

Lifeline

Weekly news & worship from St Anne's

Dear friends,

It's time for a change. Now that over two years of substantial covid restrictions have been significantly relaxed, we have decided it is an appropriate time to wind down the fortnightly *Lifeline*. The newsletter was an important aide in holding us together during the darkest days of lockdown, but as we dare to hope the worst of the pandemic crisis is past, from June we will once again offer a monthly magazine, distributed primarily by email but also available in print for those who request that (see pg 3). Zoom worship will continue, and the magazine will contain references for readings so that those are accessible from home. If you don't have, and need, either a Bible or a hymn book to enable you to worship comfortably from home, please let me know.

Things have changed a lot in recent months. In-church worship has returned to something much more like normal, and as we gradually rebuild confidence about being together as a community, winding down *Lifeline* is a sign that we are moving towards whatever a "new normal" might be. I say "new normal" rather than "back to normal" deliberately; the world has changed since March 2020 in ways we probably can't yet fully appreciate, and this is true for St Anne's too.

As a church community, we have been wounded in various ways: some have found church difficult during the pandemic and perhaps felt left out; some have suffered bereavements or other losses, and are still grieving; others remain wary of gathering in person; some have served in sacrificial ways and are tired. Yet, in the midst of this, God has been faithful and gracious to us: we have in many ways grown - our numbers are gently increasing; Young Church has found a seasonal home in the Young Church Tent; what was in 2020 an embryonic, experimental Debt Advice Service has become a flourishing ministry; our new singing group is helping nurture our sung worship; and at long last we can share post-service refreshments again.

As we re-group this summer, please pray with me that we continue to see St Anne's grow as a place of vibrant, inclusive and welcoming Christian community - where all can experience the love of God and reflect on the significance of Jesus for their lives. What that will look like in the future is up to us as we seek to discern God's will for our church. Everyone has a unique contribution to make ... If you have something you'd like to offer, or something you long to receive from church, please get in touch.

With love,

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Joining in with Worship

The high vaccination rates now achieved in Scotland mean we can offer in-person worship.

There is a single main Sunday service, in Church, at 10.30 am.

Social distancing is no longer required in church, but it will be possible, for those who prefer, to sit at a distance from others. You do not have to wear a mask during worship.

For those who cannot come to church, we try to offer this service **on Zoom** too. However, this is much more of a 'back-up' provision, with a static camera and mic giving a view of what is happening in church. Only leaders and not the congregation will be visible on camera.

How to join worship online

Our online worship takes place on Zoom, a free video conferencing app. You can download the Zoom app from the internet to your computer, tablet or smartphone. In the app, you can enter a meeting ID number to join a meeting. The meeting ID number for our services is **857 7044 2212**. You can turn your own camera and microphone on and off. During a service the meeting host will mute everyone except the leader.



How to join worship by phone

You can join in with online worship by telephone. You will be charged for the call (to an Edinburgh number) based on your phone package. To join, dial **0131 460 1196**. You will be prompted to enter the Meeting ID number (**857 7044 2212**). You will be prompted for another number, which you don't need - just press #. You will now be able to hear the service. You can mute and unmute your microphone by pressing #6.

Worship at St Anne's

SUNDAYS

10.30 AM COMMUNION SERVICE

IN CHURCH & ONLINE

With fortnightly Young Church (15th and 29th May)

Also available **on Zoom**: to join [click here](#) or enter Meeting ID **857 7044 2212**.

The Order of Service can be downloaded [here](#).

THURSDAYS

10.30 AM MIDWEEK COMMUNION, COFFEE & CHAT

IN CHURCH

Pastoral Care

If you are in need of any kind, please call one of the pastoral care team. Whether you just fancy a friendly chat, want to share a problem, have something you need practical help with, a prayer request, or would like to receive Communion at home, we can help or help find someone who can.

ARE YOU IN HARDSHIP? DON'T SUFFER ALONE - PLEASE GET IN TOUCH.

If you or someone else you know is in trouble with money, doesn't have enough food to put on the table, or simply can't make ends meet...

St Anne's can help with Food Bank referrals, giving small emergency grants, and signposting local assistance to get you help with benefits applications, debt advice and other issues. These services are free, confidential and open to *everyone* regardless of church connection, gender, age or anything else.

