



Lifeline

Weekly news & worship from St Anne's Church

Holy Week & Easter Bumper Edition

Dear friends

As this edition of Lifeline goes to press, we are prepare to begin Holy Week, walking with Jesus the long road to the cross. A guide for devotion at home this week is included with this issue.

In the children's Easter Holiday Club we're encouraging young people to reflect on what Jesus' story teaches us about loss and about hope. In the course of a few short days Jesus was let down by the crowds, his friends, and the justice system. He was stripped and beaten, and was crucified. Our God is one who can empathise with our suffering, and over the last year perhaps we have found comfort in that. But the Good News of Easter is even better. In Christ, sin is overcome, death defeated, and that in the end, love wins. The second week of

Holiday Club explores the theme of hope that overcomes adversity through the resurrection. The young people will hear the story of Mary and the disciples finding their sorrow turned to joy when they met with the risen Christ.

Easter is a time for new beginnings. This Sunday we will recommence offering services in church for small numbers,

retaining the same COVID safety restrictions as last summer. Zoom services will continue and no-one should feel pressured to return to in person-worship. In fact physical distancing rules mean we don't have capacity for all to do so at present. Instead we will work on a first come, first served basis and monitor the situation in case a booking system is required.

However you decide to celebrate Easter this year, may you be filled with love and joy, and know the hope of Christ living in you! With love,

Diana



Clocks go Forward on Sat 27th!

Holy Week & Easter Worship

Palm Sunday	Methodist Communion on Zoom	10.00am
Palm Sunday	Methodist Communion in Church	12.30pm
Mon - Thurs	Compline on Zoom	9.00pm
Maundy Thursday	Church open for Private Prayer	10am-12
Good Friday	Early Morning Prayer on Zoom	7.30am
Good Friday	Church open for Private Prayer	10am-12
Good Friday	Stations of the Cross on Zoom	12 noon
Easter Day	Celebration Eucharist on Zoom	10.00am
Easter Day	Eucharist in Church	12.30pm
Easter Monday	Church open for Private Prayer	10am-12
Thursday 8 April	Morning Prayer, coffee, chat on Zoom	10.30am
Friday 9th April	Early Morning Prayer on Zoom	7.30am
Sunday 11th April	Service of the Word on Zoom	10.00am
Sunday 11th April	Eucharist in Church	12.30pm



Worship details

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Palm Sunday art

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Joining in with Worship

In-church worship is currently suspended, but we are still gathering regularly on Zoom. You can join a service by telephone, or on a computer, tablet or smartphone with an internet connection. If you need help to set this up please get in touch - we can help.



HOW TO JOIN WORSHIP ONLINE WITH ZOOM

Zoom is a free video conferencing tool. Search for and download the Zoom app from the internet onto your computer, tablet or smartphone. In the App, you can click on a meeting link or enter the meeting ID number to join a meeting. You can turn your own camera (if you have one) and microphone on and off. During a service the Host will mute the microphones of everyone except the leader.

HOW TO JOIN ZOOM WORSHIP BY PHONE

You can also join in with worship by telephone. You will be charged for the call (to an Edinburgh number) based on your phone package. To join, call **0131 460 1196**. You will be prompted to enter the Meeting ID number (provided below). You will be prompted for another number, which you don't need. Just press #. You will now be able to hear the service. You can mute and unmute your microphone by pressing #6.

What's On at St Anne's?

There is now a single zoom link for all services except Friday early morning prayer. To join [click here](#) or enter Meeting ID 857 7044 2212.

28 MARCH	PALM SUNDAY	10AM 12.30PM	METHODIST HOLY COMMUNION - ONLINE METHODIST COMMUNION *IN CHURCH*
29 MARCH - 1 APR.	MON - THUS	9 PM	COMPLINE FOR HOLY WEEK - ONLINE
1 APRIL	MAUNDY THURSDAY	10.30AM	MORNING PRAYER, COFFEE & CHAT - ONLINE
2 APRIL	GOOD FRIDAY	7.30 AM 12 NOON	EARLY MORNING PRAYER - ONLINE To join this service click here . Meeting password: 8nKWJ9 . Meeting ID: 798 6368 2143 . The Order of Service is available by clicking here . STATIONS OF THE CROSS - ONLINE
4 APRIL	EASTER DAY	10 AM 12.30PM	CELEBRATION EUCHARIST - ONLINE CELEBRATION EUCHARIST *IN CHURCH*
8 APRIL	THURSDAY*	10.30AM	MORNING PRAYER, COFFEE & CHAT - ONLINE
9 APRIL	FRIDAY	7.30 AM	EARLY MORNING PRAYER - ONLINE To join this service click here . Meeting password: 8nKWJ9 . Meeting ID: 798 6368 2143 . The Order of Service is available by clicking here .
11 APRIL	EASTER 2	10 AM 12.30PM	SERVICE OF THE WORD ONLINE EUCHARIST *IN CHURCH*

