



Lifeline

Weekly news & worship from St Anne's

4 Week Bumper Edition

Dear friends

This edition of Lifeline will reach you just as the Scottish Government relaxes the "stay local" rule. Doesn't it feel good to know that the possibilities are increasing for people to spend time with loved ones?

In 1 John, the brief New Testament Epistle we're reading in our Sunday Zoom services at present, the writer reflects repeatedly on the depth of the importance of living lives in which reflect God's love for us.

Visiting family and friends is one way - often pleasant! - of doing this. But if we are to allow God's love to shape our whole life, another area we can't ignore is the Climate Crisis. The effects of climate change are suffered disproportionately by the poorest and most vulnerable, while its causes are predominantly found in countries (like ours) that are most privileged. To love all of our brothers and sisters, as well as tending God's creation, will require action. But scale of the challenge can seem overwhelming, and it is difficult to know where to start. So, here are three simple suggestions of things you could try - maybe even before the next edition of Lifeline hits your doormat or your inbox!

- (1) **Pray.** If you can't think where to start, there's a short prayer you might like to use is reproduced on page 3 of this newsletter.
- (2) **Vote.** Use your vote wisely in the forthcoming Scottish Parliamentary elections. How are the different parties planning to address climate change? Which approaches do you find most convincing?
- (3) **Give.** Make a donation to a charity working to help those affected by climate change. This year, Christian Aid Week (10-16 May) highlights the climate crisis. They work to provide sustainable water supplies to communities hit by drought and flooding caused by climate change.

Meanwhile, the General Synod of the Scottish Episcopal Church has committed the Church to an ambitious target to reach Net Zero carbon emissions by 2030. Here at St Anne's, our Eco-Group has already been doing important work helping us to respond climate change for some time. In addition, the Vestry has in turn begun work to develop a long-term plan to meet the Net Zero target locally.

Yes, climate change is a huge challenge. But as 1 John reminds us, we have a God who loves us so much that he laid down his life for us, who bids us do the same for one another, and who promises to love us and be with us, no matter what.

With love,

Diana

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Joining in with Worship

WORSHIP ONLINE

We also continue to offer a service online on **Sundays at 10am on Zoom**. This is a Service of the Word, and includes opportunities to sing, and to hear a longer sermon.

The readings and collect prayer for each week are provided in this newsletter. The Order of Service can be accessed in the Chat in Zoom, or email rector.stannedunbar@gmail.com for a copy.

All midweek activities continue to be held on Zoom for now.

WORSHIP IN PERSON

The church has now reopened for in-person worship on **Sundays at 12.30pm in church** with limited numbers. There is no need to book a place in advance, although numbers are limited (around 20-25 max depending on the size of family groups). This is a quieter, more reflective service. Singing is not permitted for now, but we can still listen to music. It is possible to receive the Host at Communion. You will need to wear a mask while in the building. Unfortunately we can't serve refreshments after the service at present.

How to join worship online

Our online worship takes place on Zoom, a free video conferencing app. You can download the Zoom App from the internet to your computer, tablet or smartphone. In the App, you can enter a meeting ID number to join a meeting. The Meeting ID number for our Sunday and Thursday services is **857 7044 2212**. You can turn your own camera and microphone on and off. During a service the meeting host will mute everyone except the leader.

How to join worship by phone

You can join in with online worship by telephone. You will be charged for the call (to an Edinburgh number) based on your phone package. To join, dial **0131 460 1196**. You will be prompted to enter the Meeting ID number (**857 7044 2212**). You will be prompted for another number, which you don't need. Just press #. You will now be able to hear the service. You can mute and unmute your microphone by pressing #6.

What's On at St Anne's?

There is now a single Zoom ID for all online services except Friday early morning prayer. To join [click here](#) or enter Meeting ID 857 7044 2212.

SUNDAYS	10AM	SERVICE OF THE WORD	ON ZOOM
		The Order of Service is available to download here .	
	12.30PM	QUIET EUCHARIST	IN CHURCH
THURSDAYS*	10.30AM	MORNING PRAYER, COFFEE & CHAT	ON ZOOM
		The Order of Service is available to download here .	
FRIDAYS	7.30 AM	EARLY MORNING PRAYER	ON ZOOM
		To join this service click here . Meeting password: 8nKWJ9 . Meeting ID: 798 6368 2143 . The Order of Service is available by clicking here .	

***Please note that there is no Compline during the Season of Easter.**

Terrible JOKE!... I hope Elon Musk never gets into a scandal. Elon-gate would be really drawn out.

