority.

Resources for Zoom Worship

Sunday 19th September: 16th Sunday after Trinity

COLLECT

Almighty God, you have created the heavens and the earth, and ourselves in your image. Teach us to discern your hand in all your works and to serve you with reverence and thanksgiving; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever.

JAMES 3:13-4:3, 7-8A

Who is wise and understanding among you? Show by your good life that your works are done with gentleness born of wisdom. But if you have bitter envy and selfish ambition in your hearts, do not be boastful and false to the truth. Such wisdom does not come down from above, but is earthly, unspiritual, devilish. For where there is envy and selfish ambition, there will also be disorder and wickedness of every kind. But the wisdom from above is first pure, then peaceable, gentle, willing to yield, full of mercy and good fruits, without a trace of partiality or hypocrisy. And a harvest of righteousness is sown in peace for those who make peace.

Those conflicts and disputes among you, where do they come from? Do they not come from your cravings that are at war within you? You want something and do not have it; so you commit murder. And you covet something and cannot obtain it; so you engage in disputes and conflicts. You do not have, because you do not ask. You ask and do not receive, because you ask wrongly, in order to spend what you get on your pleasures.

Submit yourselves therefore to God. Resist the devil, and he will flee from you. Draw near to God, and he will draw near to you. Cleanse your hands, you sinners, and purify your hearts, you double-minded.

MARK 9:30-37

They went on from there and passed through Galilee. He did not want anyone to know it; for he was teaching his disciples, saying to them, "The Son of Man is to be betrayed into human hands, and they will kill him, and three days after being killed, he will rise again." But they did not understand what he was saying and were afraid to ask him.

Then they came to Capernaum; and when he was in the house he asked them, "What were you arguing about on the way?" But they were silent, for on the way they had argued with one another who was the greatest. He sat down, called the twelve, and said to them, "Whoever wants to be first must be last of all and servant of all." Then he took a little child and put it among them; and taking it in his arms, he said to them, "Whoever welcomes one such child in my name welcomes me, and whoever welcomes me welcomes not me but the one who sent me."



Image>>

Lucas Cranach, c. 1535. *Christ Blessing the Children*.

Hymns for Sunday 19th September

ALL MY HOPE ON GOD IS FOUNDED

All my hope on God is founded;
he doth still my trust renew.
Me through change and chance he guideth,
only good and only true.
God unknown,
he alone
calls my heart to be his own.

Human pride and earthly glory,
sword and crown betray our trust;
what with care and toil we fashion,
tower and temple, fall to dust.
But God's power,
hour by hour
is my temple and my tower.

God's great goodness aye endureth,
deep his wisdom passing thought;
splendour, light, and life attend him,
beauty springeth out of naught.
Evermore
from his store
new-born worlds rise and adore.

Daily doth the almighty giver
bounteous gifts on us bestow;
his desire our soul delighteth,
pleasure leads us where we go.
Love doth stand
at his hand;
joy doth wait on his command.

Still from earth to God eternal
sacrifice of praise be done,
high above all praises praising
for the gift of Christ his Son.
Christ doth call
one and all
ye who follow shall not fall.

Robert Bridges (1844-1930, based on Joachim Neander (1650-1680))

GIVE THANKS WITH A GRATEFUL HEART

Verse

Give thanks with a grateful heart,
Give thanks to the Holy One;
Give thanks because he's given Jesus Christ,
his Son.

Refrain

And now let the weak say 'I am strong,' let the
poor say 'I am rich,'
Because of what the Lord has done for us;
And now let the weak say 'I am strong,' let the
poor say 'I am rich,'
Because of what the Lord has done for us.
(*final time: Give thanks.*)

Henry Smith (b. 1952)



Resources for Zoom Worship

Sunday 26th September: Methodist Worship

JAMES 5:13-20

Are any among you suffering? They should pray. Are any cheerful? They should sing songs of praise. Are any among you sick? They should call for the elders of the church and have them pray over them, anointing them with oil in the name of the Lord. The prayer of faith will save the sick, and the Lord will raise them up; and anyone who has committed sins will be forgiven. Therefore confess your sins to one another, and pray for one another, so that you may be healed. The prayer of the righteous is powerful and effective. Elijah was a human being like us, and he prayed fervently that it might not rain, and for three years and six months it did not rain on the earth. Then he prayed again, and the heaven gave rain and the earth yielded its harvest. My brothers and sisters, if anyone among you wanders from the truth and is brought back by another, you should know that whoever brings back a sinner from wandering will save the sinner's soul from death and will cover a multitude of sins.