**THE CHURCH BUILDING WILL BE OPEN FOR PRIVATE PRAYER
ON MAUNDY THURSDAY, GOOD FRIDAY & EASTER MONDAY 10-12 NOON**

**Please note that there will be no Compline during the Season of Easter*

Pastoral Care

If you are in need of any kind, please call one of the pastoral care team. Whether you just fancy a friendly chat, have problem you need to share, something you'd like practical help, a prayer request, or would like to receive Communion at home, we can help or find the people who can.

PASTORAL CARE TEAM

Liz Gordon	07802 809 725
Rev'd Diana Hall	07970 105 725
Sharon Morgan	01368 864 582
Rev'd David Mumford	01368 840 361

Pastoral Visiting

Under the current increased restrictions, Diana is still permitted to undertake limited pastoral visiting to those who are vulnerable or nearing the end of life. If you would value a visit please get in touch.



Missed a Sermon?

No problem! You can listen again on the church website, [here](#).

ARE YOU IN HARDSHIP? DON'T SUFFER ALONE - PLEASE GET IN TOUCH.

If you or someone else you know is in trouble with money, doesn't have enough food to put on the table, or simply can't make ends meet...

St Anne's can help with Foodbank referrals, giving small emergency grants, and signposting local assistance to get you help with benefits applications, debt advice and other issues. These services are free, confidential and open to *everyone* regardless of church connection, gender, age or anything else.

All contacts are treated with the utmost discretion, maintaining dignity and privacy.

Please get in touch with any of the pastoral care team.

Easter Holiday Club

We now have 58 families - 101 children! - taking part in the online Easter club. This is much higher than expected, so we've cleared out local shops of chocolate for our rocky road recipe! Over 50% of participants are not connected to the church in any other way and several are new to holiday clubs.

The Easter bags for the first of the 2 weeks of the club will be delivered by volunteers on Friday 26th March. It is such an encouragement to see the churches being able to work together in this way.

The holiday club theme this week is loss. There will be a rocky road recipe and ingredients, easter cards to make and a craft activity. We're also sharing videos about the story of Holy Week the Holy Histories Facebook page, which you can search for on Facebook and join to see the videos.

Please pray for the families involved, who will have experienced all kinds of loss this last year. Give thanks for the response we have had and for these important links we are making with our wider community in Dunbar.



Resources for Zoom Worship Sunday 28th March: Palm Sunday

MARK 11:1-11

When they were approaching Jerusalem, at Bethphage and Bethany, near the Mount of Olives, he sent two of his disciples and said to them, 'Go into the village ahead of you, and immediately as you enter it, you will find tied there a colt that has never been ridden; untie it and bring it. If anyone says to you, "Why are you doing this?" just say this, "The Lord needs it and will send it back here immediately."' They went away and found a colt tied near a door, outside in the street. As they were untying it, some of the bystanders said to them, 'What are you doing, untying the colt?' They told them what Jesus had said; and they allowed them to take it. Then they brought the colt to Jesus and threw their cloaks on it; and he sat on it. Many people spread their cloaks on the road, and others spread leafy branches that they had cut in the fields. Then those who went ahead and those who followed were shouting,

'Hosanna!

Blessed is the one who comes in the name of the Lord!

Blessed is the coming kingdom of our ancestor David!

Hosanna in the highest heaven!'

Then he entered Jerusalem and went into the temple; and when he had looked around at everything, as it was already late, he went out to Bethany with the twelve.



Entry into the City by John August Swanson (1990)

Thousands march, watch, wave banners, and hold their palm branches in hope. They focus their attention on Jesus. The people lay their cloaks and rugs before Him. With love and dignity, He rides a donkey through the crowds, as the sky shines with a golden glow, while storm clouds look down with anger, foreshadowing, The Passion.