Pastoral Care

If you are in need of any kind, please call one of the pastoral care team. Whether you just fancy a friendly chat, want to share a problem, have something you'd like practical help with, a prayer request, or would like to receive Communion at home, we can help or help you find someone who can.

PASTORAL CARE TEAM

Liz Gordon	07802 809 725
Rev'd Diana Hall	07970 105 725
Sharon Morgan	01368 864 582
Rev'd David Mumford	01368 840 361

Pastoral Visiting

Under the current increased restrictions, Diana is still permitted to undertake limited pastoral visiting to those who are vulnerable or nearing the end of life. If you would value a visit please get in touch.



Missed a Sermon?

No problem! You can listen again on the church website, [here](#).



A Prayer for Christian Aid Week (10-16 May)

Great God,
Who makes the sun to rise, and opens the heavens
Hear the cry of the people
Who sow in hope for rain, but reap only despair.
Hear the cry of the people
Seeking shelter from the storm, their hopes and
homes submerged.
Hear the cry of the people,
When creation is hitting back, with rage and
resistance.
Give us hope, grant us salvation,
Give us a new relationship with creation.
With reverence to tend this gift from You
And say once again of the earth and all you
created
It is GOOD. Amen.

By Christian Aid's Global Theology Advisor, Bob Kikuyu.

ARE YOU IN HARDSHIP? DON'T SUFFER ALONE - PLEASE GET IN TOUCH.

If you or someone else you know is in trouble with money, doesn't have enough food to put on the table, or simply can't make ends meet...

St Anne's can help with Foodbank referrals, giving small emergency grants, and signposting local assistance to get you help with benefits applications, debt advice and other issues. These services are free, confidential and open to *everyone* regardless of church connection, gender, age or anything else.

All contacts are treated with the utmost discretion, maintaining dignity and privacy.

Please get in touch with any of the pastoral care team.

DEBT ADVICE - FREE, CONFIDENTIAL, IMPARTIAL

Do you need: need advice or support to deal with debt or budgeting? Dunbar Debt Advice service has trained Debt Advisers available to help.

Open to all, the service is completely **free**, confidential and impartial and is regulated by the Financial Conduct Authority.

To make contact, in confidence:

Email: dunbardash@salvationarmy.org.uk;

Phone: 01368 238028 (answerphone)

Text: 07741905799

READING THE BOOK OF 1 JOHN

If you'd like an overview of the New Testament Letter of 1 John, which we're considering together on Zoom on Sundays at the moment, this short video gives an overview of the book and its relationship with to the letters of 2 & 3 John:
<https://youtu.be/I3QkE6nKylM>

Resources for Zoom Worship Sunday 18th April: Easter 3

COLLECT

O God, your Son made himself known in the breaking of bread.
Open the eyes of our faith, that we may see him in his redeeming work,
who is alive and reigns with you and the Holy Spirit, one God, now and forever.

LUKE 24:36B-48

While they were talking about this, Jesus himself stood among them and said to them, 'Peace be with you.' They were startled and terrified, and thought that they were seeing a ghost. He said to them, 'Why are you frightened, and why do doubts arise in your hearts? Look at my hands and my feet; see that it is I myself. Touch me and see; for a ghost does not have flesh and bones as you see that I have.' And when he had said this, he showed them his hands and his feet. While in their joy they were disbelieving and still wondering, he said to them, 'Have you anything here to eat?' They gave him a piece of broiled fish, and he took it and ate in their presence.

Then he said to them, 'These are my words that I spoke to you while I was still with you—that everything written about me in the law of Moses, the prophets, and the psalms must be fulfilled.' Then he opened their minds to understand the scriptures, and he said to them, 'Thus it is written, that the Messiah is to suffer and to rise from the dead on the third day, and that repentance and forgiveness of sins is to be proclaimed in his name to all nations, beginning from Jerusalem. You are witnesses of these

I JOHN 3:1-7

See what love the Father has given us, that we should be called children of God; and that is what we are. The reason the world does not know us is that it did not know him. Beloved, we are God's children now; what we will be has not yet been revealed. What we do know is this: when he is revealed, we will be like him, for we will see him as he is. And all who have this hope in him purify themselves, just as he is pure.

Everyone who commits sin is guilty of lawlessness; sin is lawlessness. You know that he was revealed to take away sins, and in him there is no sin. No one who abides in him sins; no one who sins has either seen him or known him. Little children, let no one deceive you. Everyone who does what is right is righteous, just as he is righteous.