MARK 9:38-50

John said to him, "Teacher, we saw someone casting out demons in your name, and we tried to stop him, because he was not following us." But Jesus said, "Do not stop him; for no one who does a deed of power in my name will be able soon afterward to speak evil of me. Whoever is not against us is for us. For truly I tell you, whoever gives you a cup of water to drink because you bear the name of Christ will by no means lose the reward.

"If any of you put a stumbling block before one of these little ones who believe in me, it would be better for you if a great millstone were hung around your neck and you were thrown into the sea. If your hand causes you to stumble, cut it off; it is better for you to enter life maimed than to have two hands and to go to hell, to the unquenchable fire. And if your foot causes you to stumble, cut it off; it is better for you to enter life lame than to have two feet and to be thrown into hell. And if your eye causes you to stumble, tear it out; it is better for you to enter the kingdom of God with one eye than to have two eyes and to be thrown into hell, where their worm never dies, and the fire is never quenched.

"For everyone will be salted with fire. Salt is good; but if salt has lost its saltiness, how can you season it? Have salt in yourselves, and be at peace with one another."



<<Image

Eduardo Kobra, 2013. *Looking for Peace*. Los Angeles, USA.

Hymns for Sunday 26th September

SING FOR GOD'S GLORY

Sing for God's glory that colours the dawn of creation,
racing across the sky, trailing bright clouds of elation;
sun of delight
succeeds the velvet of night
warming the earth's exultation.

Sing for God's power that shatters the chains that would bind us,
searing the darkness of fear and despair that could blind us,
touching our shame
with love that will not lay blame,
reaching out gently to find us.

Sing for God's justice disturbing each easy illusion,
tearing down tyrants and putting our pride to confusion;
lifeblood of right,
resisting evil and slight,
offering freedom's transfusion.

Sing for God's saints who have travelled faith's journey before us,
who in our weariness give us their hope to restore us;
in them we see
the new creation to be,
spirit of love made flesh for us.

Kathy Galloway (b. 1952)

ALL HEAV'N DECLARES

All heav'n declares
the glory of the risen Lord;
who can compare
with the beauty of the Lord?
For ever he will be
the lamb upon the throne.
I gladly bow the knee
and worship him alone.

I will proclaim
the glory of the risen Lord,
who once was slain
to reconcile us to God.
For ever you will be
the Lamb upon the throne;
I gladly bow the knee,
and worship you alone.

Noel Richards (b. 1955) & Tricia Richards (b.1960)

GUIDE ME O THOUGH GREAT JEHOVAH

Guide me O thou great Jehovah
pilgrim through this barren land;
I am weak, but thou art mighty;
hold me with thy powerful hand:
Bread of Heaven, Bread of Heaven,
feed me now and evermore
feed me now and evermore.

Open thou the crystal fountain
whence the healing stream shall flow;
let the fiery, cloudy pillar
lead me all my journey through:
strong Deliverer; strong Deliverer,
be thou still my strength and shield;
be thou still my strength and shield.

When I treat the verge of Jordan
bid my anxious fears subside;
death of death, and hell's destruction,
land me safe on Canaan's side:
songs of praises, songs of praises,
I will ever give to thee;
I will ever give to thee.

William Williams (1717-1791)



YOUNG CHURCH

We meet in the Tent in the Church Garden, fortnightly on Sundays at 10.30am. We have games, a story, and a prayer before joining the adults for Holy Communion



All young people are invited!
 Dress for the weather & bring a snack.
 Accompanying adults are welcome too,
 or they can join the service inside.

Next meetings:
 19 September, 3 October, 17 October



Calling all scouts...

Young church is looking for volunteers to put up the Young Church Tent

It takes just half an hour before & after each meeting

If you could help - regularly or occasionally - please email Val Hale at valerieannehale@hotmail.com

Thank you!