"I wanted to convey my feelings from being in

marches for peace and justice. This scene has been repeated countless times in the lives of heroic and selfless leaders who have fought for love, peace, and social justice. It is relived in the lives of Martin Luther King, Mahatma Gandhi, Oscar Romero, and Cesar Chavez." - John August Swanson

Resources for Zoom Worship

Sunday 28th March: Palm Sunday (Cont'd)

MARK 15:1-39

As soon as it was morning, the chief priests held a consultation with the elders and scribes and the whole council. They bound Jesus, led him away, and handed him over to Pilate. ²Pilate asked him, "Are you the King of the Jews?" He answered him, "You say so." ³Then the chief priests accused him of many things. ⁴Pilate asked him again, "Have you no answer? See how many charges they bring against you." ⁵But Jesus made no further reply, so that Pilate was amazed.

⁶Now at the festival he used to release a prisoner for them, anyone for whom they asked. ⁷Now a man called Barabbas was in prison with the rebels who had committed murder during the insurrection. ⁸So the crowd came and began to ask Pilate to do for them according to his custom. ⁹Then he answered them, "Do you want me to release for you the King of the Jews?" ¹⁰For he realized that it was out of jealousy that the chief priests had handed him over. ¹¹But the chief priests stirred up the crowd to have him release Barabbas for them instead. ¹²Pilate spoke to them again, "Then what do you wish me to do with the man you call the King of the Jews?" ¹³They shouted back, "Crucify him!" ¹⁴Pilate asked them, "Why, what evil has he done?" But they shouted all the more, "Crucify him!" ¹⁵So Pilate, wishing to satisfy the crowd, released Barabbas for them; and after flogging Jesus, he handed him over to be crucified.

¹⁶Then the soldiers led him into the courtyard of the palace (that is, the governor's headquarters); and they called together the whole cohort. ¹⁷And they clothed him in a purple cloak; and after twisting some thorns into a crown, they put it on him. ¹⁸And they began saluting him, "Hail, King of the Jews!" ¹⁹They struck his head with a reed, spat upon him, and knelt down in homage to him. ²⁰After mocking him, they stripped him of the purple cloak and put his own clothes on him. Then they led him out to crucify him.

²¹They compelled a passer-by, who was coming in from the country, to carry his cross; it was Simon of Cyrene, the father of Alexander and Rufus. ²²Then they brought Jesus to the place called Golgotha (which means the place of a skull). ²³And they offered him wine mixed with myrrh; but he did not take it. ²⁴And they crucified him, and divided his clothes among them, casting lots to decide what each should take.

²⁵It was nine o'clock in the morning when they crucified him. ²⁶The inscription of the charge against him read, "The King of the Jews." ²⁷And with him they crucified two bandits, one on his right and one on his left. ²⁹Those who passed by derided him, shaking their heads and saying, "Aha! You who would destroy the temple and build it in three days, ³⁰save yourself, and come down from the cross!" ³¹In the same way the chief priests, along with the scribes, were also mocking him among themselves and saying, "He saved others; he cannot save himself. ³²Let the Messiah, the King of Israel, come down from the cross now, so that we may see and believe." Those who were crucified with him also taunted him.

³³When it was noon, darkness came over the whole land until three in the afternoon. ³⁴At three o'clock Jesus cried out with a loud voice, "Eloi, Eloi, lema sabachthani?" which means, "My God, my God, why have you forsaken me?" ³⁵When some of the bystanders heard it, they said, "Listen, he is calling for Elijah." ³⁶And someone ran, filled a sponge with sour wine, put it on a stick, and gave it to him to drink, saying, "Wait, let us see whether Elijah will come to take him down." ³⁷Then Jesus gave a loud cry and breathed his last. ³⁸And the curtain of the temple was torn in two, from top to bottom. ³⁹Now when the centurion, who stood facing him, saw that in this way he breathed his last, he said, "Truly this man was God's Son!"

Resources for Zoom Worship Sunday 4th April: Easter Day

COLLECT

God of glory,
by the raising of your Son
you have broken the chains of death and hell:
fill your Church with faith and hope;
for a new day has dawned
and the way to life stands open
in our Saviour Jesus Christ.

ACTS 10:34-43

Then Peter began to speak to them: "I truly understand that God shows no partiality, but in every nation anyone who fears him and does what is right is acceptable to him. You know the message he sent to the people of Israel, preaching peace by Jesus Christ—he is Lord of all. That message spread throughout Judea, beginning in Galilee after the baptism that John announced: how God anointed Jesus of Nazareth with the Holy Spirit and with power; how he went about doing good and healing all who were oppressed by the devil, for God was with him. We are witnesses to all that he did both in Judea and in Jerusalem. They put him to death by hanging him on a tree; but God raised him on the third day and allowed him to appear, not to all the people but to us who were chosen by God as witnesses, and who ate and drank with him after he rose from the dead. He commanded us to preach to the people and to testify that he is the one ordained by God as judge of the living and the dead. All the prophets testify about him that everyone who believes in him receives forgiveness of sins through his name."