Image >>

Christ appears to the disciples at the table after the resurrection. Panel from the Maesta Altarpiece of Siena. Duccio, di Buoninsegna, d. 1319



Resources for Zoom Worship

Sunday 25th April: Easter 4 - Vocations Sunday

This morning we welcome Val Cameron as a guest preacher for vocations Sunday. She is an ordinand with the Scottish Episcopal Institute, training to be a vocational deacon.

This day is an opportunity to consider what 'calling' means, and how we might best use our gifts in God's service. We each have a unique vocation... perhaps even several. How might God be calling you?

JOHN 10:11-18

'I am the good shepherd. The good shepherd lays down his life for the sheep. The hired hand, who is not the shepherd and does not own the sheep, sees the wolf coming and leaves the sheep and runs away—and the wolf snatches them and scatters them. The hired hand runs away because a hired hand does not care for the sheep. I am the good shepherd. I know my own and my own know me, just as the Father knows me and I know the Father. And I lay down my life for the sheep. I have other sheep that do not belong to this fold. I must bring them also, and they will listen to my voice. So there will be one flock, one shepherd. For this reason the Father loves me, because I lay down my life in order to take it up again. No one takes it from me, but I lay it down of my own accord. I have power to lay it down, and I have power to take it up again. I have received this command from my Father.'



COLLECT

Lord of all, you have called each of us to serve you
in your world and in your Church;
strengthen and equip us by your Spirit
to recognise your call to us,
and give us grace and courage
to fulfil that calling,
through Jesus Christ our Saviour.

1 JOHN 3:16-24

We know love by this, that he laid down his life for us—and we ought to lay down our lives for one another. How does God's love abide in anyone who has the world's goods and sees a brother or sister in need and yet refuses help?

Little children, let us love, not in word or speech, but in truth and action. And by this we will know that we are from the truth and will reassure our hearts before him whenever our hearts condemn us; for God is greater than our hearts, and he knows everything. Beloved, if our hearts do not condemn us, we have boldness before God; and we receive from him whatever we ask, because we obey his commandments and do what pleases him.

And this is his commandment, that we should believe in the name of his Son Jesus Christ and love one another, just as he has commanded us. All who obey his commandments abide in him, and he abides in them. And by this we know that he abides in us, by the Spirit that he has given us.

<< **Image:** Christ the Good Shepherd, by Kelly Latimore, 2019. Commissioned by Ted and Katherine Foster for The Good Shepherd Episcopal Church in Athens, OH.

Resources for Zoom Worship Sunday 2nd May: Easter 5

COLLECT

Almighty God, your Son Jesus Christ is the way, the truth and the life. Give us grace to love one another and walk in the way of his commandments, who lives and reigns with you and the Holy Spirit, one God, now and forever.

JOHN 15:1-8

'I am the true vine, and my Father is the vine-grower. He removes every branch in me that bears no fruit. Every branch that bears fruit he prunes to make it bear more fruit. You have already been cleansed by the word that I have spoken to you. Abide in me as I abide in you. Just as the branch cannot bear fruit by itself unless it abides in the vine, neither can you unless you abide in me. I am the vine, you are the branches. Those who abide in me and I in them bear much fruit, because apart from me you can do nothing. Whoever does not abide in me is thrown away like a branch and withers; such branches are gathered, thrown into the fire, and burned. If you abide in me, and my words abide in you, ask for whatever you wish, and it will be done for you. My Father is glorified by this, that you bear much fruit and become my disciples.

1 JOHN 4:7-21

Beloved, let us love one another, because love is from God; everyone who loves is born of God and knows God. Whoever does not love does not know God, for God is love. God's love was revealed among us in this way: God sent his only Son into the world so that we might live through him. In this is love, not that we loved God but that he loved us and sent his Son to be the atoning sacrifice for our sins. Beloved, since God loved us so much, we also ought to love one another. No one has ever seen God; if we love one another, God lives in us, and his love is perfected in us.

By this we know that we abide in him and he in us, because he has given us of his Spirit. And we have seen and do testify that the Father has sent his Son as the Saviour of the world. God abides in those who confess that Jesus is the Son of God, and they abide in God. So we have known and believe the love that God has for us.

God is love, and those who abide in love abide in God, and God abides in them. Love has been perfected among us in this: that we may have boldness on the day of judgement, because as he is, so are we in this world. There is no fear in love, but perfect love casts out fear; for fear has to do with punishment, and whoever fears has not reached perfection in love. We love because he first loved us. Those who say, 'I love God', and hate their brothers or sisters, are liars; for those who do not love a brother or sister whom they have seen, cannot love God whom they have not seen. The commandment we have from him is this: those who love God must love their brothers and sisters also.