A Helping Hand

You may notice a new face around the place on Sundays over the next little while. Odin Cowe is a student at Dunbar Grammar School, and is currently working towards his Bronze Duke of Edinburgh (DofE) Award.

DofE is an award scheme open to 14-24 year olds offering them progressively tougher challenges to allow them to work towards Bronze, Silver and Gold awards. Each award has four sections to complete: helping the community/environment; becoming fitter; developing new skills; and planning, training for and completing an expedition. For Gold only, there is a fifth section: working with a team on a residential activity.

Odin has offered to help with IT at St Anne's for the volunteering part of his Bronze award. He will be assisting, helping us iron out teething problems, and hopefully helping us to develop our Zoom worship offering, now that we are trying to use Zoom at the same time as running in-person worship.

The DofE says that the scheme is about enabling young people to set personal challenges and push personal boundaries. Through DofE, young people have fun, make friends, improve their self-esteem and build confidence. They gain essential skills and attributes for work and life, such as resilience, problem-solving, team-working, communication and drive, enhancing their CVs and university and job applications.

Hopefully Odin will have fun and enjoy the experience of being with us over the next three months or so, and for our part hopefully we'll learn some new ways to make peoples' experience of church via Zoom as good as it can be. If you see him, do say "Hi," and ask him a bit more about the rest of his DofE experience!



Reminder...

A few weeks ago you should have received our a stewardship update. If you haven't already, please take a moment to have a cup of tea (the biscuit might have gone soft by now!) and:

1. Pray for St Anne's and our ongoing work together
2. Reflect - what's your vision for St Anne's?
3. Tell us! Use the blackboard at the back of church
4. Consider how you might contribute - financially or otherwise.

Look out for an update on progress towards our target in the next issue of *Lifeline*.



Apple Day

at Belhaven Community Garden

Saturday 2nd October

10am – 3pm

apple pressing & tasting

tours of the garden

grape pressing

scavenger hunt

activities for kids

cakes & preserves for sale



bring apples to press

& take juice home

(don't forget empty bottles for the juice!)



Christianity and climate change: a film series

COMING SOON

Join other Christians from across local churches to consider the climate crisis and how we can respond. These films from Tearfund feature Christian climate scientist Katharine Hayhoe. Each film addresses a question about climate change from a church leader or member in Scotland, and offers questions for discussion.

Sign-up Information
Coming Soon!

tearfund



On the Plight of Refugees

The Art of Crisis

The art of crisis
Is that you no longer
Think of home
As a place for social respite
Instead it's a ledge
Above a narrow canyon.

Bhanu Kapil

One of St Anne's charities for this year is East Lothian Horizons. They are working towards sponsoring a family, currently supported by the UN High Commission for Refugees, to settle in the local area.

It is still unknown when - and how many - new refugees could arrive in the county from Afghanistan as well as other countries from which refugees are received, but East Lothian Horizons will also work in partnership with East Lothian Council and Lothian Health Board to support any new arrivals. To do this they need to raise around £10,000. This money is used to help refugees with rent, clothes, school uniforms and furniture. The group will help new arrivals rebuild their lives, support themselves, access healthcare, and re-engage in education. The hope is to support a refugee family to integrate with the community to make friends and contribute to local life.

If you would like to know more about East Lothian Horizons or to get involved, please contact Elizabeth Ritchie or see the group's Just Giving page: <http://www.justgiving.com/fundraising/east-lothian-horizons-community-refugee-sponsorship>

PRAYER FOR THE DIOCESE OF ABERDEEN AND ORKNEY & FOR THE COLLEGE OF BISHOPS

You may have seen reporting in the media in recent weeks of an ongoing conflict in the Diocese of Aberdeen and Orkney.

It is always painful when brothers and sisters in Christ disagree, and more so when matters are made public rather than being resolved between the parties in private.

In this situation the College of Bishops recognises that at present not all relevant voices have yet been heard, and they are working to facilitate a full investigation and to establish a process of mediation to enable reconciliation and healing. They have asked for our prayers.

The Bishop of Aberdeen and Orkney has offered the following suggested prayer for use in this time.

Clothed in God's grace, we pray: Lord, hear our prayer.

