



Lifeline

Weekly news & worship from St Anne's

Dear friends

I have been thinking a lot, lately, about St Francis of Assisi.

Francis is often portrayed in romanticised form: a brown-robed figure to whom birds and animals (of whom he is the patron saint) flocked. But beyond the casual stereotypes lies a profound story of a man's personal encounters with God and of how they changed his life and (apparently unintentionally!) catalysed a movement that has continued to this day.

Francis was born in 1182, the son of a wealthy cloth merchant. He grew up immersed in the cultural worlds of trade, travel and socialising. After a brief experience of military life, he had a series of experiences of God that led him to seek out a different way of life. He took to heart Gospel passages about following Jesus sacrificially (Matt 16:24-28) and being prepared to give up one's possessions and rely on God's provision (Mark 10:17-21; Luke 9:1-6). These passages quote Jesus saying things we often "forget". Yet for Francis they became the foundation for a way of life renouncing the greed and emptiness of worldly concerns in favour of a life of simplicity, prayer and service: sharing the Good News with all people; prioritising the poor and marginalised; and seeking to honour God in *all* of creation.

Historically, religious life has often been the seedbed of revival. Contemporary Franciscan spirituality has a renewed attraction for many because of its capacity to inspire us in how to engage with the particular challenges of our time. Franciscan life is simple and wholehearted. It prioritises serving those who are poorest and most marginalised such as the homeless, asylum seekers and prisoners. Franciscans are interested in peace, and inter-faith dialogue. They are also at the forefront of Christian responses to climate change.

Hilfield Friary in Dorset was the first place in the UK to be awarded an Eco Church Gold Award. At Hilfield, ecology is integrated into the community's life of prayer and worship. Growing and sourcing of food; energy use (biomass and solar); transport (electric car, bicycles and public transport); conservation of habitats and wildlife; and social justice and education all come together in their way of following Christ. I wonder what we might learn from the Hilfield example?

If you would like to learn more about the historical figure of Francis (without the romantic embellishments) a good recent biography is *Francis of Assisi: The Life* by Augustine Thompson (Cornell UP, 2013). You can read more about the inspirational story of Hilfield Friary at <https://hilfieldfriary.org.uk/conservation>.

With love,



INSIDE:



Worship details

pg2



Prayer for COP26

pg3



Holiday Club news

pg 4

Joining in with Worship

WORSHIP IN PERSON

The church has now reopened for in-person worship on **Sundays at 12.30pm in church** with limited numbers. There is no need to book a place in advance, although numbers are limited (around 20-25 max depending on the size of family groups). This is a quieter, more reflective service. Singing is not permitted for now, but we can still listen to music. It is possible to receive the Host at Communion. You will need to wear a mask while in the building. Unfortunately we can't serve refreshments after the service at present.

WORSHIP ONLINE

We also continue to offer a service online on **Sundays at 10am on Zoom**. This is a Service of the Word, and includes opportunities to sing, and to hear a longer sermon.

The readings and collect prayer for each week are provided in this newsletter. The Order of Service can be accessed in the Chat in Zoom, or email rector.stannesdunbar@gmail.com for a copy.

All midweek activities continue to be held on Zoom for now.

How to join worship online

Our online worship takes place on Zoom, a free video conferencing app. You can download the Zoom app from the internet to your computer, tablet or smartphone. In the app, you can enter a meeting ID number to join a meeting. The meeting ID number for our Sunday and Thursday services is **857 7044 2212**. You can turn your own camera and microphone on and off. During a service the meeting host will mute everyone except the leader.

How to join worship by phone

You can join in with online worship by telephone. You will be charged for the call (to an Edinburgh number) based on your phone package. To join, dial **0131 460 1196**. You will be prompted to enter the Meeting ID number (**857 7044 2212**). You will be prompted for another number, which you don't need - just press #. You will now be able to hear the service. You can mute and unmute your microphone by pressing #6.

What's On at St Anne's?

There is now a single Zoom ID for all online services except Friday early morning prayer. To join [click here](#) or enter Meeting ID 857 7044 2212.

