

# Lifeline

Weekly news & worship from St Anne's

## Dear friends,

This edition of Lifeline sees us cross the threshold of the end of the liturgical year, which finishes with Christ the King Sunday this week, and begin the new liturgical year with the beginning of Advent on Sunday 28th November.

What a year it has been. On Sunday after the 10.30am service we have our AGM, where we review the last 12 months of our life, both in formal terms as a Charity, and informally as a community of prayer, worship and action. Do come along to the AGM if you can, and read the reports in advance so that you can ask any questions you may have on your mind.

As we enter Advent this year, we are invited once again into a season of reflecting on the source of our hope. Advent comes at the darkest time of year in Scotland, and this is a time in which to hold onto the expectant hope that through the birth of Jesus, a light shines in the darkness, and the darkness cannot overcome it.

Inside this edition of *Lifeline* you'll find suggestions of two different Advent books you might like to try. In their own way, each is an invitation to use the imagination to invite God to come close in this season: one through imagined conversations; the other through visual art. I hope one or other of them might offer you inspiration. There will be some copies of each available in church - you're welcome to take one, and invited to make a donation to cover the book's cost if you can.

As we end one church year and begin another, I give thanks to God for all of you, for this wonderful community, and for God's grace to us through this year. I pray that we may find that God draws close to us as individuals and as a community as we begin to prepare for Christmas, and that we may know the divine light shining on us, warming us and making us in turn light for all we encounter.

With love,



## INSIDE:

### Worship details



[pg2](#)

### Advent books



[pg8](#)

### Church with children



[pg9](#)

### COP and beyond



[pg10-14](#)

## Joining in with Worship

The high vaccination rates now achieved in Scotland mean we can now offer more in-person worship.

**We now have have a single main Sunday service, in Church, at 10.30am.**

Social distancing is no longer required in church, but it will be possible, for those who prefer, to sit at a distance from others. You will have to wear a mask during worship (including singing).

For those who cannot come to church, we shall trial offering this service **on Zoom** too. However, this will be much more of a 'back-up' provision, with a static camera and mic giving a view of what is happening in church. Only leaders and not the congregation will be visible on camera.

### How to join worship online

Our online worship takes place on Zoom, a free video conferencing app. You can download the Zoom app from the internet to your computer, tablet or smartphone. In the app, you can enter a meeting ID number to join a meeting. The meeting ID number for our Sunday and Thursday services is **857 7044 2212**. You can turn your own camera and microphone on and off. During a service the meeting host will mute everyone except the leader.

### How to join worship by phone

You can join in with online worship by telephone. You will be charged for the call (to an Edinburgh number) based on your phone package. To join, dial **0131 460 1196**. You will be prompted to enter the Meeting ID number (**857 7044 2212**). You will be prompted for another number, which you don't need - just press #. You will now be able to hear the service. You can mute and unmute your microphone by pressing #6.

## Worship at St Anne's

### SUNDAYS

10.30AM COMMUNION SERVICE

IN CHURCH AND **ON ZOOM**

To join this service [click here](#) or enter Meeting ID **857 7044 2212**.

The Order of Service is available to download [here](#).

With fortnightly Children's Church

### THURSDAYS

10.30AM MIDWEEK COMMUNION, COFFEE & CHAT

IN CHURCH

### FRIDAYS

7.30 AM EARLY MORNING PRAYER

**ON ZOOM**

To join this service [click here](#). Meeting password: **8nKWJ9**. Meeting ID: **798 6368 2143**.

The Order of Service is available by [clicking here](#).

The Church AGM will be held on Sunday 21st November - straight after the 10.30am service

## Pastoral Care

If you are in need of any kind, please call one of the pastoral care team. Whether you just fancy a friendly chat, want to share a problem, have something you'd like practical help with, a prayer request, or would like to receive Communion at home, we can help or help you find someone who can.

### PASTORAL CARE TEAM

Liz Gordon	07802 809 725
Rev'd Diana Hall	07970 105 725
Sharon Morgan	01368 864 582



### Missed a Sermon?

No problem! You can listen again on the church website, [here](#)

### DEBT ADVICE - FREE, CONFIDENTIAL, IMPARTIAL

If money's a worry and you're looking for support, Dunbar Debt Advice Service is here to help, with free confidential and impartial advice.

**Phone: 01368 238028**

**Text: 07741905799**

**Facebook @StAnnesDunbar**

**Email: [dunbardash@salvationarmy.org.uk](mailto:dunbardash@salvationarmy.org.uk)**

Working in association with Community Money Advice, authorised and regulated by the Financial Conduct Authority.