For all those made in God's image, chosen and beloved by God we pray:

For all those reborn in Christ, clothed in compassion and gentleness, we pray:

For all those in conflict with each other, forgiven and called to forgive, we pray:

For all those in search of God, sought by the Word that dwells in them richly, we pray:

For all those in pain, accompanied by prayers, hymns, and spiritual songs, we pray:

For those who have asked for our prayers, we pray:

For all those asleep in death, held in the eternal peace of Christ, we pray:

Hear our prayers, God of gentle beauty,

and clothe us with kindness and humility, gentleness and patience.

May Christ dwell in us richly that in all we do we may ever give thanks to you, now and for ever.

Amen.

PILGRIMAGE FOR COP26: 17-31 OCTOBER



**A WALK AND A LEARNING
JOURNEY FROM DUNBAR
TO GLASGOW TO
REFLECT ON THE
CLIMATE AND
ECOLOGICAL CRISIS IN
ANTICIPATION OF COP26.**

Working with cultural, community and interfaith organisations to reimagine what it means to be ecological. The pilgrimage launches in Dunbar on the 17th October with exhibitions, family-friendly events and an evening talk by Alastair MacIntosh. St Anne's will be open, offering creative prayer resources, guided meditation and a public reading of key findings from the latest IPCC report. The walk commences on the 18th. pilgrims are invited to join at any point as walk as far as they choose.

More info: <https://artandecology.earth/pilgrimage-for-cop26/>

useful information about COVID-19



Scotland has now moved below COVID Level Zero

This change is significant and hard-earned. Everyone has made great sacrifices over the past eighteen months. While this move will restore a substantial degree of normality, it is important to be clear that it does not signal the end of the pandemic or a return to life exactly as we knew it before COVID.

Scottish Rules from 9th August

- Scotland is now **below COVID Level Zero**
- **Social distancing** is no longer required in most settings
- There are **no limits** on the numbers of people meeting up (capacity limits apply in some venues)
- Fully-vaccinated adults, and children, who are identified as a **close contact of a positive case** no longer need to isolate once they return a negative PCR test (under 5s exempt from the test)
- Mandatory **mask-wearing** (with exemptions) on public transport and in shops, will remain
- **Travel** is permitted anywhere in the UK
- **Free lateral flow tests** are available for those without symptoms from <https://test-for-coronavirus.service.gov.uk/order-lateral-flow-kits/condition> or by calling 119.



If you develop:

- a new persistent cough
- a fever
- a change in your sense of taste or smell

...you should self-isolate immediately and **request a COVID-19 test** via the [NHS Inform](https://www.nhs.uk) website. If you do not have internet access, call **0800 028 2816**. Do this as soon as you have symptoms - don't wait.

NHS Lothian Vaccinations

- All those aged over 18 on 31 October 2021 are now eligible to receive the COVID-19 vaccine.
- You can get a **drop-in vaccination**, if you have not yet had your first dose, or a second dose if you received your first at least eight weeks ago, at **East Lothian Community Hospital**. The drop-in clinic is open **8.30am - 4pm** every day. You do not need to be registered with a GP to get vaccinated.
- A **mobile drop-in vaccination unit** is also available and comes regularly to Dunbar. Updates can be found by checking @ELCouncil on Twitter.
- If you have any enquiries about the COVID-19 vaccine, you can contact the **Coronavirus Vaccination Helpline** on 0800 030 8013 (8am - 8pm all week).

Test and Protect - Contact Tracing

Test & Protect is Scotland's approach to implementing the Government's "test, trace, isolate, support" strategy and breaking the chain of transmission of COVID-19 in the community. If you test positive or have been in close contact with someone else who has tested positive for COVID-19, you may be contacted by a Government Contact Tracer who will enquire whether you have had significant contact with others and may instruct you to self-isolate UNTIL YOU. Please be vigilant about possible fraudsters: a government contact tracer will never ask for payment or bank details.

FACTS Guidance

- F** Face coverings should be worn in enclosed spaces
- A** Avoid crowded places
- C** Clean your hands and surfaces regularly
- T** Two-metre social distancing
- S** Self-isolate and book a test if you develop coronavirus symptoms

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Rector: The Rev'd Diana Hall Tel: 07970 105 725 Email: rector.stannesdunbar@gmail.com www.stannesdunbar.org.uk