

COVID-19 Latest Update and Guidance – January 2021

Following the government advice on the national lockdown which came into force on 4th January at 00:01GMT, the Brentwood Tennis Club will be forced to close for the duration. We are unsure when the restrictions will end, but we will communicate any updates by email.

The Government advice is:

You must stay at home. The single most important action we can all take is to stay at home to protect the NHS and save lives.

You should follow this guidance immediately. This is the law.

Leaving home

You must not leave or be outside of your home except where necessary. You may leave the home to:

- shop for basic necessities, for you or a vulnerable person
- go to work, or provide voluntary or charitable services, if you cannot reasonably do so from home
- exercise with your household (or support bubble) or one other person (in which case you should stay 2m apart). Exercise should be limited to once per day, and you should not travel outside your local area.
- meet your support bubble or childcare bubble where necessary, but only if you are legally permitted to form one
- seek medical assistance or avoid injury, illness or risk of harm (including domestic abuse)
- attend education or childcare - for those eligible

If you do leave home for a permitted reason, you should always stay in your local area - unless it is necessary to go further, for example to go to work.

Staying in your local area means stay in the village, town, or part of the city where you live.

We will be introducing further guidance in line with The LTA and Government guidelines as they become available.

NHS COVID-19 App

We recommend that you download and use the new **NHS COVID-19** app. This is now available to download for free from <https://covid19.nhs.uk/>. It helps with the contact tracing and sends an alert if you have been near other app users who have tested positive for Coronavirus. It also has a check-in for venues so you get alerted if you have visited a venue where you may have come into contact with coronavirus. We have registered the Brentwood Tennis Club as a venue and have QR Codes placed on the Club Door, the notice board and near the kitchen so that you can scan the QR code when you visit. Please take the time and effort to download and use this app as it will help with keeping us all safe and

playing tennis as well as tracing in the unfortunate event any of us come into contact with coronavirus.

Process for Test and Trace

In addition to the Club court booking system and the NHS Covid-19 app for tracing, we will be putting in place a process for how we would handle a case of someone testing positive. This process will be updated on the Website under the Rules and Policies section shortly. In summary, if any member or visitor reports a positive test, then all people who attended the club (on the particular day(s) the infected member/visitor was at the club), will be informed and anyone who played with the infected person (or came into close contact off-court) would be asked to self-isolate for 14 days. In addition, we would undertake cleansing of the key touch- points in the area (such as door handles, gate handles, benches, etc) where the individual with confirmed Covid-19 has been.

Please help us to keep the club safe so we can continue to enjoy playing tennis.

Brentwood Tennis Committee

29.1.2021