### Pastoral Visiting

If you, or someone you know from St Anne's, needs a pastoral visit from one of the team to meet at home or in the garden, please get in touch.

### ARE YOU IN HARDSHIP? DON'T SUFFER ALONE - PLEASE GET IN TOUCH.

If you or someone else you know is in trouble with money, doesn't have enough food to put on the table, or simply can't make ends meet...

St Anne's can help with Food Bank referrals, giving small emergency grants, and signposting local assistance to get you help with benefits applications, debt advice and other issues. These services are free, confidential and open to *everyone* regardless of church connection, gender, age or anything else.

All contacts are treated with the utmost discretion, maintaining dignity and privacy.

Please get in touch with any of the pastoral care team.

### TERRIBLE JOKE SHORTAGE!

So here are two guinea pigs eating watermelon instead



## Resources for Worship

### Sunday 21st November: Christ the King

#### COLLECT

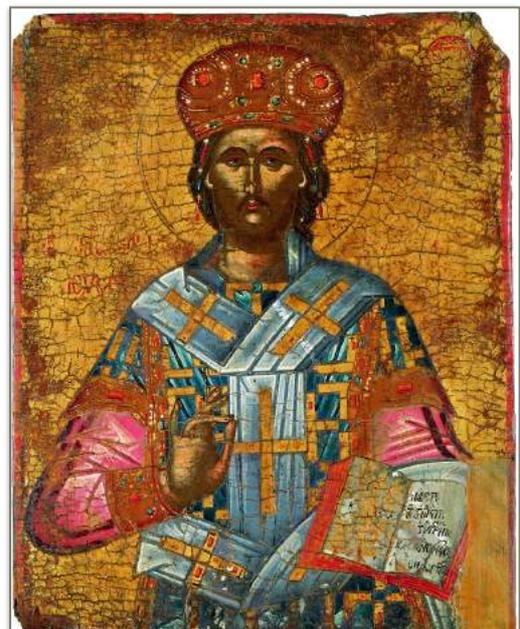
Almighty and everlasting God, whose will it is to restore all things in your well-beloved Son, our Lord and King: grant that the peoples of the earth, now divided and enslaved by sin, may be freed and brought together under his gentle and loving rule; who lives and reigns with you and the Holy Spirit, one God, now and for ever.

#### PSALM 93

The Lord is king and has put on glorious  
 apparel;  
 the Lord has put on his glory  
 and girded himself with strength.  
 He has made the whole world so sure  
 that it cannot be moved.  
 Your throne has been established from of  
 old;  
 you are from everlasting.  
 The floods have lifted up, O Lord,  
 the floods have lifted up their voice;  
 the floods lift up their pounding waves.  
 Mightier than the thunder of many waters,  
 mightier than the breakers of the sea,  
 the Lord on high is mightier.  
 Your testimonies are very sure;  
 holiness adorns your house, O Lord, for  
 ever.

#### JOHN 18:33-37

Then Pilate entered the headquarters again, summoned Jesus, and asked him, 'Are you the King of the Jews?' Jesus answered, 'Do you ask this on your own, or did others tell you about me?' Pilate replied, 'I am not a Jew, am I? Your own nation and the chief priests have handed you over to me. What have you done?' Jesus answered, 'My kingdom is not from this world. If my kingdom were from this world, my followers would be fighting to keep me from being handed over to the Jews. But as it is, my kingdom is not from here.' Pilate asked him, 'So you are a king?' Jesus answered, 'You say that I am a king. For this I was born, and for this I came into the world, to testify to the truth. Everyone who belongs to the truth listens to my voice.'



#### Image>>

Christ the King of Kings, ca. 1600, Greece.  
 from Art in the Christian Tradition, a project of the  
 Vanderbilt Divinity Library, Nashville, TN

## Hymns for Sunday 21st November

### IMMORTAL, INVISIBLE, GOD ONLY WISE (STF 55)

Immortal, invisible, God only wise,  
in light inaccessible hid from our eyes,  
most blessed, most glorious, the Ancient of  
Days,  
almighty, victorious, thy great name we praise.

Unresting, unchanging, and silent as light,  
nor wanting, nor wasting, thou rulest in might -  
thy justice like mountains high soaring above  
thy clouds which are fountains of goodness and  
love

To all life thou givest, to both great and small;  
in all life thou livest, the true life of all;  
we blossom and flourish as leaves on the tree,  
and wither and perish, but naught changeth  
thee.

Great Father of glory, pure Father of light,  
thine angels adore thee, all veiling their sight;  
all praise we would render: O help us to see  
'tis only the splendour of light hideth thee.

Immortal, invisible, God only wise,  
in light inaccessible hid from our eyes,  
most blessed, most glorious, the Ancient of  
Days,  
almighty, victorious, thy great name we praise.