All contacts are treated with the utmost discretion, maintaining dignity and privacy.

Please get in touch with any of the pastoral care team.

DEBT ADVICE SERVICE:

FREE, CONFIDENTIAL, IMPARTIAL

If money's a worry and you're looking for support, Dunbar Debt Advice Service is here to help, with free confidential and impartial advice.

Phone: 01368 238028

Text: 07741905799

Facebook @StAnnesDunbar

Email: dunbardas@salvationarmy.org.uk

Working in association with Community Money Advice, authorised and regulated by the Financial Conduct Authority.

Pastoral Visiting

If you, or someone you know from St Anne's, needs a pastoral visit from one of the team to meet at home or in the garden, please get in touch.

PASTORAL CARE TEAM

Liz Gordon	07802 809 725
Rev'd Diana Hall	07970 105 725
Sharon Morgan	01368 864 582

Important notice to readers

This will be the last issue of *Lifeline*. Thanks to the continuing improvement in the COVID19 situation, from June we will be returning to a monthly *St. Anne's Magazine* - name to be confirmed, see page 7 :-).

By default, **the magazine will be sent electronically**, by email, as a pdf. It can also be accessed from the [St. Anne's website](#).

If you would like to receive a regular printed copy, please let Diana know. A suggested donation of £10 per year would be welcomed to cover printing costs.



Resources for Worship

Sunday 15 May: Easter 5

COLLECT

Almighty God, your Son Jesus Christ is the way, the truth, and the life. Give us grace to love one another and walk in the way of his commandments, who lives and reigns with you and the Holy Spirit, one God, now and for ever.

ACTS 11: 1-18

Now the apostles and the believers who were in Judea heard that the Gentiles had also accepted the word of God. So when Peter went up to Jerusalem, the circumcised believers criticised him, saying, "Why did you go to uncircumcised men and eat with them?" Then Peter began to explain it to them, step by step, saying, "I was in the city of Joppa praying, and in a trance I saw a vision. There was something like a large sheet coming down from heaven, being lowered by its four corners; and it came close to me. As I looked at it closely I saw four-footed animals, beasts of prey, reptiles, and birds of the air. I also heard a voice saying to me, 'Get up, Peter; kill and eat.' But I replied, 'By no means, Lord; for nothing profane or unclean has ever entered my mouth.' But a second time the voice answered from heaven, 'What God has made clean, you must not call profane.' This happened three times; then everything was pulled up again to heaven. At that very moment three men, sent to me from Caesarea, arrived at the house where we were. The Spirit told me to go with them and not to make a distinction between them and us. These six brothers also accompanied me, and we entered the man's house. He told us how he had seen the angel standing in his house and saying, 'Send to Joppa and bring Simon, who is called Peter; he will give you a message by which you and your entire household will be saved.' And as I began to speak, the Holy Spirit fell upon them just as it had upon us at the beginning. And I

remembered the word of the Lord, how he had said, 'John baptised with water, but you will be baptised with the Holy Spirit.' If then God gave them the same gift that he gave us when we believed in the Lord Jesus Christ, who was I that I could hinder God?" When they heard this, they were silenced. And they praised God, saying, "Then God has given even to the Gentiles the repentance that leads to life."

JOHN 13: 31-35

When he had gone out, Jesus said, 'Now the Son of Man has been glorified, and God has been glorified in him. If God has been glorified in him, God will also glorify him in himself and will glorify him at once. Little children, I am with you only a little longer. You will look for me; and as I said to the Jews so now I say to you, "Where I am going, you cannot come." I give you a new commandment, that you love one another. Just as I have loved you, you also should love one another. By this everyone will know that you are my disciples, if you have love for one another.'



Resources for Worship Sunday 22 May: Easter 6

COLLECT

Merciful God, you have prepared for those who love you riches beyond imagination. Pour into our hearts such love towards you that we, loving you above all things, may obtain your promises which exceed all that we can desire; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever.