Resources for Zoom Worship Sunday 9th May: Easter 6

COLLECT

Merciful God, you have prepared for those who love you riches beyond imagination.
Pour into our hearts such love towards you that we, loving you above all things,
may obtain your promises which exceed all that we can desire;
through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit,
one God, now and forever.

1 JOHN 5:1-6

Everyone who believes that Jesus is the Christ has been born of God, and everyone who loves the parent loves the child. By this we know that we love the children of God, when we love God and obey his commandments. For the love of God is this, that we obey his commandments. And his commandments are not burdensome, for whatever is born of God conquers the world. And this is the victory that conquers the world, our faith. Who is it that conquers the world but the one who believes that Jesus is the Son of God?

This is the one who came by water and blood, Jesus Christ, not with the water only but with the water and the blood. And the Spirit is the one that testifies, for the Spirit is the truth.

JOHN 15:9-17

As the Father has loved me, so I have loved you; abide in my love. If you keep my commandments, you will abide in my love, just as I have kept my Father's commandments and abide in his love. I have said these things to you so that my joy may be in you, and that your joy may be complete.

'This is my commandment, that you love one another as I have loved you. No one has greater love than this, to lay down one's life for one's friends. You are my friends if you do what I command you. I do not call you servants any longer, because the servant does not know what the master is doing; but I have called you friends, because I have made known to you everything that I have heard from my Father. You did not choose me but I chose you. And I appointed you to go and bear fruit, fruit that will last, so that the Father will give you whatever you ask him in my name. I am giving you these commands so that you may love one another.



useful information about COVID-19



COVID rates & hospitalisations are falling

Rates of COVID are falling in Scotland, and the vaccination roll-out is making good progress. The stay at home requirement has now been lifted and travel is permitted between different areas of Scotland, although overnight stays are not yet possible.

Scottish Rules from 16th April

- People may meet outside in groups of up to SIX people from a maximum of SIX households, for exercise or to socialise outdoors.
- The stay at home direction has been lifted but overnight stays are not permitted.
- Further relaxations are due on **26th April**:
 - all shops and close contact services will reopen
 - pubs, bars, cafés, restaurants and bars will be able to serve people outdoors in groups of up to six from six households until 22:00, including alcohol; and indoors until 8pm in groups up to 4 from 2 households, with no alcohol.
 - Takeaways will be able to resume normal service, with physical distancing and face masks worn inside.



If you develop:

- a new persistent cough
- a fever
- a change in your sense of taste or smell

...you should self-isolate immediately and **request a COVID-19 test** via the [NHS Inform website](#). If you do not have internet access, call **0800 028 2816**. Do this as soon as you have symptoms - don't wait.

NHS Lothian Vaccinations

Those aged over 70, and anyone classified as clinically extremely vulnerable (the shielding group), should now have been offered a first dose of vaccine. If you think you have been missed, you can submit a "missing invite" form at www.nhsinform.scot/covid-19-vaccine/invitations-and-appointments/missing-appointment-details. You should hear back within a couple of days.

Those currently being vaccinated are people in Group 6 & 9: People over 50; those aged 16-64 with underlying health conditions; younger adults in long-stay nursing and residential care settings; and unpaid carers.

If you have any enquiries about the COVID-19 vaccine, you can contact the Coronavirus Vaccination Helpline on 0800 030 8013 (8am - 8pm all week).

Test and Protect - Contact Tracing by Phone

Test & Protect is Scotland's approach to implementing the Government's "test, trace, isolate, support" strategy and breaking the chain of transmission of COVID-19 in the community. If you test positive or have been in close contact with someone else who has tested positive for COVID-19, you may be contacted by phone by a Government Contact Tracer who will enquire whether you have had significant contact with others and may instruct you to self-isolate at home for 14 days. Please be vigilant about possible fraudsters: a government contact tracer will never ask for payment or for bank details.

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Rector: The Rev'd Diana Hall Tel: 07970 105 725 Email: rector.stannesdunbar@gmail.com www.stannesdunbar.org.uk

FACTS Guidance

- F** Face coverings should be worn in enclosed spaces
- A** Avoid crowded places
- C** Clean your hands and surfaces regularly
- T** Two-metre social distancing
- S** Self-isolate and book a test if you develop coronavirus symptoms