



# *The* Cairn



News from St. Anne's Scottish Episcopal & Methodist Church in Dunbar

## Letter from the Rector

Dear friends,

I wonder how your Lenten journey is going?

I had a conversation with someone recently who shared that they find Lent really tricky. Just as the world seems to spring to life, reaching towards Spring after the quietude of winter, the discipline of Lent seems to bid us continue to wait. I had never thought about it like that before, but I find I can empathise. Perhaps you can too.

March is often a little bit of a fickle month, with the first flush of Spring followed quickly by more wintry weather. I saw my first "wild" daffodil bloom of the season this week, alongside a footpath, but also had to scrape the car after a hard frost at the weekend. Life is a bit like this I suppose - we sometimes live through seasons where more than one thing is true at the same time!

Lent is a bit like this too. The Good News of the

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resurrection of Jesus is no less true in Lent than in any other season - thank goodness! Our Lent materials this year invite us to dwell on this reality, offering a reminder that God is no less present in our lives in times of darkness and difficulty than in times of celebration and joy.

The purpose of Lent is not to lead us into a place of self-flagellation, but rather to help us to notice what really matters most in life, and to realise again how very good God is, and the hope that we have in Jesus Christ. Lent is a season of preparation for a celebration. Like spring cleaning before a big party, it's worth it in the end!

So as we continue the journey towards the cross, keep going! Do not be discouraged, for God is good, and Easter is coming!

With love,

## Buildings Group Report

The display boards are still being made and hopefully will be refitted in the next few weeks. The draught excluders have been fitted to the front doors.

We have had a site visit from Adlib, the AV suppliers. They reviewed our requirements and discussed a wide range of options. We are now waiting for a report and outline costings from them.

Progress has been made on a short-term trial of a single halo heater for the back of the church. We have a site visit from the supplier in early March.

David Robins



## Duke of Edinburgh Award Scheme - Welcome back Callum!

Some of you will remember Callum Robertson, who did the volunteering component of his Bronze Duke of Edinburgh Award with us last year, running Zoom.

I'm delighted to say Callum is now doing his Silver Award and is going to be coming back to St Anne's this year, beginning in March, for a six-month volunteering placement.

Callum will be working with Young Church and with the hospitality team. Please give him a warm welcome!

# Letter from Thie Dy Vea

Dear friends,

Well, I've been here on the Isle of Man for three weeks! It should by now have been four weeks but, as many of you will know, my first attempt at getting here failed. My daughter had kindly offered to accompany me and share the driving so that I would have access to my car from the start. All went well until we were three minutes from the Sea Terminal at Heysham where the car broke down. We sat there while the boat sailed! The next day's ferry was cancelled due to technical problems so it was a week later, having taken the short flight from Edinburgh, that I finally set foot on Manx soil!

So much has happened since then that it feels like I've been here months. I now have a Manx-registered car, I'm registered with Manx Care (the equivalent of our NHS), and I'm waiting to hear from the government as to whether they consider me to be resident here for tax purposes.

I am adjusting to a different way of life. The retreat house is situated on the A1 which sounds familiar - but here the resemblance ends. It's a single-carriageway road, which winds its way through villages and countryside but is the main commuter route for people working in Douglas. People are often in a hurry, so I have to keep my wits about me.

Life is busy in Thie Dy Vea (House of Life). Since I have been here we have hosted a couple of quiet days, a weekly Lent Course, a weekly art course and a weekend residential retreat, run and catered for by members of the team. This week we are offering

hospitality to a bishop and a representative of The Leprosy Mission, who are both working here on the island. My main responsibilities this week will be helping in the preparation of the guest rooms and serving breakfasts. Last week I was busy with preparing material for the retreat so, as you can see, no two weeks are the same.

One of the joys for me is the fact that, at the start of each day, we gather as a team for morning prayer (Northumbrian Community version) and at noon on Friday, however busy we might be, we pause for Holy Communion (Iona Community version.)

By necessity my hours are flexible. I am learning how to pace myself and take sufficient time off, which is a new experience for me, having spent most of my working life as a teacher being ruled by the bell. However, I'm looking forward to Saturday when I'll be out walking with old friends in the south of the island.

I think often of my friends at St Anne's and hold you in my prayers. For now I'll just say 'Moghrey Mie' and good bye.

With love, Liz





# Introduction to the New Testament Epistles

A regular series by Stuart Ritchie

## The First Epistle of Paul to the Thessalonians

Paul wrote his first epistle to the Thessalonians from Corinth. Researchers are almost unanimously agreed on Paul's authorship. His known characteristics are apparent in the letter. Historical allusions in the book fit Paul's life as recounted in Acts. 1 Thessalonians is usually dated around 50AD (with Galatians and the epistle of James among the first of the New Testament books to have been written).

Thessalonica was a bustling seaport city and an important communications and trade centre, with good road links especially north to the Danube. It was the largest city in Macedonia and an important geographical hub.

Paul had left Thessalonica after a brief stay there. Recent converts from paganism had been left with little external support in a time of persecution. Aware of this, Paul's purpose in writing the letter was to encourage the new converts in their various trials, to give advice about Christian living, and to give assurance concerning life after death for believers who die before the anticipated return of Christ.