MARK 16:1-8

When the sabbath was over, Mary Magdalene, and Mary the mother of James, and Salome bought spices, so that they might go and anoint him. And very early on the first day of the week, when the sun had risen, they went to the tomb. They had been saying to one another, 'Who will roll away the stone for us from the entrance to the tomb?' When they looked up, they saw that the stone, which was very large, had already been rolled back. As they entered the tomb, they saw a young man, dressed in a white robe, sitting on the right side; and they were alarmed. But he said to them, 'Do not be alarmed; you are looking for Jesus of Nazareth, who was crucified. He has been raised; he is not here. Look, there is the place they laid him. But go, tell his disciples and Peter that he is going ahead of you to Galilee; there you will see him, just as he told you.' So they went out and fled from the tomb, for terror and amazement had seized them; and they said nothing to anyone, for they were afraid.



Resources for Zoom Worship

Sunday 11th April: Second Sunday of Easter

COLLECT

Risen Christ,
for whom no door is locked, no entrance barred:
open the doors of our hearts,
that we may seek the good of others
and walk the joyful road of sacrifice and peace
to the praise of God the Father.

1 JOHN 1:1-2:2

We declare to you what was from the beginning, what we have heard, what we have seen with our eyes, what we have looked at and touched with our hands, concerning the word of life— ²this life was revealed, and we have seen it and testify to it, and declare to you the eternal life that was with the Father and was revealed to us— ³we declare to you what we have seen and heard so that you also may have fellowship with us; and truly our fellowship is with the Father and with his Son Jesus Christ. ⁴We are writing these things so that our joy may be complete.

⁵This is the message we have heard from him and proclaim to you, that God is light and in him there is no darkness at all. ⁶If we say that we have fellowship with him while we are walking in darkness, we lie and do not do what is true; ⁷but if we walk in the light as he himself is in the light, we have fellowship with one another, and the blood of Jesus his Son cleanses us from all sin.

⁸If we say that we have no sin, we deceive ourselves, and the truth is not in us. ⁹If we confess our sins, he who is faithful and just will forgive us our sins and cleanse us from all unrighteousness. ¹⁰If we say that we have not sinned, we make him a liar, and his word is not in us.

My little children, I am writing these things to you so that you may not sin. But if anyone does sin, we have an advocate with the Father, Jesus Christ the righteous; ²and he is the atoning sacrifice for our sins, and not for ours only but also for the sins of the whole world.

JOHN 20:19-31

¹⁹When it was evening on that day, the first day of the week, and the doors of the house where the disciples had met were locked for fear of the Jews, Jesus came and stood among them and said, "Peace be with you." ²⁰After he said this, he showed them his hands and his side. Then the disciples rejoiced when they saw the Lord. ²¹Jesus said to them again, "Peace be with you. As the Father has sent me, so I send you." ²²When he had said this, he breathed on them and said to them, "Receive the Holy Spirit. ²³If you forgive the sins of any, they are forgiven them; if you retain the sins of any, they are retained." ²⁴But Thomas (who was called the Twin), one of the twelve, was not with them when Jesus came. ²⁵So the other disciples told him, "We have seen the Lord." But he said to them, "Unless I see the mark of the nails in his hands, and put my finger in the mark of the nails and my hand in his side, I will not believe."

²⁶A week later his disciples were again in the house, and Thomas was with them. Although the doors were shut, Jesus came and stood among them and said, "Peace be with you." ²⁷Then he said to Thomas, "Put your finger here and see my hands. Reach out your hand and put it in my side. Do not doubt but believe." ²⁸Thomas answered him, "My Lord and my God!" ²⁹Jesus said to him, "Have you believed because you have seen me? Blessed are those who have not seen and yet have come to believe." ³⁰Now Jesus did many other signs in the presence of his disciples, which are not written in this book. ³¹But these are written so that you may come to believe that Jesus is the Messiah, the Son of God, and that through believing you may have life in his name.

A Bike Rack for St Anne's

As an "eco" minded congregation, the St Anne's community is well aware of the need to reduce our carbon footprint and to "repair, reuse and recycle". In addition, last year the SEC's General Synod passed a motion committing the Church to trying to address climate change by seeking to reach Net Zero by 2030.