*Walter Chalmers Smith (1824-1908)*

### CHRIST TRIUMPHANT, EVER REIGNING (STF 319)

Christ triumphant, ever reigning,  
Saviour, Master, King!  
lord of heaven, our lives sustaining,  
hear us as we sing:  
*Yours the glory and the crown,  
the high renown, the eternal name!*

Word incarnate, truth revealing,  
Son of Man on earth!  
Power and majesty concealing  
by your humble birth:

Suffering servant, scorned, ill-treated,  
victim crucified!  
Death is through the cross defeated,  
sinners justified!

Priestly king, enthroned for ever  
high in heaven above!  
Sin and death and hell shall never  
stifle hymns of love:

So our hearts and voices raising  
through the ages long,  
ceaselessly upon you gazing,  
this shall be our song:  
*Yours the glory and the crown,  
the high renown, the eternal name!*

*Michael Seward (1932-2015)*



## Resources and Hymns for Worship

### Sunday 28th November: Advent Sunday - Methodist Service

#### JEREMIAH 33:14-16

The days are surely coming, says the Lord, when I will fulfil the promise I made to the house of Israel and the house of Judah. In those days and at that time I will cause a righteous Branch to spring up for David; and he shall execute justice and righteousness in the land. In those days Judah will be saved and Jerusalem will live in safety. And this is the name by which it will be called: 'The Lord is our righteousness.'

#### LUKE 21:25-36

'There will be signs in the sun, the moon, and the stars, and on the earth distress among nations confused by the roaring of the sea and the waves. People will faint from fear and foreboding of what is coming upon the world, for the powers of the heavens will be shaken. Then they will see "the Son of Man coming in a cloud" with power and great glory. Now when these things begin to take place, stand up and raise your heads, because your redemption is drawing near.'

#### LIKE A CANDLE FLAME (STF 176)

Like a candle flame,  
flickering small in our darkness.  
Uncreated light  
shines through infant eyes

**God is with us, alleluia.**

*God is with us, alleluia.*

**Come to save us, alleluia.**

*Come to save us.*

Alleluia!

Stars and angels sing,  
yet the earth sleeps in shadows;  
can this tiny spark  
set a world on fire?

Yet his light shall shine  
from our lives, Spirit blazing,  
as we touch the flame  
of his holy fire.

*Graham Kendrick (b. 1950)*

Then he told them a parable: 'Look at the fig tree and all the trees; as soon as they sprout leaves you can see for yourselves and know that summer is already near. So also, when you see these things taking place, you know that the kingdom of God is near. Truly I tell you, this generation will not pass away until all things have taken place. Heaven and earth will pass away, but my words will not pass away.'

'Be on guard so that your hearts are not weighed down with dissipation and drunkenness and the worries of this life, and that day does not catch you unexpectedly, like a trap. For it will come upon all who live on the face of the whole earth. Be alert at all times, praying that you may have the strength to escape all these things that will take place, and to stand before the Son of Man.'



**BREAD OF LIFE (577)**

*Bread of life, hope of the world,  
Jesus Christ, our brother:  
feed us now, give us life,  
lead us to one another.*

As we proclaim your death,  
as we recall your life,  
we remember your promise  
to return again.

This bread we break and share  
was scattered once as grain:  
just as now it is gathered,  
make your people one.

We eat this living bread,  
we drink this saving cup:  
sign of hope in our broken world,  
source of lasting love.

*Bernadette Farrell (b. 1957)*

**HILLS OF THE NORTH REJOICE (STF 172)**

Hills of the north, rejoice,  
rive and mountain-spring,  
hark to the advent voice;  
valley and lowland, sing.  
Christ comes in righteousness and love,  
he brings salvation from above.

Isles of the southern seas,  
sing to the listening earth;  
carry on every breeze  
hope of a world's new birth:  
in Christ shall all be made anew;  
his word is sure, his promise true.

Lands of the east., arise!  
He is your brightest morn;  
greet him with joyous eyes,  
let praise his path adorn:  
your seers have longed to know their Lord;  
to you he comes, the final Word.

Shores of the utmost west,  
lands of the setting sun,  
welcome the heavenly guest  
in whom the dawn has come:  
he brings a never-ending light,  
who triumphed o'er our darkest night.

Shout, as you journey on;  
songs be in every mouth!  
Lo, from the north they come,  
from east and west and south:  
in Jesus all shall find their rest,  
in him the universe be blest.

*Charles Ernest Oakley (1832-1865)  
and Editors of English Praise*



## Visual and Imaginative Advent Books...

If you're looking for a book to accompany you through Advent, how about one of these? Copies will be available in Church on a recommended donation basis. If you can't collect one and would like a copy posted to you, please let Diana know.