SUNDAYS	10AM	SERVICE OF THE WORD	ON ZOOM
		The Order of Service is available to download here .	
	12.30PM	QUIET EUCHARIST	IN CHURCH
THURSDAYS*	10.30AM	MORNING PRAYER, COFFEE & CHAT	ON ZOOM
		The Order of Service is available to download here .	
FRIDAYS	7.30 AM	EARLY MORNING PRAYER	ON ZOOM
		To join this service click here . Meeting password: 8nKWJ9 . Meeting ID: 798 6368 2143 . The Order of Service is available by clicking here .	

Terrible Jokes!

- Tried to crack a joke on a long distance Zoom call, but it wasn't remotely funny.
- I could murder a bowl of Rice Krispies. Does that make me a cereal killer?
- My child is refusing to come with me for a bike ride. What should I do? Use reverse cycology?

Pastoral Care

If you are in need of any kind, please call one of the pastoral care team. Whether you just fancy a friendly chat, want to share a problem, have something you'd like practical help with, a prayer request, or would like to receive Communion at home, we can help or help you find someone who can.

PASTORAL CARE TEAM

Liz Gordon	07802 809 725
Rev'd Diana Hall	07970 105 725
Sharon Morgan	01368 864 582
Rev'd David Mumford	01368 840 361

ARE YOU IN HARDSHIP? DON'T SUFFER ALONE - PLEASE GET IN TOUCH.

If you or someone else you know is in trouble with money, doesn't have enough food to put on the table, or simply can't make ends meet...

St Anne's can help with Food Bank referrals, giving small emergency grants, and signposting local assistance to get you help with benefits applications, debt advice and other issues. These services are free, confidential and open to everyone regardless of church connection, gender, age or anything else.

All contacts are treated with the utmost discretion, maintaining dignity and privacy.

Please get in touch with any of the pastoral care team.

A prayer for COP 26

Creator God, giver of life,
You sustain the earth and direct the nations.
In this time of climate crisis,
grant us clarity to hear the groaning of creation
and the cries of the poor;
challenge us to change our lifestyles;
guide our leaders to take courageous action;
enable your church to be a beacon of hope;
and foster within us a renewed vision
of your purposes for your world;
Through Jesus Christ our Lord,
by and for whom all things were made.
Amen.

Dave Bookless

Pastoral Visiting

Under the current increased restrictions, Diana is still permitted to undertake limited pastoral visiting to those who are vulnerable or nearing the end of life. If you would value a visit please get in touch.



Missed a Sermon?

No problem! You can listen again on the church website, [here](#).

DEBT ADVICE - FREE, CONFIDENTIAL, IMPARTIAL

If money's a worry and you're looking for support, Dunbar Debt Advice Service is here to help, with free confidential and impartial advice.

Phone: 01368 238028

Text: 07741905799

Facebook @StAnnesDunbar

Email: dunbardas@salvationarmy.org.uk

MONEY TIGHT?

#1 It's possibly the hardest thing to do - sitting down to work out what the situation really is. Start by gathering together wage slips, bank statements, letters etc, and make a start.....

DUNBAR DEBT ADVICE SERVICE

Working in association with Community Money Advice, authorised and regulated by the Financial Conduct Authority.

Holiday Club 2021 - Watch this space!

The DACYP Holiday Club core group is working on plans to offer a range of summer activities for children over this year's school holidays. At the moment the details are top secret, but we'll let you and your young people in on them, and how to get involved, ASAP - watch this space! Meanwhile, here's a photo of the St Anne's Church Sunday School in a tug of war contest, from circa 1949! (Thanks to George Robertson for the photo).



Thought for the Day

Diana appeared on BBC Radio's *Good Morning Scotland* last week, reflecting on our need for places of peace and contemplation. The humble garden shed has seen renewed popularity during the pandemic, highlighted by the Shed of the Year Competition reported in the press last week.

You can listen to Diana's broadcast here, at the 1hr 22min mark <https://www.bbc.co.uk/sounds/play/m000wlym>.



Resources for Zoom Worship

Sunday 13th June: 2nd Sunday after Trinity

COLLECT

Almighty God, without you we are not able to please you. Mercifully grant that your Holy Spirit may in all things direct and rule our hearts; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever.