Although the content of the letter is quite wide-ranging, the subject of eschatology (the doctrine of "last things") is predominant in both Thessalonian letters. Every chapter of 1 Thessalonians ends with a reference to the Second Coming of Christ, with chapter 4 giving it major consideration. The Second



Coming therefore permeates the letter and is basically its overall theme. In fact the two letters are often designated “the eschatological letters” of Paul.

<< Altar area in the Church of the Rotunda of St. George, Thessalonica

*St Anne's Church*

# LENT QUIET MORNING

SATURDAY 9TH MARCH,  
1030AM - 12NOON

WITH REFRESHMENTS  
AFTERWARDS

CONTACT FOR QUERIES:  
SHARON MORGAN  
01368 864582

A photograph of a lighthouse on a rocky shore. The lighthouse is white with a green top. Waves are crashing against the base of the lighthouse, creating a large splash of water. The sky is blue with white clouds.



## Planting Grant

St Anne's Eco Group have been awarded a grant by East Lothian Climate Action Network (ELCAN)

In line with St Anne's' work towards Net Zero, we are looking to reduce our carbon footprint in the weekly use of airfreighted flowers.

This grant will be used to buy three planters which should arrive soon. During the following weeks, these will be gradually filled with a variety of plants, bulbs and seedlings, also purchased with the grant money.

We plan to involve both young and old in the planting, growing and maintaining of this new project. We will still have flowers on special occasions and we will endeavour to use flowers which have been locally sourced.





## Noticeboard

# Inspire Women's Group



~ conversations ~ company ~ cuppas ~

Thursday 7 March 8:00pm  
**Plants & Passports**

at Aberford, East Links Road, EH42 1LT



Thursday 28 March 7:00pm  
**Maundy Thursday Service**

St Anne's church, Westgate, Dunbar EH42 1JL

**All women will be made most welcome.**

For details or enquiries:

Chrissie 07799 607 163

Judy 07747 655 626









# Music by Candlelight

*in Coldingham Priory*



Sunday 10th March 2024  
7.30 - 8.30 pm

***“The Lamentations of Jeremiah” by Thomas Tallis  
will be sung by The Kingis Musick,  
a male vocal ensemble from Melrose***

*Collection to raise funds for the Red Cross/  
Red Crescent in Israel and the Occupied  
Palestinian Territory*



The Friends of Coldingham Priory. Scottish Charity No 034929



— Diocese of —  
**EDINBURGH**

# THE BIG DAY

*Let Us Pray!*

**SATURDAY**  
**11 MAY**  
**10:30-3:30**



Worship and Song



Prayer Workshops



Individual Prayer Stations



[edinburgh.anglican.org](http://edinburgh.anglican.org)



St Mary's Cathedral, Edinburgh



# HOLY WEEK AT ST ANNE'S

Maundy Thursday Eucharist, Stripping of  
the Altar and Vigil - 7pm, 28th March

Good Friday Reflections - 12 noon-1pm,  
29th March

Easter Day Communion - 1030am, 31st  
March



<http://www.stannedunbar.org.uk/>

## Readings and Rotas

### **Sunday March 3rd - Lent 3**

Exodus 20: 1-17; John 2: 13-22

Readings: Alasdair

Intercessions: David M

Chalice: David M

### **Sunday March 10th - Mothering Sunday**

Colossians 3: 12-17; Luke 2: 33-35

Readings: Rosemary

Intercessions: Stuart

Chalice: Stuart

### **Sunday March 17th - Lent 5**

Jeremiah 31: 31-34; John 12: 20-33

Readings: Alison

Intercessions: Gill W

Chalice: Geoff

### **Sunday March 24th - Palm Sunday Methodist Service**

Mark 14: 1-15; Mark 11: 1-11

Readings: Caitriona

Intercessions: Noreen

Chalice: Noreen

### **Sunday March 31st - Easter Day**

Acts 10: 34-43; Mark 16: 1-8

Readings: David R

Intercessions: Sharon

Chalice: Sharon

# Services at St. Anne's

## Sunday

10.30am - Holy Communion

*Young Church 10th and 24th March*

## Thursday

10.30am - Holy Communion followed by coffee and chat

12.00pm - Prayers at the Peace Pole



## Rector: Rev'd Diana Hall

St Anne's House, 1 Westgate EH42 1JL

Tel: 07970 105725 - Email: [rector.stannesdunbar@gmail.com](mailto:rector.stannesdunbar@gmail.com)

*The Rector's rest day is Monday*

## Useful Contacts

**Vestry Secretary** Pam Shields: [secretary@stannesdunbar.org.uk](mailto:secretary@stannesdunbar.org.uk)

**Treasurer** Rab Shields: [treasurer@stannesdunbar.org.uk](mailto:treasurer@stannesdunbar.org.uk)

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*Please send contributions by the last Sunday of the month.*

## Pastoral Care Team

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Rev'd Anne Harvey 07860 181880

Find us on 

[www.stannesdunbar.org.uk](http://www.stannesdunbar.org.uk)

St. Anne's Scottish Episcopal & Methodist Church, Dunbar is a Scottish Charity, SC010950, regulated by the Scottish Charity Regulator (OSCR)