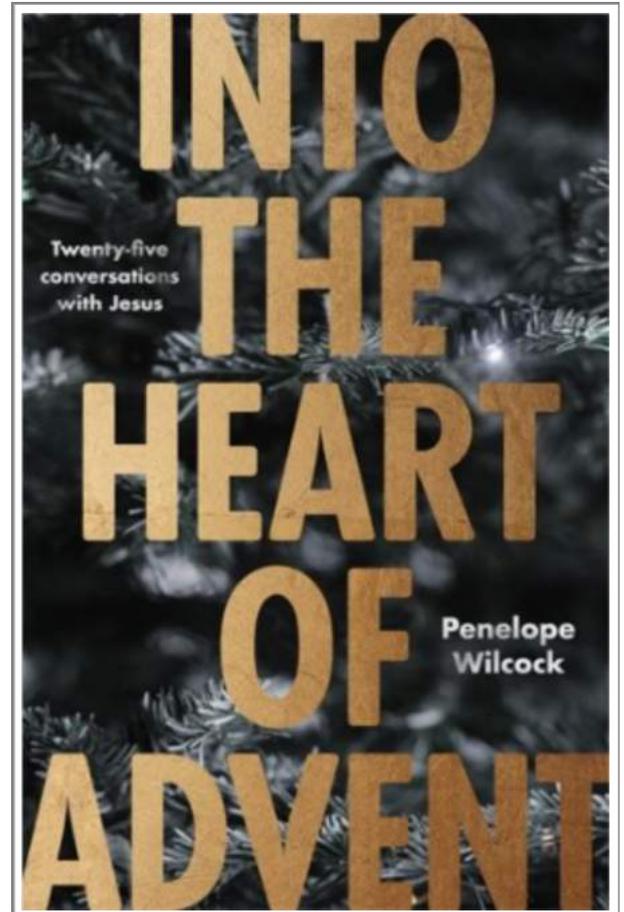
Imagine meeting with Jesus for a heart-to-heart conversation. What would you say to him? What might he say to you?

***Into the Heart of Advent*** offers a unique take on the Christmas season. In a series of twenty-five imaginative reflections, the author invites us to listen in on conversations with Jesus about the Christian journey and the meaning of Advent for our lives today. Full of thought-provoking wisdom, this is a bold, imaginative Advent book for 2021, covering a variety of topics including families, gifts, angels, homes and hospitality.

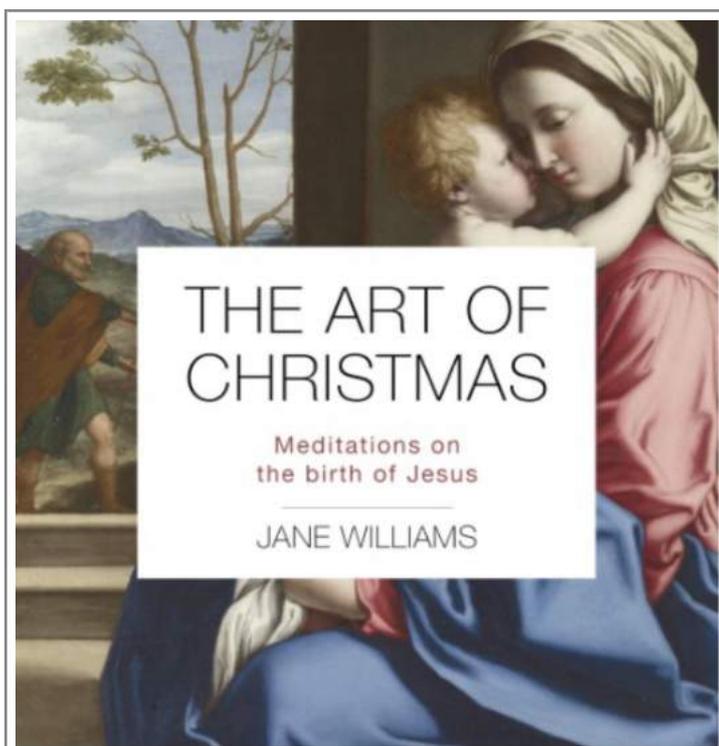
This is a book for anyone who has wondered what talking with Jesus might be like, or anyone looking for a fresh, alternative way of engaging with Advent this year.

Get ready to be surprised and challenged by this take on the first Christmas and what it means for our world twenty centuries later.

***Penelope Wilcock is a Methodist minister and***



***hospice and school chaplain.***



A feast for the eyes! In ***The Art of Christmas***, meditations on the birth of Jesus based on some of the world's greatest paintings take us deep into the story of Christmas.