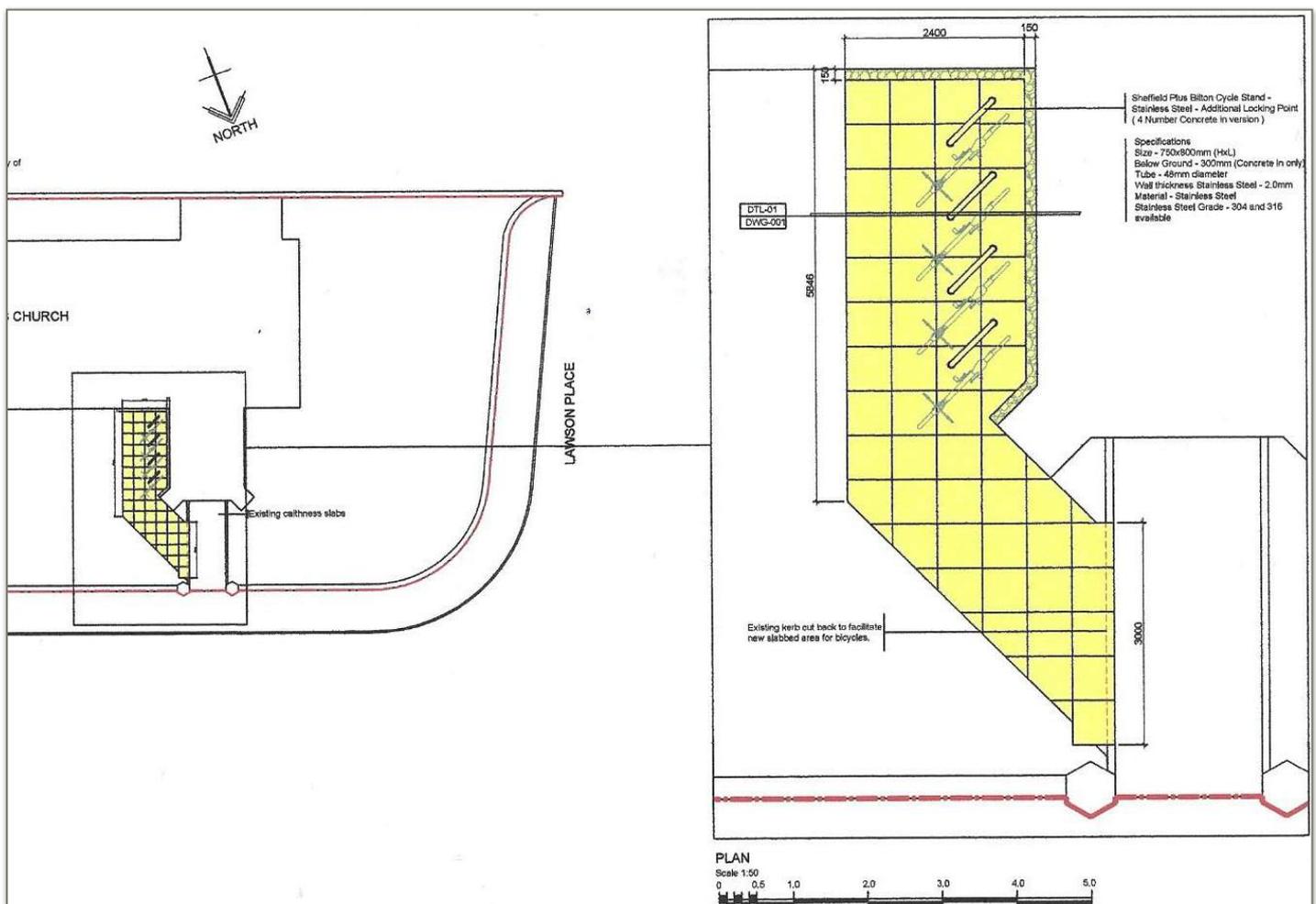


One way we can help the environment is either to walk or cycle to Church. A number of the congregation already do this, and last year St Anne's received a Bronze Award from Cycling Scotland for its commitment to making it easier for people to get on their bikes. To continue this work to help those who cycle to Church and to encourage more, the Vestry, Eco Group and Fabric Group have been studying the possibility of installing a bike rack. Installation of a bike rack will help towards our efforts to meet Net Zero.