ACTS 16: 9-15

During the night Paul had a vision: there stood a man of Macedonia pleading with him and saying, "Come over to Macedonia and help us." When he had seen the vision, we immediately tried to cross over to Macedonia, being convinced that God had called us to proclaim the good news to them. We set sail from Troas and took a straight course to Samothrace, the following day to Neapolis, and from there to Philippi, which is a leading city of the district of Macedonia and a Roman colony. We remained in this city for some days. On the sabbath day we went outside the gate by the river, where we supposed there was a place of prayer; and we sat down and spoke to the women who had gathered there. A certain woman named Lydia, a worshipper of God, was listening to us; she was from the city of Thyatira and a dealer in purple cloth. The Lord opened her heart to listen eagerly to what was said by Paul. When she and her household were baptised, she urged us, saying, "If you have judged me to be faithful to the Lord, come and stay at my home." And she prevailed upon us.

JOHN 14: 23-29

Jesus answered him, "Those who love me will keep my word, and my Father will love them, and we will come to them and make our home with them. Whoever does not love me does not keep my words; and the word that you hear is not mine, but is from the Father who sent me.

"I have said these things to you while I am still with you. But the Advocate, the Holy Spirit, whom the Father will send in my name, will teach you everything, and remind you of all that I have said to you. Peace I leave with you; my peace I give to you. I do not give to you as the world gives. Do not let your hearts be troubled, and do not let them be afraid. You heard me say to you, "I am going away, and I am coming to you." If you loved me, you would rejoice that I am going to the Father, because the Father is greater than I. And now I have told you this before it occurs, so that when it does occur, you may believe.

Image>>

Lydia of Thyatira, from Art in the Christian Tradition, a project of the Vanderbilt Divinity Library, Nashville, TN.



Resources for Worship

Sunday 29 May: Methodist Service

ACTS 16: 16-34

One day, as we were going to the place of prayer, we met a slave girl who had a spirit of divination and brought her owners a great deal of money by fortune-telling. While she followed Paul and us, she would cry out, "These men are slaves of the Most High God, who proclaim to you a way of salvation." She kept doing this for many days. But Paul, very much annoyed, turned and said to the spirit, "I order you in the name of Jesus Christ to come out of her." And it came out that very hour. But when her owners saw that their hope of making money was gone, they seized Paul and Silas and dragged them into the marketplace before the authorities. When they had brought them before the magistrates, they said, "These men are disturbing our city; they are Jews and are advocating customs that are not lawful for us as Romans to adopt or observe." The crowd joined in attacking them, and the magistrates had them stripped of their clothing and ordered them to be beaten with rods. After they had given them a severe flogging, they threw them into prison and ordered the jailer to keep them securely. Following these instructions, he put them in the innermost cell and fastened their feet in the stocks.

About midnight Paul and Silas were praying and singing hymns to God, and the prisoners were listening to them. Suddenly there was an earthquake, so violent that the foundations of the prison were shaken; and immediately all the doors were opened and everyone's chains were unfastened. When the jailer woke up and saw the prison doors wide open, he drew his sword and was about to kill himself, since he supposed that the prisoners had escaped. But Paul shouted in a loud voice, "Do not harm yourself, for we are all here."

The jailer called for lights, and rushing in, he fell down trembling before Paul and Silas. Then he brought them outside and said, "Sirs, what must I do to be saved?" They answered, "Believe on the Lord Jesus, and you will be saved, you and your household." They spoke the word of the Lord to him and to all who were in his house. At the same hour of the night he took them and washed their wounds; then he and his entire family were baptised without delay. He brought them up into the house and set food before them; and he and his entire household rejoiced that he had become a believer in God.

JOHN 17: 20-26

'I ask not only on behalf of these, but also on behalf of those who will believe in me through their word, that they may all be one. As you, Father, are in me and I am in you, may they also be in us, so that the world may believe that you have sent me. The glory that you have given me I have given them, so that they may be one, as we are one, I in them and you in me, that they may become completely one, so that the world may know that you have sent me and have loved them even as you have loved me. Father, I desire that those also, whom you have given me, may be with me where I am, to see my glory, which you have given me because you loved me before the foundation of the world.

'Righteous Father, the world does not know you, but I know you; and these know that you have sent me. I made your name known to them, and I will make it known, so that the love with which you have loved me may be in them, and I in them.'

Noticeboard

Songs of Praise!

You are warmly invited to a Songs of Praise to celebrate the start of Christian Aid Week.