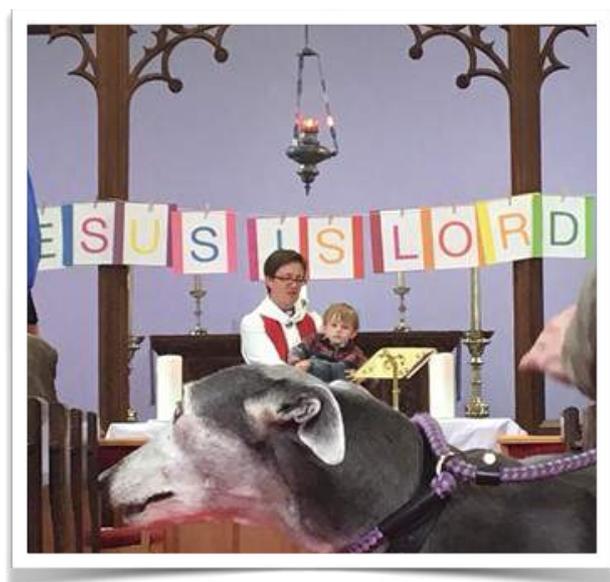
The book's reflections on the different ways that artists have imagined the Nativity promise to offer refreshed appreciation of the love, joy and peace that the meaning of Christmas speaks to the world.

***Dr Jane Williams is the McDonald Professor in Christian Theology at St Mellitus College.***

## Church with children

One of the things I noticed, when I first came into St Anne's, was a hopeful box of toys under one of the pews. I'd come by myself, but I was looking for a place Cian (then 3), Finnán (1) and I could settle. A box of toys and a friendly face. And so I took the risk of bringing the boys ... and it was a risk, as by then I'd stopped taking them anywhere where anything was expected of them, even toddler classes! A couple of weeks later, when I went to leave part way through the service because keeping them calm and quiet just felt too hard, one person left her seat to say "stay" and held me as I cried, while another took the boys up for communion. I was home and safe.

It's not always straightforward to bring children into church, they don't fit easily into a service where quiet is valued and most people are sitting still. They want to move around, ask questions, see what's going on, and may well make a run for it behind the altar during the sermon! But slowly I learned to believe the quiet voices that told me they enjoy hearing little voices at the back of church, and I learned along with the children at the back of church about what God and church and community were all about.



<<A curious Finnán!

"Look how amazing this butterfly is...">>



Unfortunately, in these pandemic times, children have not been able to be in church much, and many of them do not really remember what happened there before. When you're 8, it was almost a quarter of your life away! So this summer the Young Church Tent was born and we started gathering again ... the children and parents got to know each other, some again, some for the first time. We ran, played, sang, shouted, told stories and talked about God in the garden. The children seem to enjoy it and for me, well, I never imagined that I would love the reflection, planning and chaos of leading a children's group, but I do. I love seeing them get to know each other as we gather in Jesus' name, I love waving at them on the street and I loved watching some of them march off together at the head of the COP26 pilgrimage as it left Dunbar. I love their sometimes crazy questions and that they remind me to take joy in the world, or completely change my perspective of something. And I pray that next time a frazzled, struggling parent wanders in unexpected, they too will find a home at St. Anne's.

Still, there is one thing I miss ... you all. I miss overhearing what they say as you ask them what they've been doing, or admire things they've created. I miss chatting about what they've been up to. I guess we all do: things are not back to normal and we do not yet linger over coffee the way we used to. As winter draws in, the tent is retiring, we'll be inside more, and I hope we'll get to interact more with the rest of our church family. So, with that in mind, we're starting Advent with a Saturday afternoon gathering of creativity, story, song, and of course tasty treats for the whole church family. We would love to meet you there.

**Val Hale**

(You're always welcome to come and join Young Church and see what we get up to, or to chat to me or Diana if you'd like to find out more about helping out.)

## Dunbar COP26 Gathering



On Saturday 6th November, the middle weekend of COP26, there was a mass march and rally in Glasgow demanding climate justice in the midst of the COP26 meeting. Those who couldn't travel held a peaceful gathering in the St Anne's Church garden, displaying placards, and sharing chants and songs, poems and stories expressing anger, lament and hope about the climate crisis.



One of the contributions at the Dunbar demo was this poem by Brian Bilston, which was read by Della Rea. Read it from start to end. When you finish, read it again in reverse, beginning with the last line. This is what we are called to do, in faith, hope and love.