The proposed scheme is as shown in the following extract from the design drawing and includes 4 racks to accommodate at least 7 bikes. The racks would be set on the east side of the church porch, set in Caithness Slabs to match the existing slabs at the entrance. The slabs would be set flush with the grass so larger bikes can be manoeuvred so that they can also be secured to the racks. If you want a copy of the full design drawing please contact Mike Ling on email: mikeling@fastmail.fm

We have been lucky to already obtain a grant from Cycling Scotland for £2,500 and also from Sparewheel for £1,500 for the installation. We are hopeful that the installation can be achieved within this cost however we have yet to obtain quotations for the installation.

Before we proceed we need to obtain Planning Permission from the East Lothian Council and also permission from the Diocesan Buildings Committee. As part of this process we need to ask the Congregation if anybody wishes to make a "representation" about the proposal. If you have any concerns therefore and wish to make a formal comment or representation then please write to the Rector or the Vestry Secretary (Juliette Fleming) by 11th APRIL.





Scottish Parliament Hustings Events: Dunbar

Tuesday 13 April 2021 – Constituency Vote

Thursday 15 April 2021 – Regional List Vote

Online events by Zoom Conference

7.30pm each day – Advanced booking essential

Organised jointly by:

DUNBAR CHURCHES TOGETHER *and* SUSTAINING DUNBAR

*In the lead up to the Scottish Parliament elections on 6 May 2021,
all are welcome to come and hear those standing:*

- **Candidates seeking to become the new MSP for East Lothian on Tuesday 13 April**

Independent Chair: Tim Greene, Trustee of Sustaining Dunbar

- **Representatives of the main parties standing to become South of Scotland Regional MSPs on Thursday 15 April**

Independent Chair: Revd Diana Hall, Rector of St Anne's Church, Dunbar

Please register at www.dunbarhustings2021.eventbrite.com

(Your registration will allow attendance at both evenings)

Questions (to be put to all candidates) can be submitted up to 7pm each night by email to: tim@sustainingdunbar.org (please make clear which session your question is for).

This event is independently organised by Dunbar Churches Together and Sustaining Dunbar (registered charity SC040106) on a cross-party basis to enable electors to hear from the various candidates and parties. It may not be possible to include all questions posed but the Chairs will aim to include a broad range of questions for each event.

useful information about COVID-19



COVID rates & hospitalisations are falling

Rates of COVID are falling in Scotland, and the vaccination roll-out is making good progress. The lockdown remains in place meantime, and will only be relaxed gradually. No date has been set for lifting the travel ban in Scotland and the basic advice remains that to stay at home as much as possible.

Scottish Rules as at 28 March

- People may meet in groups of up to FOUR people from a maximum of TWO households, for exercise or to socialise outdoors.
- The stay at home direction remains in place.
- Organised group exercise classes can take place outdoors with restricted group numbers.

NHS Lothian Vaccinations

Those aged over over 70, and anyone classified as clinically extremely vulnerable (the shielding group), should now have been offered a first dose of vaccine. If you think you have been missed, you can submit a "missing invite" form at www.nhsinform.scot/covid-19-vaccine/invitations-and-appointments/missing-appointment-details. You should hear back within a couple of days.

Those currently being vaccinated are people in Group 6 & 7: People over 60; those aged 16-64 with underlying health conditions; younger adults in long-stay nursing and residential care settings; and unpaid carers.

If you have any enquiries about the COVID-19 vaccine, you can contact the Coronavirus Vaccination Helpline on 0800 030 8013 (8am - 8pm all week).

Test and Protect-Contact Tracing by Phone

Test & Protect is Scotland's approach to implementing the Government's "test, trace, isolate, support" strategy and breaking the chain of transmission of COVID-19 in the community. If you test positive or have been in close contact with someone else who has tested positive for COVID-19, you may be contacted by phone by a Government Contact Tracer who will enquire whether you have had significant contact with others and may instruct you to self-isolate at home for 14 days. Please be vigilant about possible fraudsters: a government contact tracer will never ask for payment or for bank details.



If you develop:

- a new persistent cough
- a fever
- a change in your sense of taste or smell

...you should self-isolate immediately and **request a COVID-19 test** via the [NHS Inform website](http://www.nhs.uk). If you do not have internet access, call **0800 028 2816**. Do this as soon as you have symptoms - don't wait.

FACTS Guidance

- F** Face coverings should be worn in enclosed spaces
- A** Avoid crowded places
- C** Clean your hands and surfaces regularly
- T** Two-metre social distancing
- S** Self-isolate and book a test if you develop coronavirus symptoms

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