MARK 4:26-34

He also said, "The kingdom of God is as if someone would scatter seed on the ground, and would sleep and rise night and day, and the seed would sprout and grow, he does not know how. The earth produces of itself, first the stalk, then the head, then the full grain in the head. But when the grain is ripe, at once he goes in with his sickle, because the harvest has come."

He also said, "With what can we compare the kingdom of God, or what parable will we use for it? It is like a mustard seed, which, when sown upon the ground, is the smallest of all the seeds on earth; yet when it is sown it grows up and becomes the greatest of all shrubs, and puts forth large branches, so that the birds of the air can make nests in its shade."

With many such parables he spoke the word to them, as they were able to hear it; he did not speak to them except in parables, but he explained everything in private to his disciples.

PSALM 20

To the leader. A Psalm of David.

The Lord answer you in the day of trouble!
The name of the God of Jacob protect you!
May he send you help from the sanctuary,
and give you support from Zion.
May he remember all your offerings,
and regard with favour your burnt sacrifices.

Selah

May he grant you your heart's desire,
and fulfil all your plans.
May we shout for joy over your victory,
and in the name of our God set up our banners.
May the Lord fulfil all your petitions.

Now I know that the Lord will help his anointed;
he will answer him from his holy heaven
with mighty victories by his right hand.
Some take pride in chariots, and some in horses,
but our pride is in the name of the Lord our
God.
They will collapse and fall,
but we shall rise and stand upright.

Give victory to the king, O Lord;
answer us when we call.

<< Image

Parable of the mustard seed, c. 2000. Painted window at the YMCA training centre for German leadership in Kassel. Photo by tin.G. From Vanderbilt Divinity Library



Resources for Zoom Worship

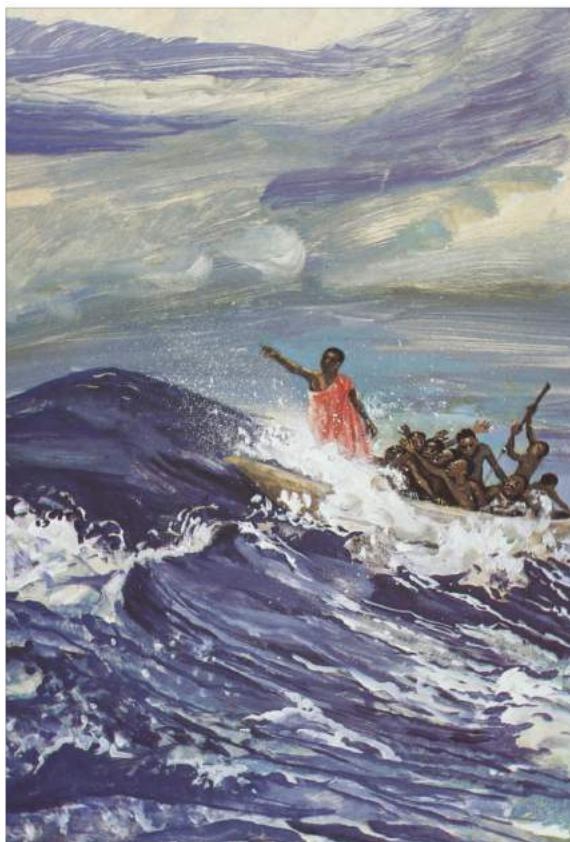
Sunday 20th June: 3rd Sunday after Trinity

COLLECT

O God our defender, storms rage about us and cause us to be afraid. Rescue your people from despair, deliver your sons and daughters from fear, and preserve us all from unbelief; through your Son, Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever.

MARK 4:35-41

On that day, when evening had come, he said to them, 'Let us go across to the other side.' And leaving the crowd behind, they took him with them in the boat, just as he was. Other boats were with him. A great gale arose, and the waves beat into the boat, so that the boat was already being swamped. But he was in the stern, asleep on the cushion; and they woke him up and said to him, 'Teacher, do you not care that we are perishing?' He woke up and rebuked the wind, and said to the sea, 'Peace! Be still!' Then the wind ceased, and there was a dead calm. He said to them, 'Why are you afraid? Have you still no faith?' And they were filled with great awe and said to one another, 'Who then is this, that even the wind and the sea obey him?'