### Every day the planet burns a little more

We only have a short while  
 So quick, let me tell you  
 We're too far gone to turn this around  
 I can't believe  
 We have it in us to put this world right  
 It is all too late, too late  
 How can you say  
 But do not give up hope  
 Every day the planet burns a little more  
 And hot air rises  
 While governments pump out empty promises  
 We are powerless  
 Don't be so foolish to imagine that  
 Together we have a voice  
 Big enough to change the world  
 The decisions we make each day are  
 Unimportant  
 The food we eat, the things we buy, how we get around  
 How naïve to think  
 The destruction of centuries could be undone  
 In a few decades  
 If we could just find reverse

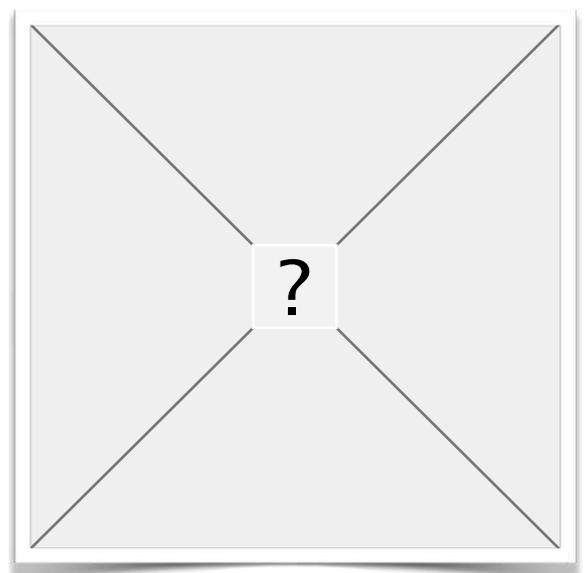


## Moving on from Glasgow

Our little family decided to brave the grim Glasgow weather instead of enjoying the jokes and camaraderie of the Dunbar gathering. The March for Climate Justice was something to behold: a two-mile long caravan of humanity, music, fish on bicycles and dancing polar bears!

Now the delegates have jetted off, the exhibits are dismantled, the marches have been marched, the songs sung, and the prayers prayed, what did the COP achieve? It's hard to distinguish the hype from the spin from the propaganda (you can read the Glasgow Climate Pact in its entirety [here](#), if you want to draw your own conclusions).

Boris Johnson, of course, hailed it as a "big step forward." Nicola Sturgeon said, "there can be no doubt that the Glasgow summit has made progress on some important issues". In contrast Extinction Rebellion stated "COP26 has failed ... the G20 leaders have left [1.5C] to die", and Greta Thunberg lamented "It's very, very vague". The COP26 Coalition slammed the Pact as an "utter betrayal of the people".



## The good news ...

- Prayers for constructive negotiation were answered: independent observers described a new spirit of cooperation between nations.
- For the first time, a COP agreement makes explicit mention of the fossil fuel industry as one of the root causes of climate change.
- More than 130 countries signed a declaration to halt deforestation by 2030. Some delegates admitted they interpret this as a licence to cut as much as possible before the end of the decade ☹.
- A pledge to reduce methane emissions was signed by more than 100 countries and could, alone, avert 0.2C of global heating.
- There was new recognition of the crucial interconnection between climate and nature.
- A consortium of more than 450 major financial institutions committed to align their \$130 trillion investment portfolio with Net Zero by 2050. But will that be too late?
- A global charity alliance joined forces with the UK, US, German, Dutch and Norwegian governments in a \$1.7 billion pledge to support Indigenous peoples and local communities, hopefully a first step towards recognising Indigenous rights as central to just climate action.

## ... and the bad

- A last-minute watering-down of the agreement to "phase-out" the unabated use of coal – the most climate-damaging fuel, currently responsible for around 40% of carbon dioxide emissions – to a "phasedown" at the insistence of major coal-using countries including India, China and South Africa, was certainly disappointing. While 40 countries have pledged to quit coal altogether, major emitters, such as Australia, China, India and the US, did not.
- An initiative to phase out the other fossil fuels was launched, but has only 13 member states and associates. Scotland is not signed up – and projects such as the Cambo oil field are still projected to go ahead.
- Despite recognising a need for the Global North to increase financial support to those countries already suffering the effects of climate change, little funding materialised. It is broadly true that the of lower-income nations and small island states were sacrificed to the cause of getting a deal agreed at all costs. To quote the COP26 Coalition: the G20 sat there, "talking about their future children and grandchildren, when the children of the South are suffering now".

## The net effect

Most world leaders now appear to be taking the UN's 'Code Red for humanity' – and its causes – seriously. The Glasgow Climate Pact is, unequivocally, the strongest set of measures against climate change agreed by any COP yet – but it's nowhere near strong enough.

