

Swimming In the Deep End

Choreographed by Alison & Peter (TheDanceFactoryUK)

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2 wall – 64 count intermediate line dance

Music: No One – Jess Glynne – start 16 counts after piano intro – approx. 16secs – 3mins 40secs – 120bpm

Available: Amazon

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1-8 R kick and side points, R sailor, L touch behind, ¼ L unwind, R ball step fwd

1&2&3 Kick R forward, step R together, point L side, step L together, point R side

4&5 Cross step R behind L, step L side, step R side

6-7&8 Touch L behind, unwind ¼ left with weight ending on L, step R forward, step L forward (3 o'clock)

9-17 R fwd, ¼ L pivot turn, R cross shuffle, L side, R sailor, ¼ L sailor

1-2 Step R forward, pivot ¼ left (12 o'clock)

3&4 Cross step R over L, step L side, cross step R over L

5 Step L side

6&7 Cross step R behind L, step L side, step R side

8&1 Cross step L behind R, step R side, turning ¼ left step L forward (9 o'clock)

18-25 R fwd, ½ L pivot turn, R fwd shuffle, R full turn fwd, L fwd, ¼ R pivot turn

2-3 Step R forward, pivot ½ left (3 o'clock)

4&5 Step R forward, step L together, step R forward

6-7 Turning ½ right step L back, turning ½ right step R forward (3 o'clock)

Non-turning option: walk forward L, R

8-1 Step L forward, pivot ¼ right (6 o'clock)

26-32 L cross step, R kick ball cross, R side, L touch together, L ball cross, L side

2-3&4 Cross step L over R, kick R forward, step R back, cross step L over R

5-6 Step R side, touch L together

&7-8 Step L slightly back, cross step R over L, step L side

33-40 R rock back/recover, ½ L, R shuffle back, L together, R & L heel switches, L together, R touch

1-2 Rock R back, recover weight on L

3&4 Turning ½ left step R back, step L together, step R back (12 o'clock)

5-6&7 Step L together, touch R heel forward, step R together, touch L heel forward

&8 Step L together, touch R toe together

41-48 R rock back/recover, ½ L, R shuffle back, L together, R & L heel switches, L together, R forward

1-2 Rock R back, recover weight on L

Option as you rock R back, kick L forward at same time

3&4 Turning ½ left step R back, step L together, step R back (6 o'clock)

5-6&7 Step L together, touch R heel forward, step R together, touch L heel forward

&8 Step L together, step R forward

49-56 L fwd, ¼ R pivot turn, L cross shuffle, ½ L hinge turn, R cross shuffle

1-2 Step L forward, pivot ¼ right (9 o'clock)

3&4 Cross step L over R, step R side, cross step L over R

5-6 Turning ¼ left step R back, turning ¼ left step L side (3 o'clock)

7&8 Cross step R over L, step L side, cross step R over L

57-64 L side rock/recover, ¼ L toaster, R fwd, ½ L pivot turn, walk fwd 2/L full turn fwd

1-2 Rock L side, recover weight on R

3&4 Turning ¼ left step L back, step R together, step L forward (12 o'clock)

5-6 Step R forward, pivot ½ left (6 o'clock)

7-8 Step R forward, step L forward

Optional turn: Turning ½ left step R back, turning ½ left step L forward

Ending: Wall 7 – dance first 13 counts and then sway R, L, R hold to finish