Belhaven Church, 7 pm, Sunday 15th May

This will be an ecumenical service to which all churches in Dunbar are invited, to join together in singing some of our favourite hymns. There will be a retiral collection for Christian Aid and refreshments in the Church



PICNIC IN THE PARK Sunday 5 June



*Celebrate the birth of the church on
Pentecost*

*Gather in Lauderdale Park following the
Sunday service (12pm)*

Bring your own picnic!

All welcome

Competition Time!

Could **you** come up with a new name for the currently unimaginatively-titled *St Anne's Magazine*?

We want your thoughtful, theological, local, amusing, punning, or downright wonderful suggestions for the launch of the new magazine in June.

Send your suggestions to the Editor, Alex Davey, at ahdavey@gmail.com, **by midnight on Friday 27th May**.

The winner will be selected by an entirely subjective process, and a small prize will be awarded.

(No Magaziney McMagazineFaces, please)

Join the Prayer Room at Dunbar FoodShare

Each week, Discovery Church hosts a Prayer Room at the Parish Church Hall for FoodShare clients and those who access the Social Cafe.

We hope to develop the Prayer Room as a reflective space to pray, find quiet and stillness and to hold workshops that look at mental well-being.

This runs on **Wednesdays 11.30 am - 2 pm**

We would love to expand Prayer Room team! If you think you might like to be involved - it doesn't have to be every week - please **contact Jon Timms** (07588 288189).



Thank you

The future of AV at St Anne's

During the pandemic, St Anne's has regularly broadcast the Sunday service on Zoom. Now we are able to worship in person, Vestry, with the help of the congregation, must decide whether to continue offering online worship.

Interestingly, there continue to be several (often up to ten) regular Zoom attendees. That is, around 20% of congregants are for whatever reason unable to attend church on any given Sunday. Currently services are broadcast via a small webcam owned by the church, and a laptop, iPhone and iPad (all owned by Diana) operated from the front of church. This is not a tenable long-term solution.

In addition, many churches have already upgraded their audio-visual (AV) equipment to support live-streamed services and to project sermon materials, bible readings and hymn words; pandemic lockdowns have accelerated this process. This is therefore an appropriate time to consider whether St Anne's should also augment our worship in this way.

Vestry have discussed a way forward and concluded that we should continue to stream live services. To do so we need to upgrade our AV equipment. This will involve the purchase of a dedicated camera, computer equipment and TV monitor. We have had an expert opinion that the cost would be around £8000. The system, which would integrate with our current sound set up, would be operated by a volunteer from the rear of church. We are assured that it will be very simple to operate!

How would this all look and work in practice?

A rota of volunteers would be trained to operate the equipment from a dedicated desk at the back of church. There would be a large TV monitor attached to the wall at the front so that the congregation could see visual material as required during the service. The monitor, on a swivel mount, would lie flush with the wall when not in use so it would be unobtrusive. The camera would be mounted at the rear of church and would be able to focus in on different areas and to zoom in and out as required. This would add a more professional look to the streamed output.

What are the benefits?

This investment would mean we could continue streaming to our current 'Zoom congregation'.

It would also be possible for Zoom attendees to take an active part in the service, for example by reading scripture or leading intercessions, while visible and audible to the congregation. We could stream services on platforms such as Facebook and YouTube, potentially reaching members of our community who may be reluctant to take the first step of crossing a church threshold. We could also project materials such as visual aids during the sermon, or the words of hymns not in the printed hymn books. This might also be an advantage for the visually impaired. The webcast and projection facilities would also potentially be attractive to people renting the building.

What now?

The next stage is to discuss these plans with the Diocese to seek permission under the appropriate Canons, and to gather your views on the proposed changes. If you have questions or comments about these developments please do not hesitate to speak to myself, Geoff Shutt or Noreen Thompson who form the working group on this project.