2 CORINTHIANS 6:1-13

As we work together with him, we urge you also not to accept the grace of God in vain. For he says,

'At an acceptable time I have listened to you, and on a day of salvation I have helped you.'

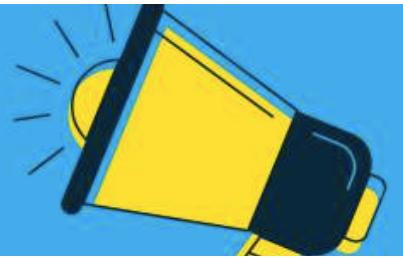
See, now is the acceptable time; see, now is the day of salvation! We are putting no obstacle in anyone's way, so that no fault may be found with our ministry, but as servants of God we have commended ourselves in every way: through great endurance, in afflictions, hardships, calamities, beatings, imprisonments, riots, labours, sleepless nights, hunger; by purity, knowledge, patience, kindness, holiness of spirit, genuine love, truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; in honour and dishonour, in ill repute and good repute. We are treated as impostors, and yet are true; as unknown, and yet are well known; as dying, and see—we are alive; as punished, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything.

We have spoken frankly to you Corinthians; our heart is wide open to you. There is no restriction in our affections, but only in yours. In return—I speak as to children—open wide your hearts also.

<< Image

Jesus lulls the storm, by JESUS MAFA, Cameroon, 1973. JESUS MAFA is a response to the Lectionary, made by transcribing photographs of a community's interpretations of the readings.

useful information about COVID-19



COVID rates and hospitalisations are falling

Rates of COVID are falling in Scotland, and the vaccination roll-out is making good progress. The stay at home requirement has now been lifted and travel is permitted between different parts of Scotland and the UK.

Scottish Rules from 5th June

- East Lothian is in **Level 1**.
- **6** people from **3** households may stay in a private home overnight, without social distancing.
- **8** people from **3** households may meet in an indoor public place
- **12** people from **12** households may meet outdoors
- **Under 12s** do not count towards the total number of people or households outside, but do count towards household numbers indoors
- We may **travel** anywhere in the UK in Levels 0-2, but must not enter Level 3 or 4 unless for a permitted reason such as work or caring
- **Free lateral flow tests** are available for those without symptoms from <https://test-for-coronavirus.service.gov.uk/order-lateral-flow-kits/> condition or by calling 119.



If you develop:

- a new persistent cough
- a fever
- a change in your sense of taste or smell

...you should self-isolate immediately and **request a COVID-19 test** via the [NHS Inform website](#). If you do not have internet access, call **0800 028 2816**. Do this as soon as you have symptoms - don't wait.

NHS Lothian Vaccinations

Those aged over 50, and anyone classified as clinically extremely vulnerable (the shielding group), should now have been offered a first dose of vaccine. If you think you have been missed, you can submit a "missing invite" form at www.nhsinform.scot/covid-19-vaccine/invitations-and-appointments/missing-appointment-details. You should hear back within a couple of days.

People aged 18 to 49 will be invited to get their first dose of the coronavirus vaccine by the end of July, depending on vaccine supply.

If you have any enquiries about the COVID-19 vaccine, you can contact the Coronavirus Vaccination Helpline on 0800 030 8013 (8am - 8pm all week).

Test and Protect - Contact Tracing by Phone

Test & Protect is Scotland's approach to implementing the Government's "test, trace, isolate, support" strategy and breaking the chain of transmission of COVID-19 in the community. If you test positive or have been in close contact with someone else who has tested positive for COVID-19, you may be contacted by a Government Contact Tracer who will enquire whether you have had significant contact with others and may instruct you to self-isolate at home for 10 days. Please be vigilant about possible fraudsters: a government contact tracer will never ask for payment or bank details.

FACTS Guidance

- F** Face coverings should be worn in enclosed spaces
- A** Avoid crowded places
- C** Clean your hands and surfaces regularly
- T** Two-metre social distancing
- S** Self-isolate and book a test if you develop coronavirus symptoms