Our world has already warmed by 1.2C above pre-industrial levels. Already glaciers are shrinking, ice-melt is earlier, sea ice less extensive, plant and animal ranges are shifting, and flowering times disrupted. There are more frequent and intense storms, floods, heatwaves, droughts, wildfires and even earthquakes.

The Pact accepts the Intergovernmental Panel on Climate Change's assessment that, by 2030, carbon emissions must fall by 45% compared to 2010 levels to keep alive the notion of limiting global heating to 1.5C. Meeting this target would save at least some of the Arctic ice pack, protect a small proportion of the world's coral reefs,

and limit sea level rises to around half a metre (which is already enough to render much of the Maldives under water).

The Glasgow Pact pledges will not limit global heating to 1.5C. The independent Climate Action Tracker predicts that full implementation of all nations' pledges made up to and including Glasgow would give an estimated rise of 2.1C, and even if all net zero targets were achieved and long-term strategies implemented, warming would be in the range of 1.8C. As the BBC's Roger Harrabin put it, "The bad news is that if every government does everything it promises, the world will still face a catastrophic temperature rise of around 2C."

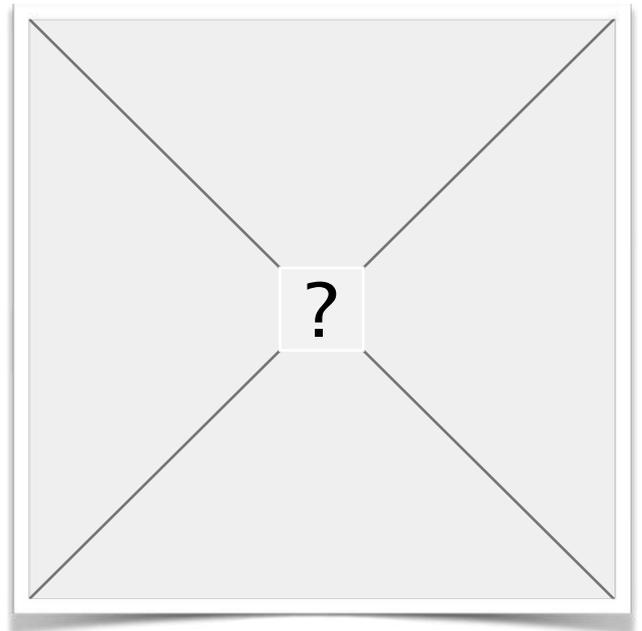
## Reasons to be cheerful

It's easy to feel tired, jaded, and disheartened. How can Boris be so cheerful? The answer is, he has managed to pass the buck. Or, as Extinction Rebellion puts it "kicked the can down the road." Again. A key clause in the Glasgow Pact commits all signatory nations to re-consider their Nationally Determined Contributions (national climate action plans, policies and targets) in time for COP27, scheduled for November 2022 in Sharm El Sheikh.

Of course, they should have come up with new plans in time for Glasgow; only one nation - India - did, aiming for net zero by 2070. But new action plans within a year, rather than five-yearly as previously agreed, keeps open the possibility of achieving 1.5C - just. This shift also opens the door to annual updates from now on, which may help ratchet-up climate ambition in this crucial decade.

This commitment also gives climate campaigners one more crucial year to shout as loud as we can. It gives us one year to shift our pensions and savings out of fossil-fuel subsidising banks and investment funds - one of the most effective ways to make an impact. One year to make behavioural changes which, individually, may seem pointless, but have a crucial cumulative 'nudge' effect by changing societal norms and showing our leaders the direction of travel. One year to advocate ceaselessly for our neighbours in the Global South. One year to challenge our politicians at every turn. One year to pray for wisdom and justice, for our leaders and our most vulnerable.

Climate catastrophe draws ever closer. For many, it is already here. COP26 kept the dream of 1.5C alive, but its heartbeat is faint and its breath feeble. I'll leave the last words to Diana Hall: "We need resolve, resilience and courage. The stakes are getting higher all the time."



Alex Davey

St Anne's Eco-Group meets on the first Wednesday of each month in Church - the next meeting is Wednesday 1st December at 9.45am. All welcome.

There is a virtual meeting to discuss the climate emergency and what the Scottish Government should be doing about it, with Martin Whitfield MSP at 2pm on Monday 29th November. Contact David Mumford ([dmumford@phoncoop.coop](mailto:dmumford@phoncoop.coop)) if you would like to come.

## Regroup after the COP: experiment with oat milk

However you feel about COP26, one thing is certain: we all need to step up to the challenge of mitigating climate change. There are many places to start - one is by reducing our intake of meat and dairy. And a bit of pottering around in the kitchen making some low-carbon plant-based milk may be just the thing. Diana Greene has been experimenting ...

