

Lonely For You Only

Choreographed by Alison & Peter (TheDanceFactoryUK)

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4 wall - 32 count beginner line dance with restarts on front wall

Music: Lonely For You Only – Midland – start after 32 count intro when the beat kicks in (approx. 27secs) – 109bpm – 3mins 49secs

Available: Amazon



1-8 R chassé, L back rock/recover, L/R step touches

1&2 Step R side, step L together, step R side

3-4 Rock L back, recover weight on R

5-6 Step L side, touch R together

7-8 Step R side, touch L together

9-16 L chassé, R back rock/recover, R/L step touches

1&2 Step L side, step R together, step L side

3-4 Rock R back, recover weight on L

5-6 Step R side, touch L together

7-8 Step L side, touch R together

17-24 R fwd shuffle, L fwd shuffle, R fwd, ¼ L pivot turn, R fwd, ¼ L pivot turn

1&2 Step R forward, step L together, step R forward

3&4 Step L forward, step R together, step L forward

TAG/RESTART: On walls 5 & 10 which start facing front wall, dance first 20 counts and add the following 4 count tag – R jazz box cross – and then restart the dance again facing the front wall.

1-4 Cross step R over L, step L back, step R side R, cross step L over R

5-6 Step R forward, pivot ¼ left (9 o'clock)

7-8 Step R forward, pivot ¼ left (6 o'clock)

25-32 R cross point, L cross point, ¼ R jazz box cross

1-2 Cross step R over L, point L side

3-4 Cross step L over R, point R side

5-6 Cross step R over L, turning ¼ right step L back (9 o'clock)

7-8 Step R side, cross step L over R

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