Mike Harvey, Vestry member

Join the Big Walk

"Pilgrimage is a sign of contradiction, and of resistance to our prevailing value system, that of the market. pilgrimage, after all, has no function other than itself; its means is as important as its end, its process as its product. Its utility value is small, and its benefits cannot be quantified or costed. Its value is intrinsic. It is something that is good to do because it is good to do. It states clearly that the extravagant gesture (because it is extravagant in terms of time and commitment) is an irrepressible part of what it means to be human and to walk on the earth. And whether the context for pilgrimage is solitude or community, we will be drawn deeper into the mystery of God and the care of creation" (Kathy Galloway)

**BIG WALK
TO NET ZERO**

Saturday 28 May

9.30 Walks set out from around diocese
12 Gather at St Mary's Cathedral for lunch and worship

Speakers:
Ruth Valerio, Director of Global Advocacy and Influencing at Tearfund
Robert Woodford - SEC Environmental Group, founder of Opus Earth, creator of Energy Footprint Analyser,

MORE DETAILS:
[HTTPS://EDINBURGH.ANGLICAN.ORG/BIG-WALK-TO-CARBON-NEUTRAL/](https://edinburgh.anglican.org/big-walk-to-carbon-neutral/)

Photo: P Backhouse

Some members of St Anne's are making the eastern pilgrimage, starting at St Mark's Church in Portobello at 9.30 am. **Please join us!**

Book your place for lunch and worship here: <https://www.eventbrite.co.uk/e/the-big-walk-to-net-zero-tickets-294436105317>)

Please **also contact Alison Crowhurst** (alisoncrowhurst198@gmail.com) to confirm your attendance, so that we can let the organisers of the Portobello pilgrimage know how many people to expect, and to arrange car-sharing to the start point.

Give cycle space

Cycling benefits our health and happiness - to encourage more people to cycle, we need them to feel safe.

Now we have our lovely new bike racks, and hope to see more people cycling to St Anne's and around town, it's good to be aware of how we can all make cycling safer. At present, every week in Scotland at least four people cycling suffer serious, life-changing injuries, usually from a collision with a vehicle.

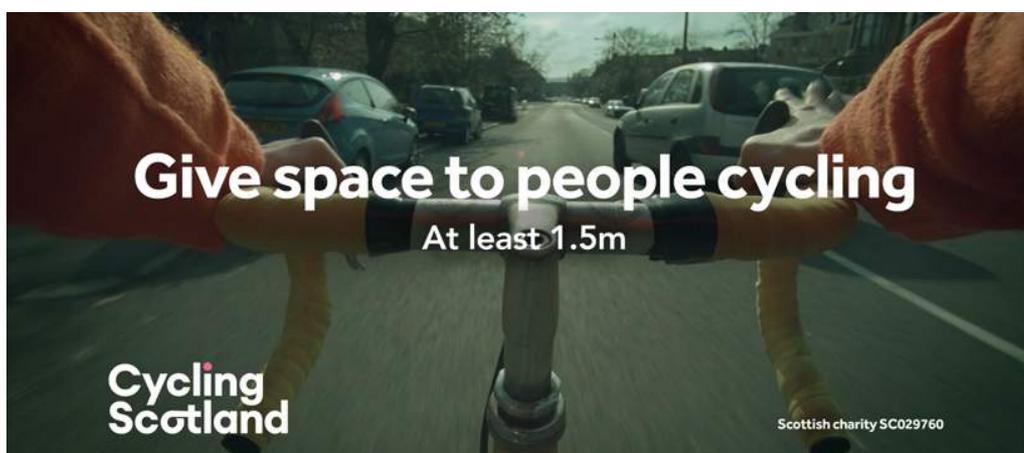
Cycling Scotland has launched a new campaign to urge drivers to give space to people on bikes. Nine in ten drivers in Scotland say we should protect people cycling, and 96% of them agree that people who drive too closely past people cycling are putting lives at risk. However, more than a third (39%) of people living in Scotland don't always leave a car's width when overtaking someone cycling. And a whopping 89% of drivers admit to being frustrated passing someone on a bike at times.

Give cycle space:

- Always give cyclists at least 1.5 metres of space when driving at speeds of up to 30 mph - this will usually mean crossing into the other lane.
- When driving at speeds of more than 30 mph, give more than 1.5 metres of space.
- Wait at a safe distance until you have space and visibility to pass safely.
- Don't overtake at blind corners or if there's oncoming traffic.
- In towns and slow-moving traffic, consider if there is any benefit to passing, especially if there are lights ahead.
- Don't feel pressure from the person in the car behind to pass before it's safe.



The Give Cycle Space campaign is supported by Police Scotland. Find out more: <https://www.cycling.scot/givecyclespace>



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