Wanting to keep eating cheese, but reduce my dairy input because too many cows contribute too much methane to our fragile atmosphere, I've been trying out oat milk instead of cow's milk. I tried Diana Hall's recipe first - but that seemed to produce something akin to tasteless coloured water!\* Brose Oat Drink (£2/litre glass bottle from Crunchy Carrot) seemed the other extreme - too thick and creamy. Oatly (£1.50/litre in Co-op) I found pleasant enough but I'm not sure how well the TetraPak recycles\*\*.

So I've been experimenting with making it again, and have found the recipe below works well, and wonder if others might like to try it. It is cheap (20p per litre) and easy to make if you have a very good blender (I have a Kenwood Multi Pro), a nut milk bag (which has a very tight weave) and just three ingredients:

- 1 litre fridge COLD water
- 2 mugs (150g) rolled oats
- 2.5 ml (half tsp) salt

### Method

1. Put one litre of water in fridge to cool.
2. Cover the oats in tap water and leave in a cool place for 4 -12 hours.
3. Give the oats a quick rinse in a sieve, discarding the water
4. Put the soaked oats, fridge water and salt in blender and blitz for 20-30 seconds until smooth
5. Strain mixture through a nut milk bag over a jug or bowl, and give it a gentle squeeze to bring through the creamier oat milk.
6. Bottle the strained mixture and store in fridge (I then put the discarded oats on our compost heap).



It needs a good shake every time it is used, but I find it stays fresh about as long as cow's milk, is good with cereal and most cooking, but is disappointing in tea (which I now find I like black). So this has felt something small but possible for me to do to express my concern for the environment. It would be very interesting to hear how you're getting on if you make oat milk too, or have any other tips to share about how you are trying to 'eat justly' or reduce your carbon footprint.

\*Rector's note: No-one is good at everything! :-D

\*\*Editor's note: TetraPaks can now be recycled kerbside in the new white bags for plastic and cans.



**ADVENT-URE**  
A Creative Gathering  
for everyone  
as we prepare  
for Christmas

**FREE!**

SATURDAY  
4TH  
DECEMBER  
2-3.30PM  
@  
ST ANNE'S

**CRAFT | STORY | FOOD | SONG**



The **Dunbar Area Christian Youth Project AGM** will be held on Monday 22nd November at 7:30pm at St Anne's Church.

Refreshments will be served afterwards. All are welcome

### SAVE THE DATE!

Shared harvest lunches seem to have been much enjoyed and appreciated, if the feedback vestry received is anything to go by; in fact folk have asked if we could do it all again!

So please save the date - Sunday 6th February 2022 - in your diary. After the Christmas season draws to a close we plan to celebrate the dawning of the light at Candlemas by sharing a lunch together in one another's homes. With input from our eco-group, the plan is to share a meat-free light lunch in the same way as before.

We shall be asking for hosts prepared to share a meat-free light meal with up to three other households, and with a list of potential hosts to hand, will ask each to invite a given list of guests.

One of the joys of the last event was the opportunity it provided to talk with members of the church family we maybe knew less well. So we shall endeavour - prayerfully and carefully - to mix it up again this time, so strengthening the bonds of fellowship within our church.

So please "save the date" and if you would like to commit to hosting at this stage I would be delighted to hear from you at [rev.anneharvey@gmail.com](mailto:rev.anneharvey@gmail.com).



With thanks, Anne



## What's on? Advent & Christmas at St Anne's

### ADVENT-ure!

Sat 4 Dec, 2-3.30pm

*A creative gathering as we prepare for Christmas. An informal, intergenerational event with craft & cake, story & song. Why not bring a friend?*

### Festival of Nine Lessons & Carols

Fri 10 Dec, 7.30pm

*A traditional candlelit carol service led by the robed Belhaven Choristers*

### Let's Sing Christmas Special

Sun 12 Dec, 2.30pm

*The long-awaited return of our much loved singalong group! Informal seasonal singing, company and conversation - accompanied by tea, coffee and tasty treats!*

### Christingle

Sun 19 Dec, 4pm

*A candle-lit celebration for all the family*

### Crib Service

Christmas Eve, 6.15pm

*For the young, and the young at heart!*

### Midnight Mass

Christmas Eve, 11.15pm

*The first Eucharist of Christmas - a quiet, reflective service*

### Christmas Day celebration

Christmas Day, 10.30am

*Holy Communion for all the family*

[www.stannesdunbar.org.uk](http://www.stannesdunbar.org.uk)  
St Anne's Church is Charity Number SC010950